

**Applied Anatomy and Kinesiology. The Mechanism of Muscular Movement.** By Willhur Pardon Bowen, M.S., Professor of Physical Education, Michigan State Normal College, Ypsilanti, Mich. Edited by R. Tait McKenzie, B.A., M.D., M.P.E., Major, Royal Army Medical Corps; Professor of Physical Education and Physical Therapy, University of Pennsylvania, Philadelphia. Second Edition, Thoroughly Revised. 334 pages, illustrated with 197 engravings. Philadelphia and New York: Lea & Febiger, 1919.

A large part of this book, as might be expected, is a detailed study of the anatomy of muscles. Methods of developing each individual muscle are described, and the appearance and posture when one muscle is lacking; for example, the apparent falling position of the shoulder blade if the right trapezius is missing. The symptoms, prevention and treatment of flat foot are discussed, as well as correct posture, breathing, the muscles used in various industrial occupations, from a scientific and corrective standpoint. The interest is held throughout not only by the style and subject matter of the book, but by the splendid illustrations. The practical value and importance of muscle study is admirably portrayed.

**Manual of Exercises for the Correction of Speech Disorders.** By May Kirk Scripture, B.A.; Instructor in Speech, Columbia University (Extension and Summer Session); Director of Speech Correction, Vanvor Session; Director of Speech Department, College of Jorhilt Clinic, Neurological Department, College of Physicians and Surgeons, New York City; Special Assistant in Speech Defects, Medical Council of New York City Children's Hospital and School, Randall's Island; Lecturer at State University of Iowa, Iowa, 1918; and Eugene Jackson, B.A.; in Charge of Speech Correction at the University and Bellevue Hospital Medical College Clinic, New York City; Teacher for the Correction of Speech Defects, New York Evening Schools. 236 pages, 47 illustrations. Philadelphia: F. A. Davis Co., 1919.

This is particularly for persons with speech defects, stutters, those who have a cleft palate, etc. Careful speech is important to health and hygiene. As the authors say, we should no more have slovenly habits of speech than slovenly clothes or manners. Information on breathing and standing is given, and a series of graded exercises which has been found useful in actual practice.

Since the American conscience is waking more and more to its imperfect articulation, the public will recognize the educational value of this book. The exercises are good, though insufficient stress is laid upon the correction of the nasal vowel sounds common in different sections of the country.

**Physical Reconstruction and Orthopedics.** By Harry Eaton Stewart, M.D., Captain Medical Corps, U. S. Army, Division of Orthopedics; Assistant Director, Section of Physiotherapy, Surgeon-General's Office; Instructor in Medical and Orthopedic Gymnastics and Massage, New Haven Normal School of Gymnastics; Attending Surgeon, New Haven Orthopedic Dispensary; Formerly Instructor in Corrective Gymnastics, Teachers College, Columbia University. Authorized for publication by the Surgeon-General of the U. S. Army. 67 original illustrations and 2 diagrams, 240 pages. New York: Paul B. Hoeber, 1920.

From experience gained in the war in building up the physiques of injured soldiers, and from past medical experience the author writes regarding congenital and acquired physical abnormalities, and rules for protecting normal male and female adults and children from athletic strain. He describes methods of treatment of the injured by baking, by electrotherapy, massage, etc. The chapters on spinal conditions and diseases of the bones, though brief, are excellent. The book is simply written, and not too technical.

**Pope's Manual of Nursing Procedure.** By Amy E. Pope, formerly Instructor in the School of Nursing, Presbyterian Hospital, New York; Author of "A Medical Dictionary for Nurses," "A Quiz Book of Nursing," "Essentials of Dietetics," "A Dietary Computer," and, with Anna Maxwell, of "Practical Nursing." 596 pages. New York and London: G. P. Putnam's Sons, 1919.

References to bacteriology and dietetics are omitted in this book, but descriptions of the practice of nursing are more inclusive than in Pope's previous works. Full directions as to the usual nursing procedures, care of the ward, bed-making, attention to new patients, moving patients, are given. The chapters on enemas, lavage, catheterization, are good, and also those on injections and tracheotomy. The descriptions are minute and accurate, and aimed to arouse in the nurse an intelligent interest in the work in which she assists, and thus to make her assistance more valuable. The book is well planned and the ideas are clearly expressed.

**On Facial Neuralgia and Its Treatment. With Especial Reference to the Surgery of the Fifth Nerve and the Gasserian Ganglion.** By J. Hutchinson, F.R.C.S., Surgeon to the London Hospital; Examiner in Surgery and Late Hunterian Professor at the Royal College of Surgeons. Illustrated; 213 pages. New York: William Wood & Co., 1919.

There have been few books on this subject, though the number of magazine articles is large. There has been no other book since that of Professor Kruse, in 1896. Different ocular, nasal, and dental causes of the disease and the neuralgia due to syphilis and the symptoms, course, and treatment of epileptiform neuralgia are discussed. Operations on branches of the fifth nerve and on the ganglion, methods of preparing the patient, the instruments used, and the exact procedure, are given very fully. The work is most creditable.

## Southern Medical News

### ALABAMA

Physicians of Birmingham who served in the recent World War recently organized the Medical Legion of the United States. Dr. William M. Jordan was elected President; Dr. Gaston W. Rogers, Vice-President; Dr. Leo C. Wood, Secretary.

With a view of securing better protection for the port of Mobile from the infection of bubonic plague, the Board of Health of Mobile has adopted a resolution authorizing the health officer to ascertain what infected ports are doing in the way of protecting the people.

Twenty-seven physicians passed the medical examination recently held in Montgomery, as announced by the State Board of Medical Examiners.

Dr. K. W. Constantine announces the opening of his offices in the Empire Building, Birmingham. Practice limited to the eye.

### Deaths

Dr. W. S. Duff, Fort Payne, aged 59, died July 26 from septicemia.

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