

## LETTERS TO THE EDITOR

The editor is not responsible for opinions expressed in this department. All communications must be accompanied by the name and address of the writer.

### NURSES NEEDED IN CHINA

DEAR EDITOR: The Yale Hospital and Nursing School at Changsha, China, seek the services of two thoroughly trained American nurses, young women of earnest character, who propose a permanent career with language study.

YALE IN CHINA OFFICE.

5 White Hall  
New Haven, Conn.

### ENEMATA DONT'S

DEAR EDITOR: The following suggestions may be of use to JOURNAL readers: In giving rectal feedings, don't neglect to turn the patient on the opposite side immediately after the feeding is given. In this way the fluid passes readily through the transverse colon, allowing a large field for absorption.

Don't mix turpentine with a Noble's enema; if you do, it forms in little globules on the top of the solution and is all taken into the bowel at one time. Have the solution so well dissolved that it is perfectly clear; give one-half, then the turpentine, which will mix freely with the second half of the enema.

Don't forget that vaginal packing interferes with rectal injection.

Don't neglect to strain a rectal feeding.

Don't overheat, or the material will become lumpy and sticky.

Don't flush the bowel, before feeding, with salt solution if the rectum is irritated or if the feedings have extended over any length of time; use boric acid instead or, if much mucus is present, one teaspoonful of sodium bicarbonate to one and one-half pints of water.

Don't give saline solution cold. Dr. J. B. Murphy used to say that an enema properly given would not be expelled. It should be from 99 to 102° F. at the point of absorption; 110 to 115° in the receptacle.

When hemorrhoids are present, don't neglect to paint them with a 2 per cent solution of cocaine. (With the doctor's permission. Ed.) They interfere materially with the patient's ability to retain the fluid taken.

New York

M. E. H.

### RED CROSS MEMBERSHIP

DEAR EDITOR: This is the time when every trained nurse who is earnestly trying to do her share of the world's work should demonstrate where she stands and what her standard is. All have been urged at some time to join the Red Cross, yet our list of members remains far below the number it should reach. Some may think they are too old to be accepted for service, but let them at least "cast in their mite" in work or money. They may join the Red Cross Society, anyway, even if they cannot be enrolled in the nursing service, and their fee of \$1 a year will help very much at this time. Enrollment in the Red Cross Nursing