Vol. 8/No. 1 January/February 2018

JOURNAL OF INTERNATIONAL STUDENTS

A Quarterly Publication on International Education

Access this journal online at: https://jistudents.org/

Copyright © 2018 by *Journal of International Students*

All rights reserved. This book or any portion thereof may not be reproduced or used in any manner whatsoever without the express written permission of the publisher/editor except for the use of brief quotations in a book review or scholarly journal.

Printing: 2018 Print ISSN 2162-3104 Online ISSN 2166-3750

http://jistudents.org/

Disclaimer

Facts and opinions published in *Journal of International Students* (JIS) express solely the opinions of the respective authors. Authors are responsible for their citing of sources and the accuracy of their references and bibliographies. The editors cannot be held responsible for any lacks or possible violations of third parties' rights.



Are you buzzing with ideas and energy to create cutting-edge research about international students?

Do you want to enhance the global visibility and impact of your research on international students?

StudyPortals' mission is to empower the world to choose education. Based in the Netherlands, StudyPortals' team of over 175 people is working towards enhancing international student mobility and making education choice transparent. In 2017, 30 million users are expected to use StudyPortals for informing their education abroad choices.

BENEFITS

Co-author research

Receive a stipend

Gain visibility

PRINCIPAL INVESTIGATORS



Dr. Rahul Choudaha (rahul@studyportals.com)

Vice President of Global Engagement and Research at StudyPortals



Dr. Carmen Neghina (carmen@studyportals.com)

Head of Intelligence at StudyPortals

Bit.ly/intResearch

Access the link to submit your interest

ISSN: 2162-3104 Print/ ISSN: 2166-3750 Online Volume 8 Number 1 January/February 2018 © *Journal of International Students* http://jistudents.org/

EDITORIAL TEAM

Founding Editor: Dr. Krishna Bista, Morgan State University, USA Production/Layout Editor: Ms. Joy Bancroft, Emporia State University, USA

ASSOCIATE EDITORS

- Dr. Chris R. Glass, Old Dominion University, USA
- Dr. Charlotte Foster, Sylvan Learning, USA
- Dr. Danilo M. Baylen, University of West Georgia, USA
- Dr. Diana B. Carlin, Saint Louis University, USA
- Dr. Keri Dutkiewicz, Davenport University, USA
- Dr. Sandria Officer, University of Toronto, Canada
- Dr. Shyam Sharma, Stony Brook University, USA
- Dr. Rai Farrelly, American University of Armenia, Armenia
- Dr. Rosalind L. Raby, California Colleges for International Education, USA
- Dr. Vera V. Chapman, Colgate University, USA

ASSISTANT EDITORS/COPY EDITORS

- Dr. Barry Fass-Holmes, University of California, San Diego, USA
- Dr. Charles R. Harris, Stony Brook University, USA
- Dr. Christina W. Yao, University of Nebraska-Lincoln, USA
- Dr. CindyAnn Rose-Redwood, University of Victoria, Canada
- Dr. David Comp, Columbia College, USA
- Dr. Dorota Silber-Furman, Tennessee Tech University, USA
- Dr. Hugo Garcia, Texas Tech University, USA
- Dr. Jiagi Li, Wichita State University, USA
- Dr. Lisa Kahle-Piasecki, Tiffin Univesity, USA
- Dr. Ji Zhou, USC Marshall School of Business, USA
- Dr. Luchen Li, University of New Hampshire, USA
- Dr. Mingsheng Li, Massey University, Wellington, New Zealand
- Dr. Nicholas D. Hartlep, Illinois State University, USA
- Dr. Uttam Gaulee, Morgan State University, USA

ADVISORY BOARD MEMBERS

- Dr. Amany Saleh, Arkansas State University, USA
- Dr. Amy Dagley, University of Alabama at Birmingham, USA
- Dr. Cattriona Gribble, Deakin University, Australia
- Dr. Don Jones, Belhaven University, USA
- Dr. Howard Wang, Duke Kunshan University, China
- Dr. Janet B. Ilieva, Education Insight, UK
- Dr. Rahul Choudaha, DrEducation.org, USA
- Dr. Rajika Bhandari, Institute of International Education, USA

For more information: http://jistudents.org/board

Journal of International Students

January/February 2018 | Volume 8 | Number 1

An interdisciplinary, peer reviewed publication, Journal of International Students (Print ISSN 2162-3104 & Online ISSN 2166-3750) is a professional journal that publishes narrative, theoretical and empirically-based research articles, student reflections, and book reviews relevant to international students and their crosscultural experiences and understanding. Published quarterly, the Journal encourages the submission of manuscripts from around the world, and from a wide range of academic fields, including comparative education, international education, student affairs, linguistics, psychology, religion, sociology, business, social work, philosophy, and culture studies.

All articles published in the *Journal of International Students* are indexed and listed in major databases and sources:

















































Authors and Submissions

The Journal audience includes international and domestic students, faculty, administrators, and educators engaged in research and practice in international students in colleges and universities.

- Peer-reviewed Article includes manuscripts that focus on the interpretation, implication, or significance of research work related to international students and scholars from various disciplines (between 4,500 to 7,500 words).
- Research in Brief includes manuscripts that focus a specific topic or question using new data or conceptual framework that does not require a

- full-length manuscript; up to two figures/tables, and maximum 5-8 references (1,500-2,000 words).
- c) Study Abroad/Reflection includes descriptions and perceptions from students and scholars concerning another culture, language, people and society from an insider or outsider perspective (between 1,000 to 2,500 words).
- d) **Book/Dissertation/Film Review** includes reviews and critiques of the written work of scholars from a number of disciplines related to international students (between 750 to 1,200 words).

Please e-mail your manuscript to the Editor, Dr. Krishna Bista at contact@jistudnets.org. Include your full address with email and telephone number. Follow APA 6th edition in your citation and references. Double space. Times New Roman with 12 font size.

This Journal is a non-profit publication and has been operating through the voluntary services of editors, copy editors, reviewers and guest editors. All positions in the Journal are unpaid. There is no fee for submission or publication.

For further information

Krishna Bista
Founding Editor – *Journal of International Students*http://jistudents.org/
E-mail: contact@jistudents.org

ISSN: 2162-3104 Print/ ISSN: 2166-3750 Online Volume 8, Number 1, January/February (2018) © *Journal of International Students* http://jistudents.org

TABLE OF CONTENTS

	Editorial – Exposed challenges, emerging opportunities	pp. I-III
1.	Away from home: A qualitative exploration of health experiences of Nigerian students in a U.K. University. Folashade T. Alloh, Desiree Tait, & Clare Taylor, Bournemouth University, United Kingdom	pp. 1-20
2.	Measuring college success for international baccalaureate diploma and certificate candidates. <i>Jennifer Coles Hill, Northwest Nazarene University, United States</i>	pp.21-37
3.	Destination motivation, cultural orientation, and adaptation: International students' destination-loyalty intention. Nor Lelawati Jamaludin, Universiti Teknologi MARA, Malaysia / University of Bergen, Norway; David Lackland Sam, University of Bergen, Norway; & Gro Mjeldheim Sandal, University of Bergen, Norway	pp. 38-65
4.	The role of unplanned encounters and complexity of influences in foreign graduates' first full-time job search in Singapore. <i>Tharuka M. Prematillake & Ivy M. Lim, Nanyang Technological University, Singapore</i>	pp. 66-86
5.	Exploring and leveraging Chinese international students' strengths for success. Ye He, University of North Carolina at Greensboro, United States, & Bryant Hutson, University of North Carolina at Chapel Hill, United States	pp. 87-108
6.	Motivation, induction, and challenge: Examining the initial phase of international students' educational sojourn. <i>Paul Cowley & Denis Hyams–Ssekasi, University of Bolton, United Kingdom</i>	pp. 109-130
7.	Chinese university students and their experiences of acculturation at an ethnic Christian church. Xiaoyang Sun, Temple University, United States, & Robert A. Rhoads, University of California Los Angeles, United States	pp.131-150
8.	Qualitative study on Chinese students' perception of U.S. university life. Xiaokang Tang, Daniel A. Collier, & Allison Witt, University of Illinois Urbana-Champaign, United States	pp. 151-174

9.	Exploring international students' food choices using photovoice techniques. <i>Nova Corcoran, University of South Wales, United Kingdom</i>	pp. 175-193
10.	Academic adaptation among international students from East Asian countries: A consensual qualitative research. Jiaqi Li, Wichita State University, United States; Yanlin Wang, Texas Tech University, United States; Xun Liu, Virginia Commonwealth University, United States; Yusu Xu, Zhejiang Gongshang University, China; & TingTing Cui, Jilin University, China	pp. 194-214
11.	Acculturative stress and native and U.S. culture immersion of international students at a community college. Hardaye R. Hansen, Yuliya Shneyderman, Gloria S. McNamara, & Lisa Grace, Borough of Manhattan Community College, United States	pp. 215-232
12.	Exploring the relationship among international students' English self-efficacy, using English to learn self-efficacy, and academic self-efficacy. <i>Chih-hsuan Wang, Jamie Harrison, Victoria Cardullo, & Xi Lin, Auburn University, United States</i>	pp. 233-250
13.	Creative diversity: Promoting interculturality in Australian pathways to higher education. Suzanne Allen, University of Sydney, Australia	pp. 251-273
14.	Using Campinha-Bacote's framework to examine cultural competence from an interdisciplinary international service learning program. Elizabeth D. Wall-Bassett, Western Carolina University, United States; Archana V. Hegde, Katelyn Craft & Amber L. Oberlin, East Carolina University, United States	pp. 274-283
15.	Analysis of acculturative stress and sociocultural adaptation among international students at a non-metropolitan university. <i>Hajara Mahmood, Embry-Riddle Aeronautical University, United States, & Monica Galloway Burke, Western Kentucky University, United States</i>	pp. 284-307
16.	"It just messes your mind": U.S. international students' perspectives of and experiences with academic text sourcing. Janet Kesterson Isbell, Tennessee Technological University, United States; Jayati Chaudhuri, California State University, United States; & Deborah L. Schaeffer, California State University, United States	pp. 308-331
17.	"You just use your imagination and try to fix it": Agential change and international students. <i>Blair Matthews, University of Bristol, United Kingdom</i>	pp. 332-350

18.	Engagement, satisfaction, and belonging of international undergraduates at U.S. research universities. Sam Van Horne, Shuhui Lin, Matthew Anson, & Wayne Jacobson, University of Iowa, United States	pp. 351-374
19.	Beyond culture: Helping international students avoid plagiarism. Soni Adhikari, Stony Brook University, United States	рр. 375-388
20.	A case study of international students' social adjustment, friendship development, and physical activity. <i>Shuang Li & Sam Zizzi, West Virginia University, United States</i>	pp. 389-408
21.	Employment and earnings of international science and engineering graduates of U.S. universities: A comparative perspective. Throy A. Campbell, Oakwood University at Huntsville, United States; Maria Adamuti-Trache, University of Texas at Arlington, United States; & Krishna Bista, Morgan State University, United States	pp. 409-430
22.	Okinawan consciousness and identity salience and development among Okinawan University Students Studying in Hawai'i. Kazufumi Taira & Lois A. Yamauchi, University of Hawai'i at Mānoa, United States	pp. 431-452
23.	"Home away from home"? How international students handle difficult and negative experiences in American Higher Education. Lu (Wendy) Yan& Shaohua (Linda) Pei, Iowa State University, United States	pp. 453-472
24.	Learning styles: A comparison between Indian and German business students. <i>Tushar Bhatnagar & Vinita Sinha, SCMHRD Pune, India</i>	рр. 473-487
25.	Changing the things I cannot accept: My African experience of a U.S. classroom. <i>Roselyn Banda, Miami University, United States</i>	pp. 488-595

ISSN: 2162-3104 Print/ ISSN: 2166-3750 Online Volume 8, Number 1, January/February (2018) pp. I-III © *Journal of International Students* http://jistudents.org/

Exposed Challenges, Emerging Opportunities

Krishna Bista

Morgan State University, United States

"This is a critical time for scholars who study international students to reassess our research agenda for the field," remarked Rose-Redwood and Rose-Redwood (2017) in their guest editorial here two issues ago, "because we simply cannot proceed as if it were business as usual within the current political context" (p. ii). Addressing the rise of anti-immigrant environment in the country more generally, Glass (2017) wrote in the preceding editorial that "[a] staunch acceptance of reality must be buttressed by strongly held values," enumerating values such as "promoting global engagement and understanding, engaging in civic responsibility beyond local contexts, fostering the appreciation for languages and cultures, and strengthening foreign relations and peace building among nations" (p. ii). The politics and policy about international students in the United States has not moved in any better directions since last year. From many and confusing attempts at travel restrictions to deleterious impacts of hostile policies about undocumented students, and from stricter visa regulations international students to proposed dramatic changes about all immigrants, international students are facing the effects of increasingly adverse politics and policy, directly and indirectly. As Rose-Redwood and Rose-Redwood went on to say, "[i]n contexts where xenophobia, racism, and religious hatred are prevalent. . . . physical and symbolic violence as well as implicit and explicit discrimination. . . . fall along a continuum, ranging from everyday forms of microaggression to violent hate crimes" (p. v). They proposed that future research on international students and education focus on policy environments, sociopolitical atmosphere, the continuum of violence and discrimination, student activism and resistance, and careful deliberation about the positionality of researcher.

On the global level, mobility of international students is increasingly in flux, and news reports indicate rising tensions and more and

more unsafe environment for international students. Both local and transnational realities demand that our research and scholarship transcend conventional frameworks, disciplinary boundaries, and apolitical framing. We need broader, bolder visions. In particular, we must pursue our scholarship with the understanding that international students are not just a product of the modern "market," nor, indeed, should they be seen as the byproduct of nation formation. Before there was the current idea of the market of international education and even before nations became the most dominant unit of social organization, people moved to new places to broaden their knowledge and enrich their experience, to exchange ideas between home and host communities, to make sense of life and society. If need (or greed) for food and space led to border-crossing that involved conflicts, mobility driven by curiosity and exchange of ideas has historically mitigated ignorance, fear, and violence--rather than magnify or facilitate it. Unfortunately, in modern times, regulation of bodies, then of knowledge and its exchange, by nation states (which have somehow come to be defined by conflict and competition) are increasingly clashing against common humanistic goals among nations, against globalization and against the advancement of knowledge in the interest of all. In fact, education has often been used to brainwash and intimidate, regulate and restrict the freedom of bodies and minds.

What we see today is a puzzling mix of the use and abuse of opportunities that mobility of the learned and learners can offer. In this context, educators must question whether the nationalistic foundation (Marginson, 2013) of today's international education, and indeed national education is sufficient. We must advance international higher education as a means of global social mobility, or the upward movement of people across national borders by their social class. We must also advocate for what Marginson calls "quasi national status" for students while they are not in their home countries; they deserve full freedom, rights, and opportunities to thrive as individuals, wherever they may be citizens of. Within nationalistic worldviews that are further shaped by ethnic/racial definitions of nationhood/citizenship, international students are not neighbors who have come over to learn, our neighbors' children whose wellbeing we are responsible toward. They are just "others" whose value is seen in their financial contribution (and sometimes cultural, educational backgrounds). What extremist political ideology does is to take the lid off longstanding beliefs and assumptions that were deemed norm(al) and that used to shape mainstream policy and academic discourse and practice. Bigotry and xenophobia, in this sense, expose blatant or visible/audible forms of prejudice and bias that are embedded within formal policies and everyday discourse. It is imperative today for scholars to turn our attention to this reality.

As this journal strives to cover issues pertaining to tectonic shifts in the political and policy environments, this issue includes a variety of articles in which authors continue to collectively demonstrate the vibrancy of scholarly conversations on international students: health experiences, measures of student success, interculturality, cultural competency, and job search and employment for international students, acculturative stress and sociocultural adaptation, academic adaptation, cultural orientation, student engagement and sense of belonging, university life, students meal preference, and student learning styles. In this volume, 60 authors, who represented several institutions of higher education, have shared their perspectives and research findings (both quantitative and qualitative) based on their experiences in Australia, China, Malaysia, Norway, India, the United Kingdom, and the United States. Each article is rich in term of cross cultural perspectives of mobile students, their learning experiences, and campus diversity.

Altogether, we believe that scholarly articles of this volume from various disciplines will contribute positively to the field of international student studies. As in the past, we have continued our tradition of sharing free digital copies with students, faculty members and libraries in the United States and abroad. Finally, I would like to thank the reviewers, copy editors, assistant editors, editors, and our advisory board members for their voluntary contributions to the journal

Happy reading!

References

- Glass, C. R. (2017). Resilience for a world in flux. *Journal of International Students*, 7(2), I-IV.
- Marginson, S. (2013). Equals or others? Mobile students in a nationally bordered world. In Sovic, S., & Blythman, M. *International students negotiating higher education: Critical perspectives* (pp. 9-27). New York, NY: Routledge.
- Rose-Redwood, C., & Rose-Redwood, R. (2017). Rethinking the politics of international student experience in the age of Trump. *Journal of International Students*, 7(3), I-IX. doi: 10.5281/zenodo.569939.