

## METHODS OF TEACHING FOOTBALL IN HIGHER EDUCATIONAL INSTITUTIONS

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**Abstract.** *With the advent of the Internet era, people's lives have undergone great changes. Teaching under the background of the Internet has had a strong impact on traditional teaching content, teaching mode and evaluation standard. In a new teaching context, football teaching in colleges and universities presents a new teaching standard. This article describes the methods of teaching football in higher educational institutions.*

**Keywords:** *football; educational institutions; learning methods; teaching mode; physical training; instruction.*

Compared with other kinds of sports, soccer has pretty excessive necessities on venues and infrastructure. If the infrastructure is not perfect, many football instructing activities and opposition workout routines cannot be carried out well. Football teaching things to do require a lot of sensible workout routines so that college students can be extra trained in playing football. At the existing stage, some colleges and universities have restrained funding in football infrastructure, some of which have challenge in making sure ample sports venues.[1] What is worse, the present venues cannot meet the requirements of soccer and education on the grounds that facilities are now not perfect. In the manner of genuine bodily education, the sports gear is no longer best sufficient to furnish reliable infrastructure help for football educating activities. The usual educating approach will pay extra attention to the instructing of football skills, and broadly speaking depends on demonstration and rationalization to teach, which is rather passive and lacks enough appeal for students, so it is hard for students to generate sufficient participation interest, and it is also very damaging for the effective development of soccer educating activities. At the present stage, the educating mode is in general embodied in the teacher-directed mode. In the development of football instructing activities, teachers are dominated in teaching, and college students solely play a assisting function in the getting to know activities. Teachers can no longer pay attention to the desires of students, and the development of teaching activities is now not sufficiently targeted.[2]

For the football instructing things to do of colleges and universities, the professional first-rate level of football instructors has a very direct impact on the effectiveness of soccer educating activities. At the current stage, the usual nice of college soccer trainer group desires to be further improved, and the range of soccer teachers is challenging to meet the growing demand for soccer teaching. Some soccer instructors have no longer been educated in relevant soccer professions and accordingly take part in teaching things to do as amateurs. The typical instructing group lacks enough scientific research capabilities, and it is difficult to provide positive recommendation and practice on how to better enhance the fantastic and effectiveness of football instructing activities. At the equal time, some faculties and universities lack adequate interest to soccer professional teachers, and can't furnish them with excellent surroundings for growth and coaching development. The development and development of the general instructing team has encountered many barriers and bottlenecks, which has led to the emergence of a series of issues in football teaching nowadays. At the contemporary stage of soccer educating activities, the relevant principles have not yet

emerged from preceding difficulties. Many instructing activities have now not been carried out for long-term planning, and some soccer instructors consider that the football teaching activities in colleges and universities solely need to make students grasp some fundamental capabilities of soccer and achieve the trendy of educational requirement. However, they neither combine football teaching with lifelong sports concepts properly nor cultivate students' sports activities habits and consciousness, but solely guide some precise temporary sports activities skills. Although college students can preserve ample quantity of exercising in the course of the tutorial year, they seldom advance a feel of active workout after graduation. Therefore, it is challenging to efficiently enforce the thinking of "people-oriented" in the whole teaching process.[3]

From the factor of educational communication, network educating has its benefits and limitations. Therefore, it is vital to supply full play to the advantages of community instructing and optimize typical soccer teaching modes and methods. It requires teachers to study which guides in soccer teaching are more in line with the regulation of students' cognitive improvement and can effectively promote the increase of students. The educating mode beneath the background of the Internet is based on the constructivism idea and ambitions to promote the development of students, which requires college students to explore independently thru the network, cooperate and speak to entire the construction of understanding under the practice of questions or tasks. This mode is extra acceptable to current college students. From the standpoint of students, the educating mode underneath the background of the Internet is extra appropriate for the teaching of football principle lessons than the ordinary instructing mode.[4]

This work analyzed the shortcomings of standard football instructing in colleges and universities, blended current academic science idea with football instructing principle and modern-day learning theory according to the characteristics of the Internet, and constructed a "virtual situational" community sports educating mode under the heritage of the Internet. It aimed to promote the reform of football instructing mode and instructing techniques in recreation universities and promote the improvement of educating mode in schools and universities primarily based on the Internet.

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