THE TREATMENT OF LACERATED AND INCISED WOUNDS OF THE EXTREMITIES.*

WITH A REPORT OF FIVE TYPICAL CASES.

BY JAMES A. KELLY, M.D.,
OF PHILADELPHIA.

Visiting Surgeon to St. Mary's Hospital; Associate in Surgery, and Pathologist to the Philadelphia Polyclinic Hospital and College for Graduates in Medicine.

ALTHOUGH marked advances have been made in the technic and treatment of abdominal conditions, our attention is often attracted to the fact that the treatment of lacerated, incised, and punctured wounds of the extremities has not kept pace with the work done in the other branches of surgery, and while the percentage of cases that were treated by primary amputation for destruction of the arterial or nerve supply, or by secondary amputation for gangrene due to thrombosis of infection, is not so great, the fact remains that the ultimate result, as shown in the loss of function, muscular atrophy, contractures, and the often-marked involvement of sutured tendons, nerves, and blood-vessels in one mass of cicatricial tissue, is very poor. This condition greatly limits the usefulness of the individual, decreases his earning capacity, and too frequently ends in prolonged lawsuits for indemnity. It is with the object of bringing this common condition before the attention of the Fellows that I wish to present this report of five typical cases.

CASE I.—*Cartridge shell wound of the arm, involving the brachial artery, basilic vein, and median nerve; circular arteriorrhaphy, circular phleborrhaphy, and neurorrhaphy.*

Mrs. A. G., sixty-six, w. housewife, Germany, admitted to St. Mary's Hospital July 4, 1910. Patient, while walking along the street July 4, 1910, heard an explosion as a trolley car passed and at the same time felt something strike her in the upper arm,

* Read before the Philadelphia Academy of Surgery, May 1, 1911.

accompanied by a sharp stabbing pain in the same region which radiated down the forearm to the hand and fingers. The patient noticed a small amount of bleeding from the wound, and on account of this and the pain went to the hospital.

On admission the arm was thoroughly cleansed and an antiseptic dressing applied. The wound was not considered to be of great importance by the resident physician and he did not notify me until the next morning, when examination showed complete paralysis of the muscles supplied by the median nerve and apparently no injury to other important structures. The arm showed a small transverse wound 1 to 1.5 cm. long on the anterior surface of the right arm about the junction of the middle and upper thirds, through which there was a small amount of blood oozing. The entire inner aspect of the arm was swollen over an area of about three to four inches and was ecchymotic. Radial and ulnar pulses were distinctly palpable, but not as full as on the left side. An X-ray examination showed the presence of a small foreign body about 8 to 10 mm. square.

Under ether anæsthesia longitudinal incision 5½ inches in length was made, with its centre at the wound of entrance. On cutting through the deep fascia a large blood-clot was evacuated, and this was followed by a gush of arterial blood. A tourniquet above the wound and a careful dissection showed a transverse wound of the brachial artery involving half of its calibre, almost complete severance of the median nerve, and a transverse wound of the basilic vein involving its entire calibre. Further dissection revealed a small piece of a cartridge shell about 1 cm. square imbedded in the coracobrachialis muscle. The wound was thoroughly irrigated with hot normal salt solution, the edges of the wound of entrance excised, and the wounds in the brachial artery and basilic vein were closed by circular arteriorrhaphy and phleborrhaphy by Carrel's method. The cut ends of the median nerve were united by means of two fine silk sutures passed directly through the nerve. The operative wound was then closed with continuous catgut sutures uniting the deep fascia and interrupted silkworm gut through the skin. Drainage was provided for through a small stab wound about two inches above the internal condyle, using rubber dam. A dry sterile dressing and an internal angular splint were applied. The wound healed by primary union; the drain was removed in 48 hours, and the

sutures at the end of eight days. The patient was discharged at the end of three weeks and recommended to return for massage and passive motion.

Examination three months after operation showed normal pulsation of brachial and radial arteries, marked atrophy of flexor muscles, anæsthesia over areas supplied by median nerve; marked changes were present in the skin of the hand, particularly the fingers and thumb being thin, smooth, shiny, and cold; the nails were dry, dark in color, striated longitudinally, and there was marked sweating of the palm of the hand. There was marked stiffness of the elbow-joint in a position of semi-flexion, and also of the wrist and phalangeal joints. Voluntary flexion was absent in the fingers, was weak at the wrist-joint, and pronation of the hand was impossible. The patient complained of a general pain throughout the forearm and hand on attempts at movement.

Examination six months after operation showed a moderate return of sensation, muscular power, and a lessening of atrophic changes.

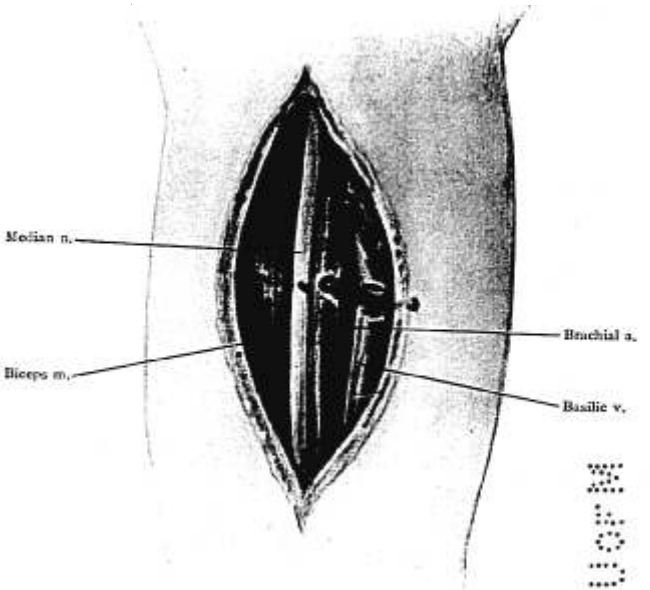
Examination March 30, 1911, showed a moderate degree of muscular atrophy, motions at elbow and wrist free, pronation and supination normal, flexion of fingers fair, still some trophic changes present over terminal phalanges, nails becoming smooth and normal in color at bases. No pain present on motion. General condition satisfactory.

CASE II.—*Lacerated wound of arm, severing biceps, portion of brachialis anticus, brachial artery, basilic vein, median and ulnar nerves; arteriorrhaphy, phleborrhaphy and neurorrhaphy.*

Jacob G., sixty-six years old, U. S., shuttle maker, admitted to St. Mary's Hospital September 23, 1910, at 2 P. M. Patient while at work had his clothing caught in a portion of the machinery and received a lacerated wound of the right arm from a circular saw. Admitted to the hospital in a profound state of shock.

Examination on Admission.—Patient in a profound state of shock. On the right arm there was a lacerated wound about six inches in length, extending from the junction of the middle and upper thirds on the external surface running downward and inward. Inspection of wound showed the biceps muscle, the brachialis anticus muscle, brachial artery, the basilic and cephalic veins, the median and ulnar nerves to be completely severed and

FIG. 1.



Lesion present after exposure by incision. (Case I.)

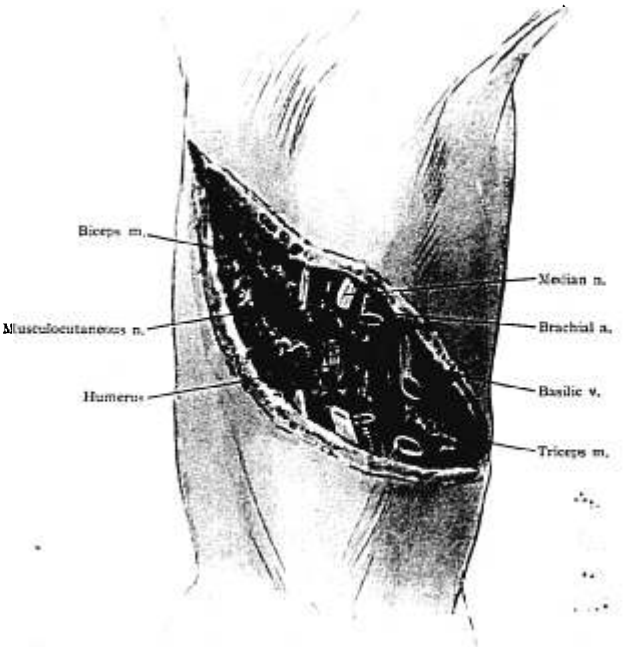
FIG. 2.

Shows healed wound with scar of punctured wound at centre. Hand in position of full extension. Note the degree of atrophy still present. (Case II.)

FIG. 3.

Shows the degree of flexion present, which is limited entirely by the stiffness present in the phalangeal joints. (Case I.)

FIG. 4.



Showing the extent of the lacerated wound. (Case II.)

the cut ends retracted, and the wound partially filled with blood-clot. The bleeding had been temporarily controlled by means of a cloth tourniquet. The patient was given an intravenous injection of one litre of normal salt solution, a shock enema and a temporary antiseptic dressing placed around the arm. At the end of three hours the patient had sufficiently reacted from shock to warrant operative intervention.

The patient was given morphine ¼ gr., atropine 1/100. The arm was thoroughly cleaned with soap and water and alcohol 70 per cent., and the wound irrigated with hot normal saline solution. Circular arteriorrhaphy of the brachial artery and circular phleborrhaphy of the basilic vein were performed, using the method of Carrel. It was then found necessary to give the patient a little ether to continue the operation. The cut ends of the median and ulnar nerves were sutured with fine silk by the direct method, and the cut portions of the biceps and brachialis anticus muscles were sutured with No. 1 interrupted chromic catgut, the fascia and skin being united with interrupted sutures of silkworm gut and drainage provided for at the lower angle of the wound with rubber dam. A sterile dressing and an internal angular splint were then applied. The patient was fully stimulated, and in spite of everything that could be done he failed to react and died about ten hours after leaving the operating room.

CASE III.—*Incised wound of the arm involving the brachialis anticus muscle; the tendon of the biceps, the basilic vein, the median and ulnar nerves, tenorrhaphy, myorrhaphy, neurorrhaphy.*

M. McD., sixteen years of age, schoolboy, admitted to the Polyclinic Hospital, September 8, 1910, service of Dr. Louis A. Steinbach, to whom I am indebted for the privilege of reporting this case.

Patient while painting the outside of the window frame was supporting his weight with his hand against the window pane, when the latter suddenly gave way and the patient partially fell through the window severely cutting his right arm with a piece of the broken glass. Admitted to the accident room of the hospital in a state of shock with a tourniquet around the upper part of the arm.

Examination on admission showed patient to be in a moderate degree of shock. The right arm presented an irregular in-

cised wound about four inches in length, beginning at the junction of the middle and lower thirds of the arm on the anterior surface running downward and inward. Retraction of the edges of the wound showed complete severence of the tendon of the biceps, a portion of the brachialis anticus muscle, the basilic vein, the median and ulnar nerves. Under ether anæsthesia the arm was cleaned with soap and water and alcohol 70 per cent., and the wound irrigated with hot normal saline solution. The separated portions of the brachialis anticus muscle and the tendon of the biceps muscles were sutured with No. 1 chromized catgut, the divided median and ulnar nerves were united with interrupted sutures of fine silk, the cephalic vein was ligated, and the fascia and skin closed with interrupted silkworm gut sutures. Drainage was provided for at the lower angle of the wound, and a dry sterile dressing applied. The wound showed a marked degree of infection several days after operation, which necessitated the removal of several of the sutures. The patient was discharged to the out-patient department for subsequent treatment September 24, 1910, sixteen days after admission. (Dr. Butler, Chief Resident.)

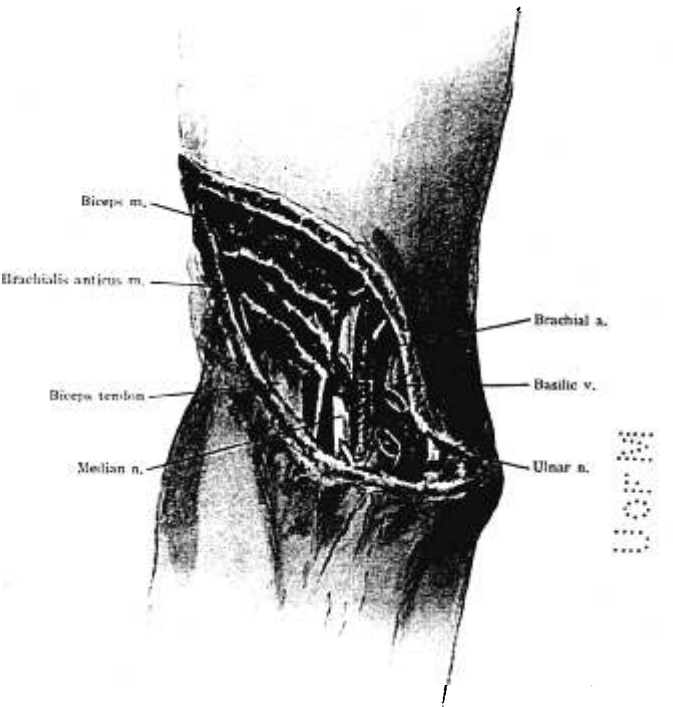
Examination March 30, 1911, showed normal flexion at the elbow, restricted motion of the wrist and of the fingers, most marked in the ring and middle fingers, still loss of sensation of index, middle, ring, and little fingers on flexor surfaces. Pronation and supination were still impaired.

CASE IV.—*Incised wound of forearm, flexor surface, involving the tendons of the flexor carpi ulnaris, palmaris longus, flexor sublimis digitorum, flexor profundus digitorum, excepting the division to the index and middle fingers, the ulnar artery, and the median ulnar nerves; multiple tenorrhaphy, neurorrhaphy.*

E. P., thirty-seven years of age, machinist. Accident occurred January 18, 1911. Patient, while at work at Cramp's shipyard, was struck on flexor surface of right wrist by a piece of a falling arclight globe.

Examination on admission showed a transverse incised wound about two inches in length on the flexor surface of the right forearm one inch about the hand. Through the separated edges of the wound were seen the cut ends of the ulnar and median nerves, the cut ends of the ulnar artery, the divided ends of the tendons of the flexor carpi ulnaris, the palmaris longus, the flexor

FIG. 5.



Showing the extent of the lacerated wound and the involved structures. (Case III.)

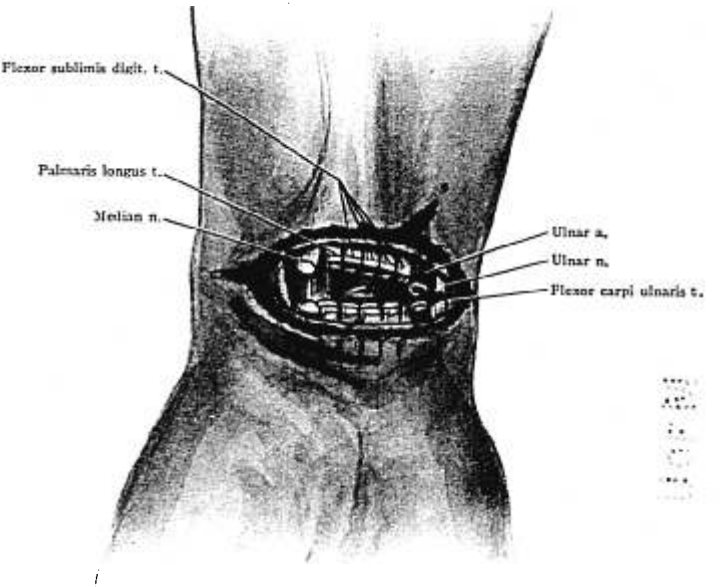
FIG. 6.

Showing the healed wound, the muscular atrophy, and the degree of extension of the hand. (Case III.)

FIG. 7.

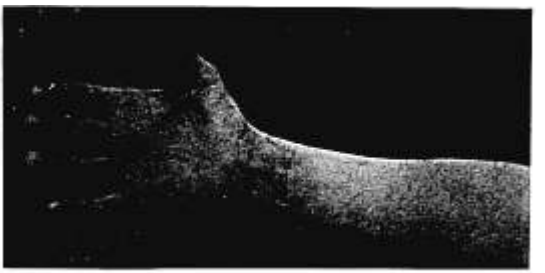
Showing the degree of flexion possible. (Case III.)

FIG. 8.



Showing the extent of the incised wound and the involved structures. (Case IV.)

FIG. 9.



Showing the healed wound and the amount of extension. (Case IV.)

FIG. 10

Showing the degree of flexion possible. (Case IV.)

sublimis digitorum, and the flexor profundus digitorum, excepting the divisions to the index and middle fingers.

The operation was performed by the Resident Physician, Dr. McBride, without an anæsthetic, as the patient refused an anæsthetic. The arm was cleansed with soap and water and alcohol 70 per cent., and the wound irrigated with hot normal saline solution. The severed tendons were united individually with two interrupted sutures of silk, the cut ends of the nerves were united with interrupted silk sutures, the ulnar artery was ligated, the wound closed with interrupted silkworm gut sutures, a dry sterile dressing applied, and the hand dressed in extension on a splint. The wound healed by primary union, the sutures were removed on the eighth day and the splint at the end of two and a half weeks. Massage and passive motion were then instituted.

Examination March 30, 1911, showed the affected tendons to be firmly surrounded by scar tissue and united with the cicatrix of the skin; flexion of all the fingers was limited, particularly that of the ring and little fingers; cutaneous anæsthesia of hypothenar portion of the palm of the hand and the outer side of the ring and of the little fingers. There was marked tremor of the hand, which was cold and perspiring; the finger nails were moderately darkened, irregularly ridged, and longitudinally striated. The skin of the hand was thin, shiny, and bluish white. The scar was very tender and supersensitive. (In this case there is evidently separation of the cut ends of the ulnar nerve and a secondary nerve suture will be required.)

CASE V.—*Incised wound of the flexor surface of the forearm one inch above the wrist-joint, involving the tendons of the flexor carpi ulnaris, the palmaris longus, the flexor carpi radialis, the flexor longus pollicis, the flexor sublimis digitorum, the flexor profundus digitorum excepting the divisions to the ring and little fingers, the median and ulnar nerves, and the ulnar artery; multiple tenorrhaphy and neurorrhaphy.*

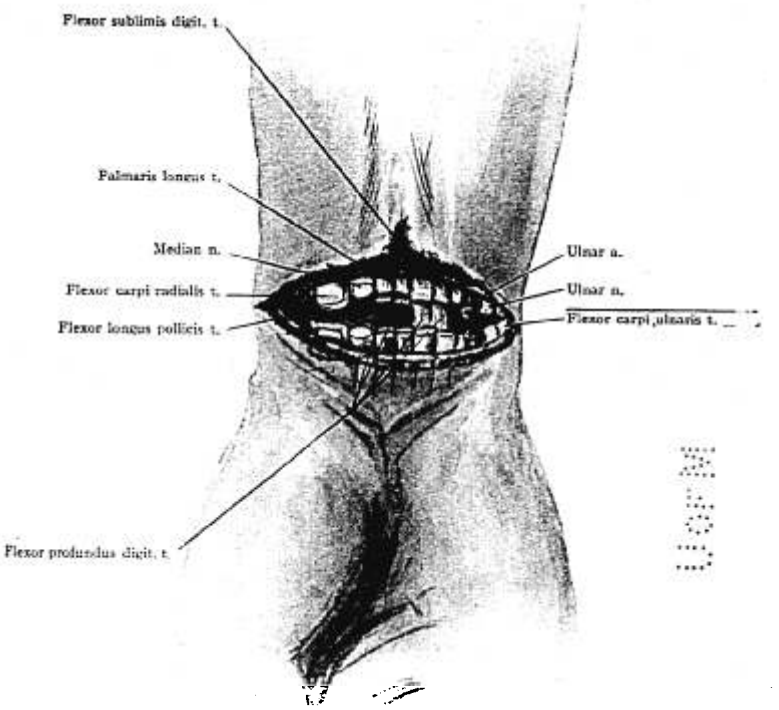
F. N., thirty-seven years of age, machinist. While at work the patient fell a distance of about 15 feet onto a skylight, the latter breaking, and he received an incised wound of the right wrist in addition to other injuries. Admitted to St. Mary's Hispital August 3, 1910. Treated by Dr. Wolf, Resident Physician. Ether anæsthesia.

Examination on admission showed a transverse lacerated wound about two inches in length of the flexor surface of the right forearm about one inch above the hand. Separation of the edges of the wound showed complete division of the flexor carpi ulnaris, the palmaris longus, the flexor carpi radialis, the flexor longus pollicis, the flexor sublimis digitorum, the flexor profundus digitorum excepting the divisions to the ring and little fingers of the latter; division of the median and ulnar nerves; and of the ulnar artery.

The forearm was thoroughly cleansed with soap and sterile water and alcohol 70 per cent. The wound was then irrigated with hot normal salt solution. The wound was then enlarged; the divided tendons were united separately with interrupted sutures of No. 1 chromicized catgut; the ulnar artery was ligated, and the divided ends of the median and ulnar nerves were separately united with through-and-through interrupted sutures of No. 1 chromicized catgut. The wound was then closed by interrupted sutures of silkworm gut. A dry sterile dressing was applied, and the hand and fingers placed in a position of marked flexion. The wound did nicely until the fourth or fifth day, when it was necessary to remove several sutures on the radial side of the wound, and it was found that there was a moderate degree of suppuration present which eventually resulted in a partial sloughing of the tendon of the flexor longus pollicis and separation of the cut ends. At the end of three weeks the wound had entirely healed. The patient has had very thorough and efficient massage since leaving the hospital, and is now at work.

Examination March 30, 1911, showed very little atrophy of muscles, extension of the fingers was good, excepting that of the distal phalanges; extension of the thumb was limited by the fixation of the distal end of the flexor longus pollicis at the wrist, and flexion was absent for the same reason; and in addition it was apparent that the site of suture had given way, and the cut proximal end had retracted. Flexion of the fingers was good in all, but was still somewhat diminished in the ring and little fingers. Complete flexion was limited by adhesion of the tendons at the site of the injury. Trophic changes were still present, although rapidly diminishing on the fingers; the flexor surface of the fingers felt cold, also tips on extensor surfaces, skin was atrophic, and nails were slightly roughened and longitudinally striated.

FIG. 11.



Showing the incised wound and the involved structures. (Case V.)

FIG. 12.

Showing the degree of extension possible in the fingers, and the fixation of the thumb (Case V.)

FIG. 13.

Showing the degree of flexion possible. (Case V.)

FIG. 12.

Showing the degree of extension possible in the fingers, and the fixation of the thumb (Case V.)

FIG. 13.

Showing the degree of flexion possible. (Case V.)

The most common cause of incised and lacerated wounds of the extremities is from machinery accidents, gunshot wounds, explosions, cuts from scythes, glass, and sharp cutting instruments. In these accidents there is not only division of the superficial structures, but generally also division of muscles, tendons, blood-vessels, and nerves. In addition to the injury of the special structures there is very frequently, in lacerated wounds, a considerable destruction of the skin.

On first examining these wounds many problems are to be considered, dependent upon the extent of the wound and the structures involved. In the severe lacerated and incised wounds, where formerly amputation was the justifiable procedure, to-day entire parts are saved, useful limbs are preserved, and good functional results obtained by suture of muscles, blood-vessels, nerves, and tendons. Very frequently considerable judgment is necessary to come to the best possible conclusion, and in some cases operative procedure should be delayed on account of the shock so frequently present in many of these cases. Our primary interference should be limited to moderate cleansing, the removal of imbedded portions of clothing and foreign bodies, the ligation of small arteries, and an antiseptic dressing applied to the parts until the patient has thoroughly recovered from shock.

One of the most important problems in the treatment of these wounds is that of infection introduced at the time of the accident, either from the patient's clothing, his skin, or from the foreign body that produced the wound. Another very important consideration is the period that has elapsed from the time in which the wound was received and the time of seeing the patient. These two points have a great determining factor in the production of infection. In the treatment of these wounds they must all be generally considered as infected. We, however, know that very many of them can be thoroughly cleansed, and that they will heal by primary union. This is especially so of incised wounds. It is only from experience that we learn which ones should be drained, and which will probably heal without drainage. The chief infections to be

feared are tetanus, streptococcus, gas bacillus, and staphylococcus forms. The great determining factors in the production of infection are the condition of the parts, clothing, and trauma at the time of the injury. A secondary determining factor in the extent of infection is the amount of the destruction of tissue produced by crushing. In addition to infection the most dangerous immediate effect of these wounds is hemorrhage. Fortunately to-day our means of combating hemorrhage are very efficient, and in the use of normal saline solution by hypodermoclysis, proctoclysis, intravenously, and in the more urgent cases by direct blood transfusion we are generally able to meet all of these cases successfully, if the patient is seen early enough and there is not too great a degree of shock present.

In many of these wounds the chances of primary union are not good unless they are caused by clean, sharp cutting instruments and thorough cleansing of the parts is instituted. In a large majority the edges of the wound are primarily grossly infected, crushed, and devitalized, and in spite of the most thorough cleansing, dirt and grease cannot be entirely removed from the skin, and the edges of the wound in its entire depth have been so badly devitalized that either sloughing occurs in clean wounds or the resistance of the parts has been so lowered that infection readily occurs. An interesting form of treatment in these cases is that suggested by Reclus, who prefers never to irrigate with antiseptic solutions, who does not advise primary closure of the wound, and who dresses the wound with antiseptic ointment of vaseline 300, antipyrine 5, boric acid 3, salol 3, iodoform 1, carbolic acid 1, bichloride of mercury 10. He irrigates the wound with hot water under high pressure and then places the above ointment directly to the wound. In the treatment of these wounds I think that the best results are to be obtained from the following methods: thorough washing with soap and water, shaving the entire part, a second washing with soap and water using a firm brush, then washing the parts with alcohol 70 per cent. for two minutes, and in cases where the skin is covered with grease or

any other oily substance to wash with ether. The wound should be thoroughly irrigated with hot normal saline solution, all foreign particles removed, and all badly soiled and devitalized tissue should be cut away with a sharp knife.

After the above cleansing has been performed, a careful examination of the wound should be made for divided muscles, tendons, blood-vessels and nerves. The thorough approximation of these structures, especially the last two, is very important. Very often it will be found necessary to enlarge the superficial wound and to make a rather extensive dissection before the divided ends of all of the cut structures can be found. When deliberate suture has been performed, drainage of the wound must depend upon the degree of soiling by infectious material, the length of time that has elapsed since the accident, the amount of pressure destruction of the edges of the wound, and its position. The importance of a careful search for cut structures cannot be too greatly emphasized. How frequently do we see cases of comparatively trivial superficial wounds, in which division of important tendons and nerves has not been recognized until the resulting paralysis and atrophy call our attention to the nature of the injury!