

# Relationship between changes in the AMOC and North Atlantic Sea Surface temperature

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AMOC → Ocean heat content (Robson et al., 2012 )

SST → Impacts (Sutton et al., 2017)

AMOC → Ocean heat content in MIXED LAYER → SST → AMV

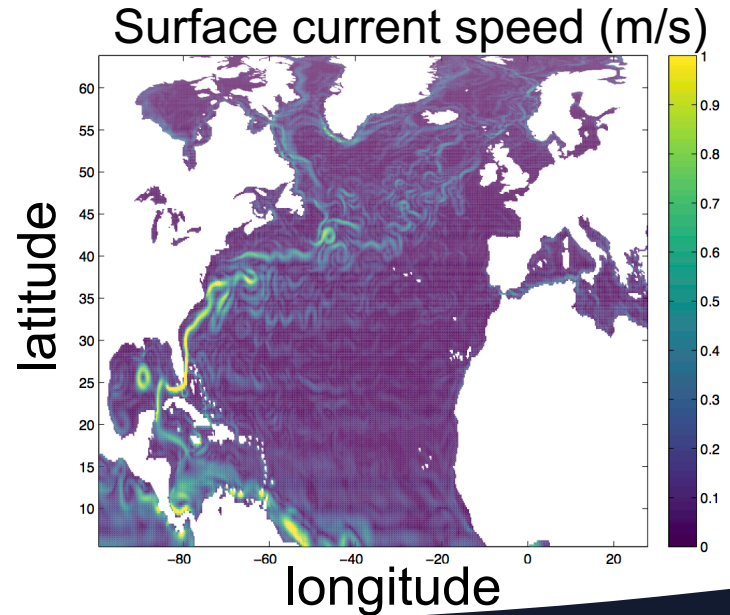


# HADGEM3-GC2 CONTROL

Williams et al., (2015)

- NEMO ocean circulation/sea ice model (CICE)
- 1/4 degree NEMO GO5 ocean with 75 levels in the vertical.
- Atmosphere GA6: N216 (65km)
  - 85 levels in the vertical
- Eddy permitting ocean
- Run for 300 years
- Pre-Industrial forcing

Run by the Met Office, UK.

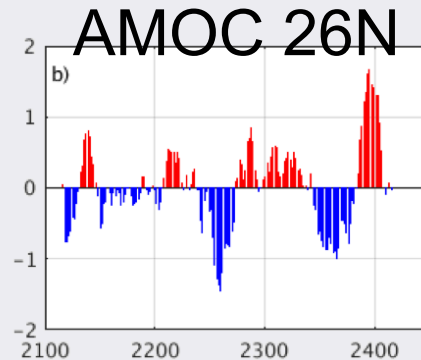
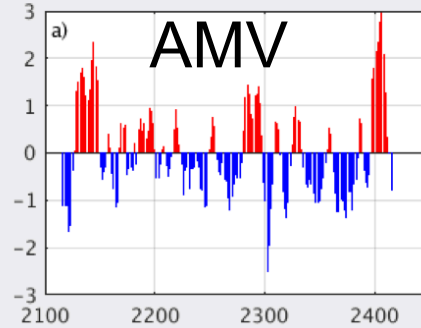


# Model Evaluation

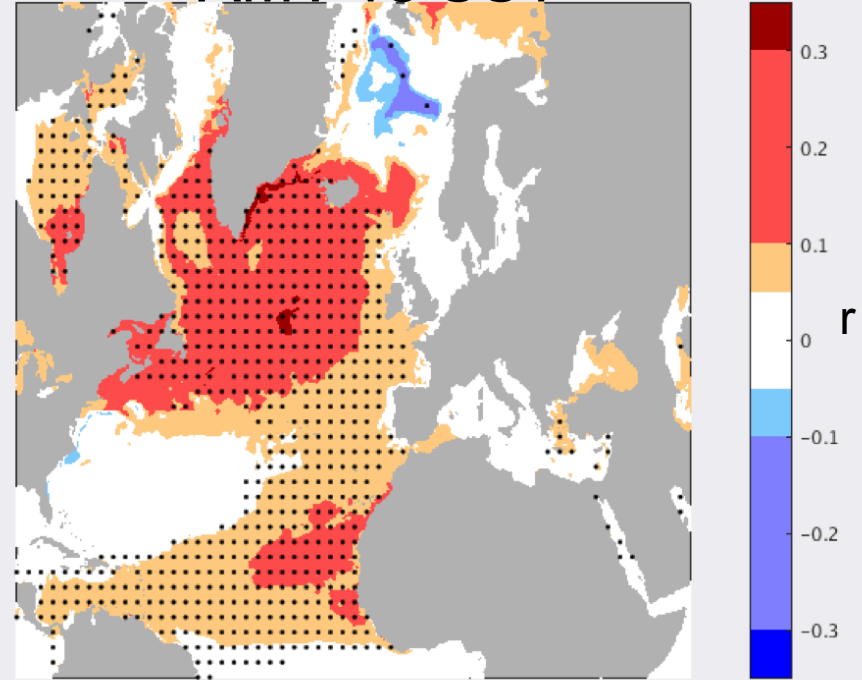
AMV period  
Model: ~50 years  
Obs: (30-70 years)

AMOC period:  
~60 Years

GC2 26N AMOC:  
 $14.7 \pm 1.0$  Sv  
Observation:  
 $17.1 \pm 3.6$  Sv



AMV vs SST



Dots indicate 95 % significance

# OHC changes in the mixed layer

Annual averages from monthly data in the mixed layer (ML)

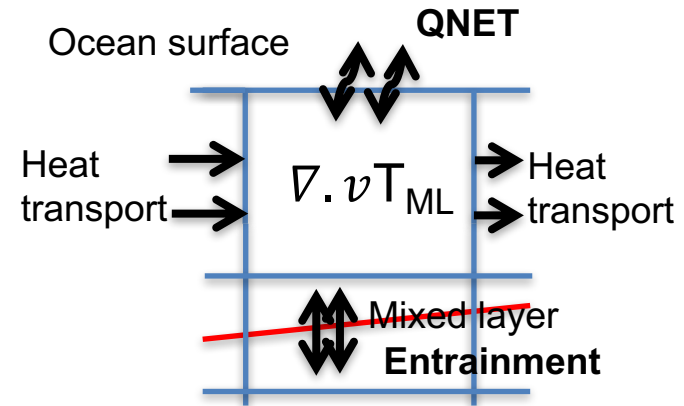
$$\frac{dOHC_{ML}}{dt} = \text{Entrainment} + Q_{net} + \nabla \cdot vT_{ML}$$

Diagnosed  
from model  
temperature

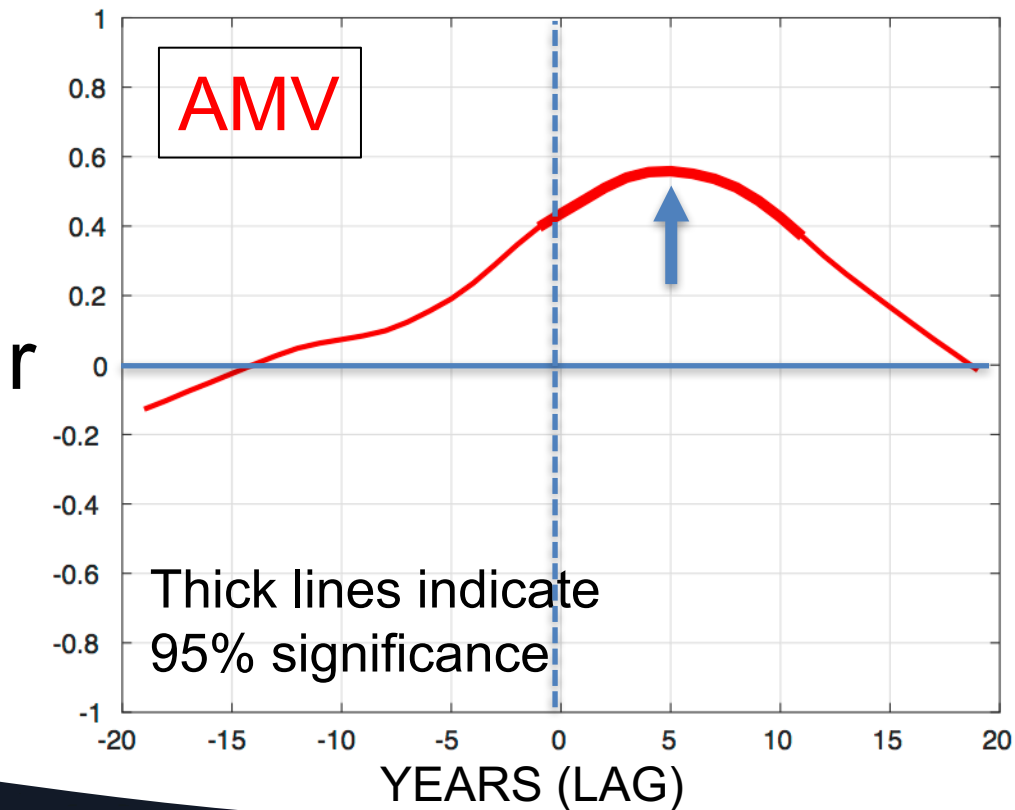
Diagnosed  
model mixed  
layer depth  
and temp

Diagnosed  
from model  
surface heat  
flux

residual



# Relationship between AMOC and AMV



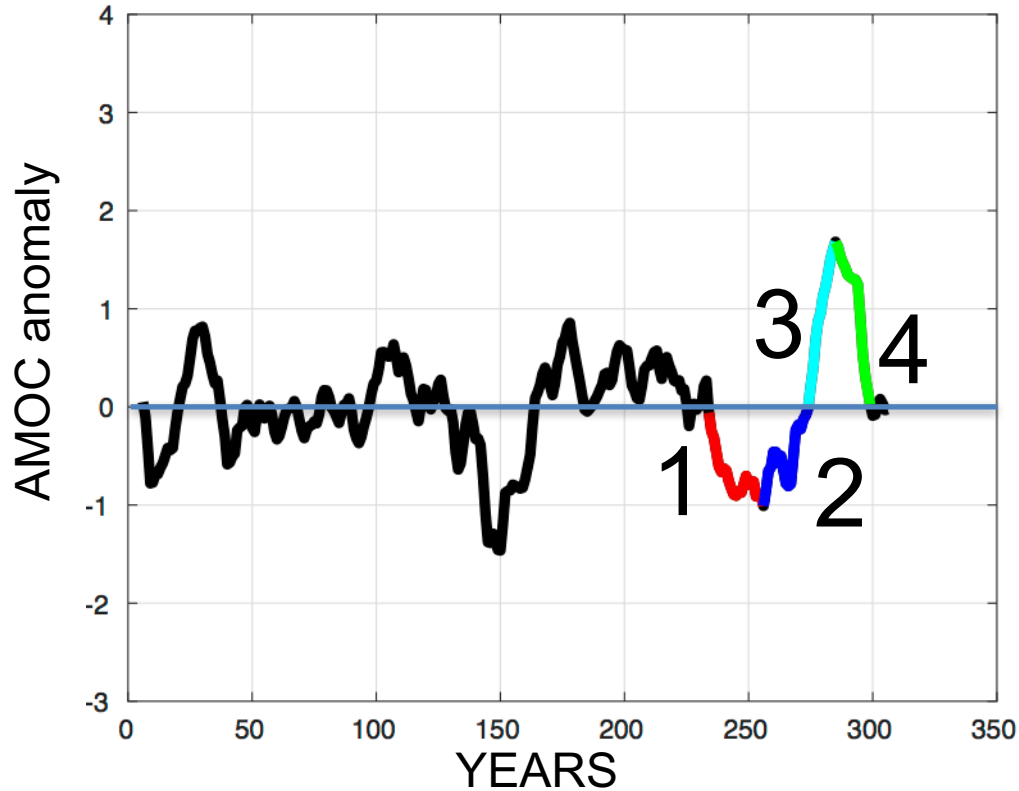
**AMOC leads the AMV  
by 5 years**

**What is causing this  
delay?**

300 years of model data



# AMOC 26N



Analyze one cycle of the AMOC in terms of:

**$dSST/dt$**

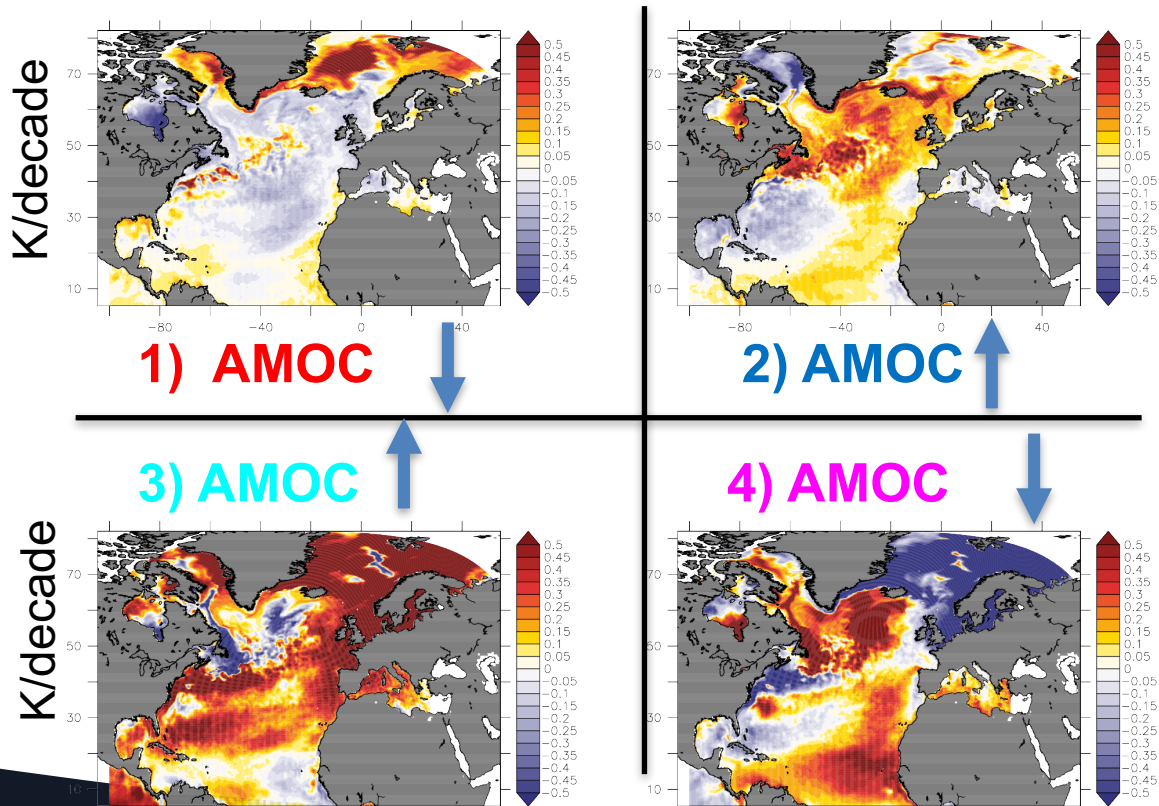
and its components related to:

**$ENT$  ,  $\nabla \cdot vT$  and  $Q_{net}$**

75 year cycle

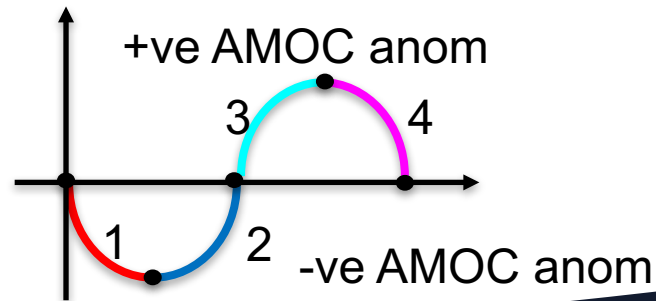
~20 years per phase

# dSST/dt composite



On multi decadal time scales large scale pattern varies with AMOC phase

**Phase 4) SST increase in AMV region even though AMOC decreasing**



# SST changes (PHASE3)

dSST/dt

Entrainment

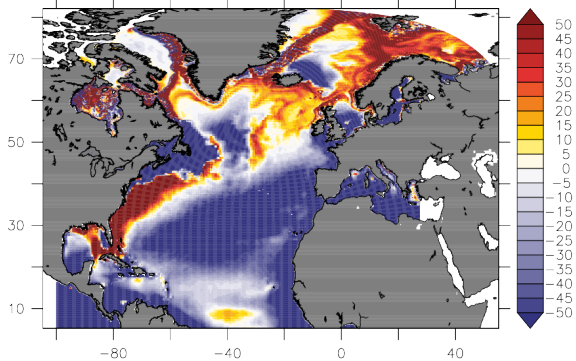
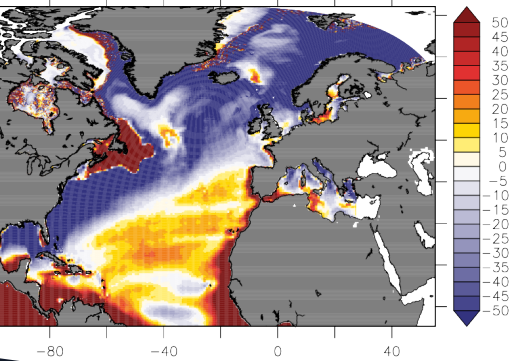
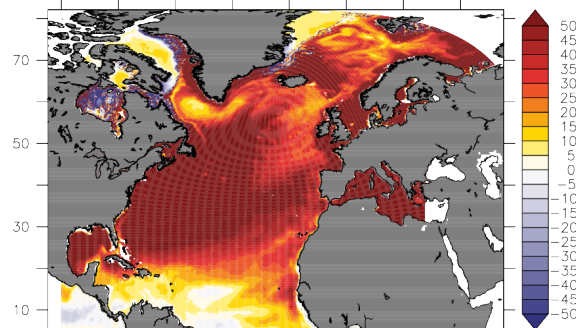
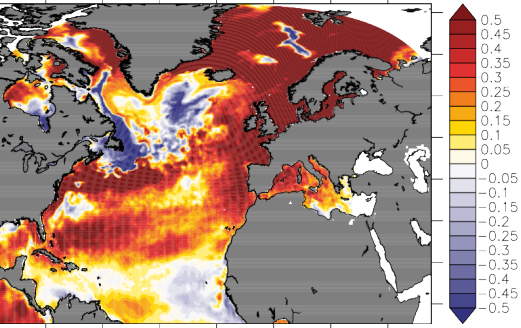
**ENT:** Entrainment always positive ( for all phases )

**QNET:** heat loss in SPG and Gulf stream.  
Heat gain in STG

$\nabla \cdot vT$ : opposite to Qnet

Qnet

$\nabla \cdot vT$

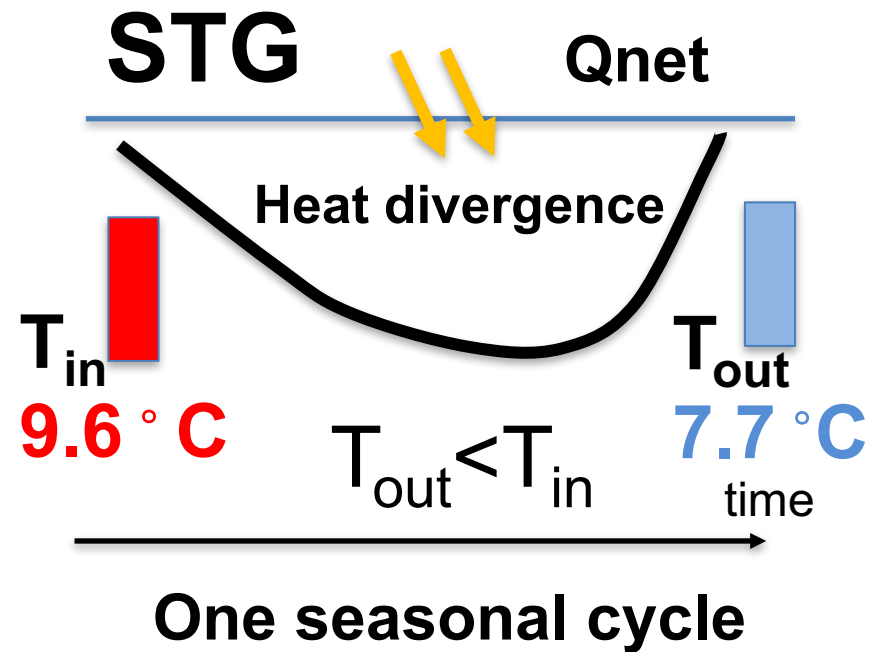
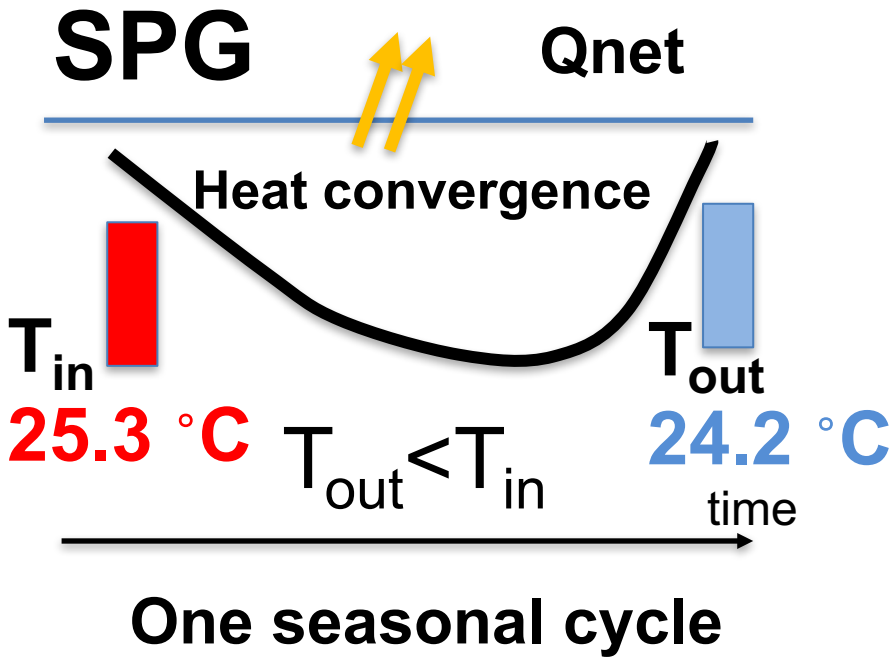




# MIXED LAYER HEAT PUMP

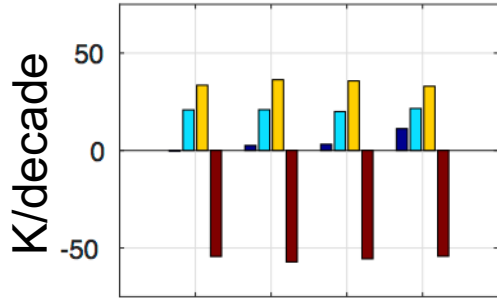
**As a result of the seasonal cycle the entrained water ( $T_{in}$ ) is always warmer than the detrained water ( $T_{out}$ )**

# MIXED LAYER HEAT PUMP

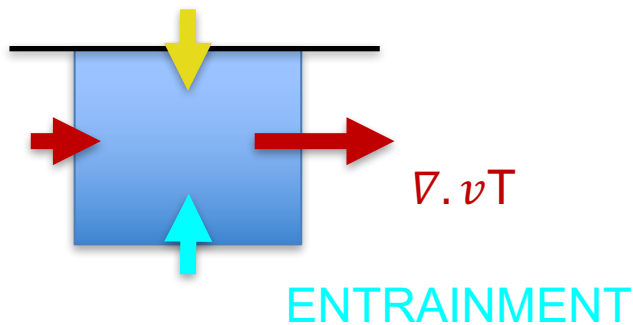


# Multi-decadal SST changes

Sub tropical Gyre

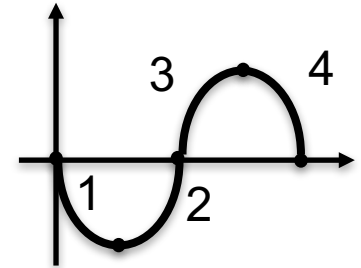


1 2 3 4



**STG:**  $dSST/dt$  increasing through cycle  
QNET and ENT warming mixed layer.

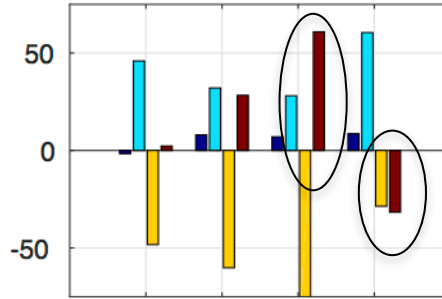
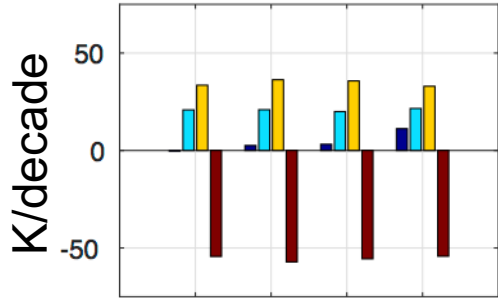
$\nabla \cdot vT$  is always cooling the mixed layer.



# Multi-decadal SST changes

Sub tropical Gyre

Sub Polar Gyre



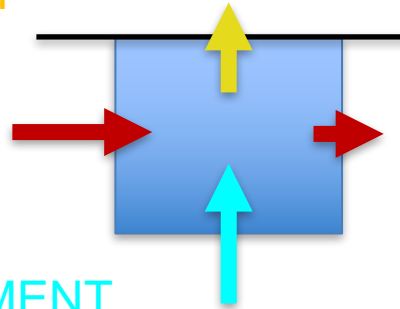
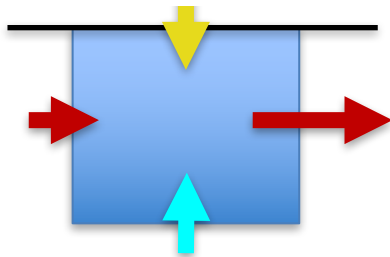
SPG behaves differently to STG.

Phase 3 to 4  $\nabla \cdot vT$  changes sign, but SST continues to warm. This is due to increased ENT and reduced QNET

1 2 3 4

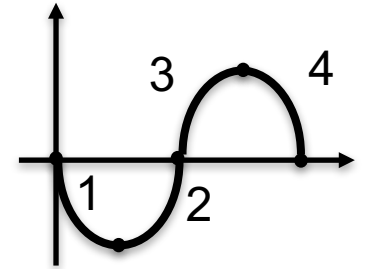
1 2 3 4

QNET

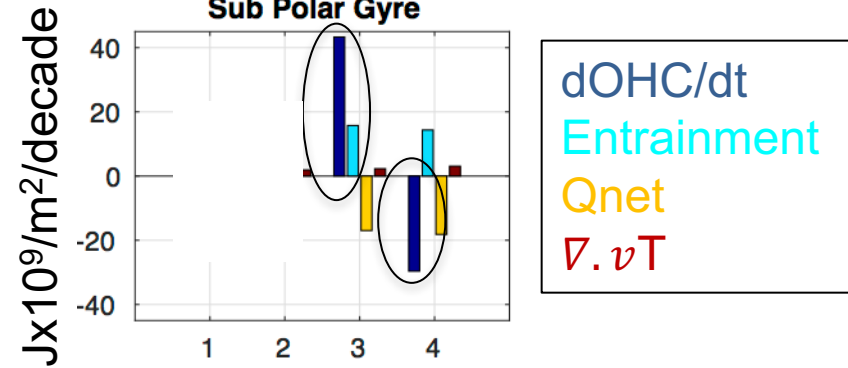


$\nabla \cdot vT$

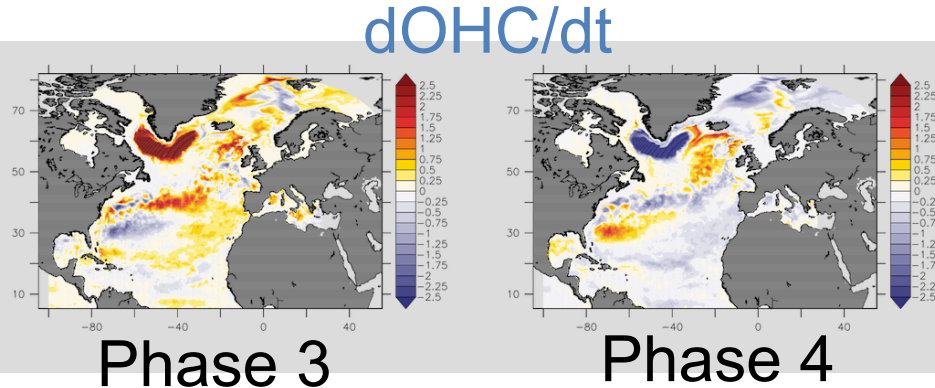
ENTRAINMENT



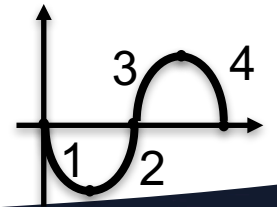
# SPG OHC changes



In phase 4 OHC change in the SPG is reducing, while the SST is increasing!

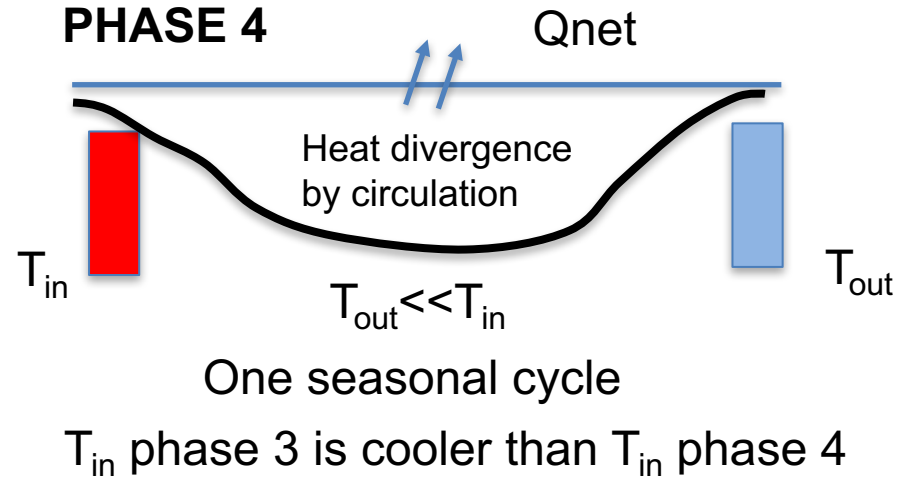
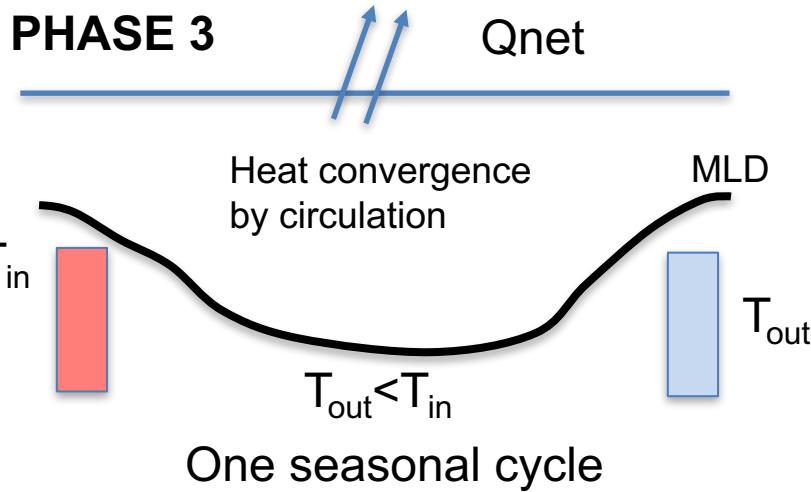


Changes in OHC are related to changes in deep convection





# SPG mixed layer SST heat pump



**Mixed layer is shallower in phase 4 due to reduced convection**  
**This process explains why the SST is increasing even though OHC and AMOC are reducing.**

# Conclusions

- New approach based on diagnosing mixed layer budget
- Model suggest that the entrainment over a seasonal cycle is a key component and is always positive
- Changes in entrainment and  $Q_{net}$  explain the lag between AMOC and AMV



The Blue-Action project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement No 727852