

SPORT TOMOSHASINING ESTETIKASI

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Annotatsiya. Mazkur maqola sport faoliyati bilan shug’ullangan sportchilar va ularning hatti harakatlarini to’g’ri boshqarishdagi ijobiy boholanishi va uning harakatlarida estetik zavqlanish darajalarini ko’rsatib o’tiladi. Bu sportchi va sport mashqlaridagi ijodiy o’ziga hos xatti harakatlar tizimidir. Shakllantirilgan jarayonlar eng avvalo sportning qaysi turidan qat’iy nazar sportchi estetik zavqi va sport turlaridagi bajargan yuklamalari orqali nomoyon bo’ladi.

Kalit so’zlar. Sport estetikasi, plutokratiya, marjinal, reklama, mifologik, personajlar, Kriket, futbol, voleybol, tennis, xokkey, badminton.

AESTHETICS OF SPORTS SPECTACLE

Abstract. This article is about athletes and law enforcement. Form-filled processes are first of all invisible through the athlete's aesthetic pleasure and loads performed in sports, regardless of the type of sport.

Key words. Sports aesthetics, plutocracy, marginal, advertising, mythological, characters, Cricket, football, volleyball, tennis, hockey, badminton.

ЭСТЕТИКА СПОРТИВНОГО ЗРЕЛИЩА

Аннотация. Эта статья о спортсменах и правоохранительных органах. Формообразующие процессы невидимы прежде всего через эстетическое удовольствие спортсмена и нагрузки, выполняемые в спорте, независимо от вида спорта.

Ключевые слова. Спортивная эстетика, plutократия, маргинал, реклама, мифология, персонажи, Крикет, футбол, волейбол, теннис, хоккей, badminton.

Sport tomoshasi- sport estetikasining eng yuqori tamoshalar cho’qqisidir. Tomoshani boshqarishning asosiy yuqori darajada rivojlangan texnik jihozlar va ilmiy usullar bilan manipulyatsiyaning eng yuqori shaklidir. Sport tomoshasi muhim ijtimoiy muammolarni chetga surib qo’yish va ularning "yechimini" plutokratiyaga qoldirish uchun marjinalni halokatli darajaga ko’tarishga intiladi. Sportni har doim ideallashtirilgan shaklda tasvirlangan holatda ko’rsatish yoki eng mukammal tizimlarni asoslash zarur, chunki u hukmronlik tartibining asosiy tamoyillarining mujassamlanishi holatidir. Sport nafaqat kishiga estetik zavq beradi balki ening hayojonlari bn unga munosib jarayonlardan zavq olish zavqini beradi, Shu bilan birga, tomoshalarda sport tovarlarini targ’ib qilinadi, demak u kapitalizmning asosiy tamoyillarining bozor ko’rinishidir. Zamonaviy sport tomoshalarining maqsadi tomoshabinlarning mavjud dunyoning hukmron qadriyatlariga diniy munosabatini yaratish emas, bu franzuz sport va ijtimoiy davlat arbobi **Pierre de Frédy, baron de Coubertin** ta’kidlaganidek bu holat “ularga kundalik hayotdan (xayoliy)qochish imkoniyatini taklif qilishdir”. Sportchilar chinakam insoniy qadriyatlar uchun kurashmaydi va odamlarni adolatsizlikka qarshi turishga undamaydi; ular hukmron

qadriyatlarining timsolibo'lib, milliy mifologiyalardagi “qahramonlar”ga o'xshab shakllanadilar, afsonaviy xususiyat va biografiyaga ega mifologik personajlar bo'lib ko'rsatadilar, davrning o'ziga xos belgisi sifatida nomoyon qilinadilar. Shu bilan birga, ular ko'p millatli konsernlarning reklama taxtasi va ularning ekspansionistik ("g'olib") kuchining timsoli bo'lib, ular hukmron tartibning strategik maqsadlarini ta'minlash uchun mo'ljallangan o'ziga xos tovar ekanligini anglatadi. Tomosha estetikasi ham xuddi shu maqsadda sportchilarni hukmron qadriyatlarining timsoli va kapitalistik butparastlikning timsoliga aylantiradi: g'olibni ulug'lash hukmron tartibni ulug'lash demakdir.

Sport va jismoniy tarbiya deyarli doimo yonma-yon tilga olinsa-da, ular bir-biridan jiddiy farq qiladi. Jismoniy tarbiya asosan inson salomatligini ta'minlashga qaratilgan jamiyatning turli yoshdagi barcha tabaqalari ixtiyoriy tarzda “o'zi uchun” shug'ullanadigan, ommaviylik tabiatiga ega mashqlar yoki mashq majmualaridan iborat. Sport esa, uning qaysi sohasida bo'lmasin, mutaxassis ustozlar nazorati ostida maxsus tayyorgarlik ko'rgan odamlarning, asosan yoshlarning yakkama-yakka yoki jamoaviy tarzda bellashuvini o'z ichiga oladi. Sport va jismoniy tarbiya o'rtasidagi estetik farqni faylasuf olim Abdulla Sher o'zining fikrlaridagi “jismoniy tarbiya qay ko'rinishda bo'lmasin, (yakka yoki jamoaviy), bellashuvni rad etadi va insonga turli mashq shakllaridan xohlaganini tanlash imkonini beradi,” deb aytadi. Sportda musobaqa birinchi o'rinda turadi va unda muayyan mashqlar majburiy tarzda bajariladi. Lekin bu majburiylik sport ma'lum bir turi doirasida sportchiga erkin harakat qilish imkonini beradi, ya'ni sportda ijodiy yondashuv ta'qiqlanmaydi, balki qo'llab-quvvatlaydi.

Shuni ta'kidlash lozimki, sport estetikasidagi eng muhim muammo, bu uning san'at bilan o'xshashligida. Shundan kelib chiqib, klassik sport turlarini o'ziga xos san'at sifatida talqin qilish mumkin, biroq uning lazzatlanish darajasi sportchi va tamoshabin o'rtasidagi so'zsiz anglash jarayonlari boshlanadi, tushunadi emotsional holatlarini bildiradi yoki uni ma'lum usullarda mimikalarda bildiradi. Bu borada Rene Me'Yu, Morin Kovich, Benjamin Lou singari g'arb olimlari va ko'plab mashhur sportchilar sportni san'at sifatida qabul qilish mumkin degan fikrni o'rta tashlaydilar va uni isbotlashga urinadilar. Sport va jismoniy mashqlardagi qonun-qoidalar yoshlarni hayotda o'zining mustahkam egallashlarida muhim ahamiyatga ega. Bu qoidalar mohiyatan axloqiy va estetik mazmun kasb etadi. Zero sport raqibga hurmat bilan munosabatda bo'lish, ustoz va murabbiyga bo'lgan e'tiqod mustahkamligi, hakamlar va tomoshabinlarga chuqur hurmat ko'rsatish, chidamlilik, g'alabaga bo'lgan ishtiyoq, halollik kabi axloqiy qadriyatlarni ulug'lashga va egallashga xizmat qilsa, ayni paytda go'zal xatti-harakatlarni namoyon ettirish, insonga estetik zavq bag'ishlash, hatto sport anjomlariga estetik munosabat orqali didni tarbiyalash ishlarini amalga oshiradi.

Sport musobaqalari va jismoniy harakatlardagi zavqni estetik tahlil etish sport estetikasining muhim vazifalaridan biridir. Hozirgi paytda sport jahon bo'ylab juda keng yoyilgan madaniy soha sifatida tan olinmoqda. Ayniqsa, buni O'zbekiston misolida yaqqol ko'rish mumkin. Bizda mustaqillik sharofati bilan sportga milliy madaniyatning uzviy qismi sifatida qarash shakllandi, uning hamma turi bo'yicha musobaqalar o'tkazish odat tusiga kirdi, o'zbek kurashi esa umumbashariy sport turi maqomini saqlab qoldi butun dunyo e'tirofidagi sport musobaqalari darajasiga ko'tarildi.

Bugungi kunda sport estetikasi sog'lom turmush tarzimizning bir qismiga aylanib borayotganligini ijobiy holatdir. xoh sport, xoh jismoniy tarbiya bo'lsin sog'lom turmush tarzini bu ikki omillarsiz shakllantirib bo'lmaydi. Shunday ekan, sog'lom turmush tarzini sport estetikasisiz tasavvur etish mumkin emasligi ma'lum lekin estetik zavqlanish yoki ovqatlanish etiketi va me'yorlari shuni ko'rsatdi..

Sport estetik tarbiya vositasi sifatida zamonaviy insonni kamol toptirishda alohida e'tiborga ega. Hozirda sportni rivojlantirish mamlakatimizda davlat siyosati darajasiga ko'tarildi. Bundan ko'zlangan asosiy maqsad kelajak avlodni jismonan baquvvat, sog'lom, vatanning jasur himoyachisi qilib tarbiyalashdir.

Bugungi kunda yosh avlodni shakllantirishda sportning hissasi borligiga tobora ko'proq tushunilmoqda jismoniy, ruhiy va hissiy farovonlikka ega shaxs eng avvalo ruhiy kamolat bilan qat'iy tartibni shakllantirishda, sog'lom jamiyatda sport muhim rol o'ynashi va rivojlanishi uchun o'zaro ta'sir vositalari, bu odamlarga hayot ko'nikma sportda jismoniy madaniyat va qattiq rejim sozlamalarini o'rganishga yordam beradi va qattiq intizom va mehnat orqali maqsadlarga erishadilishda muhim rol o'ynaydi.

Sport bu:

- tarbiyalaydi,
- qaror qabul qilish va etakchilik qobiliyatlarini rivojlantiradi;
- odamlarga muvaffaqiyat va muvaffaqiyatsizlikni boshqarishni o'rgatadi.

To'g'ri ma'noda, sport deganida tashkil etilgan bir nechta tadbirlarda raqobat qilishdan ko'ra ko'proq o'z davlatini mamlakatining oliy sport sharafini himoya qilish uchun ma'lum intervallar va vositalardan foydalanish muhim ahamiyatga egadir.

Sport - bu yaxlitlikka hissa qo'shadigan inson faoliyati va shaxslarning rivojlanishi, shakllantirishi uchun muhim vosita hisoblanadi. U shaxs sifatida tan olinadi va o'z-o'zini bilish, o'zini namoyon qilish va shaxsiy yutuqlarni amalga oshirish imkoniyatini beradigan faoliyat; mahurat - qobiliyatni egallash va namoyon etish; zavq, yaxshi, salomatlik va farovonlik. Sport ham bizni jamoaga jalb qiladi va insoniy yuksaklikka intilish. Bu zavq manbai, lekin ko'proq sport ilhomlantiradi, madaniyatlarni birlashtiradi va bir-biriga bog'laydi, natijalarni namoyon qiladi, ijtimoiy tafovutlarni bir ma'romda hal qiladi. Sport jamiyatni boyitadi, do'stlikni mustahkamlaydi xalqlar o'rtasida. Sport ham ma'lum ijtimoiylik uchun javobgardir, uni qoidalar va o'zaro hurmat kabi qadriyatlarga rioya qilish, hamjihatlik va adolatli o'yinlarni shakllantirish zarurdir. Sport bugungi kunda, zamonaviy jamiyatning bosimlariga duch keladi va yangi muammolar. Olimpiya o'yinlari kabi sport tadbirlari qachonki, Umumiy boylik o'yinlari, Osiyo o'yinlari yoki ular bilan bog'liq bo'lganlar-Kriket, futbol, voleybol, tennis, xokkey yoki badminton, millionlab tomoshabinlar, televizordagi tomoshabinlar, internet yoki va radio tinglovchilar qizg'in shug'ullanish bo'lsa ham tanlangan bir nechtasi ishtirok etadi.

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