

their ills to this cause. Relief may be obtained by properly-fitted glasses.

SODA WATER GLASSES.—The State Board of Health of Maryland has notified druggists and dispensers of soft drinks that glasses must not be used to serve drinks unless they are willing to destroy the glass after it has been used once.

CONTROL OF VENEREAL DISEASES.—Western Australia has passed a drastic act for the control of venereal disease. Free diagnosis and treatment are provided and the notification of the existence of a case and acceptance of treatment are compulsory. If there is risk of infection, arrest and detention for two weeks in hospital may follow and for a longer period if necessary, such treatment to be free. All proceedings are strictly private and it is unlawful for any newspaper to publish a report of them. Questionable advertisements are prohibited. The government issues a booklet on venereal diseases, so ignorance can not be pleaded as an excuse.

TRANSMISSION OF DISEASE BY INSECTS.—Mecurialis, an Italian physician, who lived as long ago as from 1530 to 1607, when Europe was being ravaged by the black death, or plague, wrote, "there can be no doubt that flies feed on the internal secretions of the diseased and dying, then, flying away they deposit their excretions on the food in neighboring dwellings and persons who eat it are thus infected."

FOOD CONSUMPTION OF BOYS.—The *Journal of the American Medical Association* in an editorial, draws attention to an investigation as to the food consumption of the growing boy. It is stated to be 25 per cent above that of the adult. In an examination of the diet of 350 boys at a large private boarding school it was found that they consumed about 5000 calories a day, half as much again as a farmer at work is believed to require. The food included 193 separate varieties but twelve dietary items yielded 75 per cent of the requisite fuel value, and bread, butter, milk and sugar together furnished half of the food fuel.

DIGESTIBILITY OF EGG PROTEINS.—A writer in the *Journal of Biological Chemistry* says that raw white of egg is indigestible and can be made digestible by coagulation by heat or chemical means. It sometimes causes diarrhoea. Only 50 per cent is utilized by the body. Egg yolk, either raw or cooked is excellently utilized. Raw eggs, egg white and albumin water are extensively prescribed, the writer thinks, without justification in their nutritive value or ease of assimilation