

Engaging citizens in environmental health monitoring

Ioannis Tavantzis^a, Aikaterini Bakousi^a, Aikaterini Stamou^a, Eleni Evangelidou^b, Nikolaos Nagkoulis^b, Konstantinos Grizos^b, Theocharis Vlachopanagiotis^b, Efstratios Stylianidis^a

^a Aristotle University of Thessaloniki (AUTH) Citizen Science Hub, Laboratory of Geoinformatics, AUTH, Greece
^b Rhoé, Politechniou 21 54 626, Thessaloniki, Greece

Introduction

- ✓ Citizen science has emerged as a powerful tool for advancing our understanding of environmental and health related issues.
- ✓ Environmental indexes, such as air quality, UV exposure and green spaces are vital indicators of environmental health and have been linked to a range of physical and mental health outcomes.



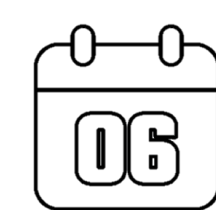
Collaboration



“the potential of citizen science through the establishment, of Citizen Science Hubs (CSH) in European Universities”

“variables related to living conditions in a smart city in a way that is understandable to citizens”

Citizen Science Event



July 2023



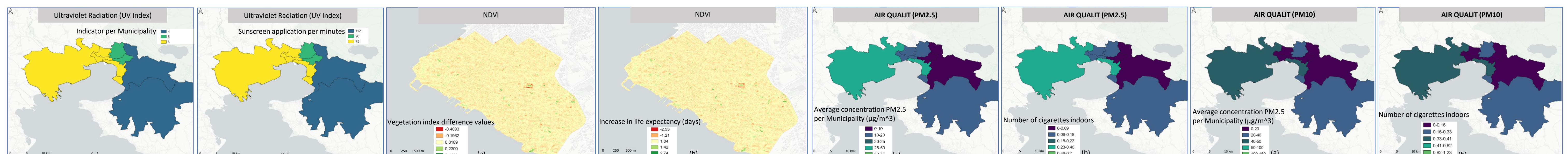
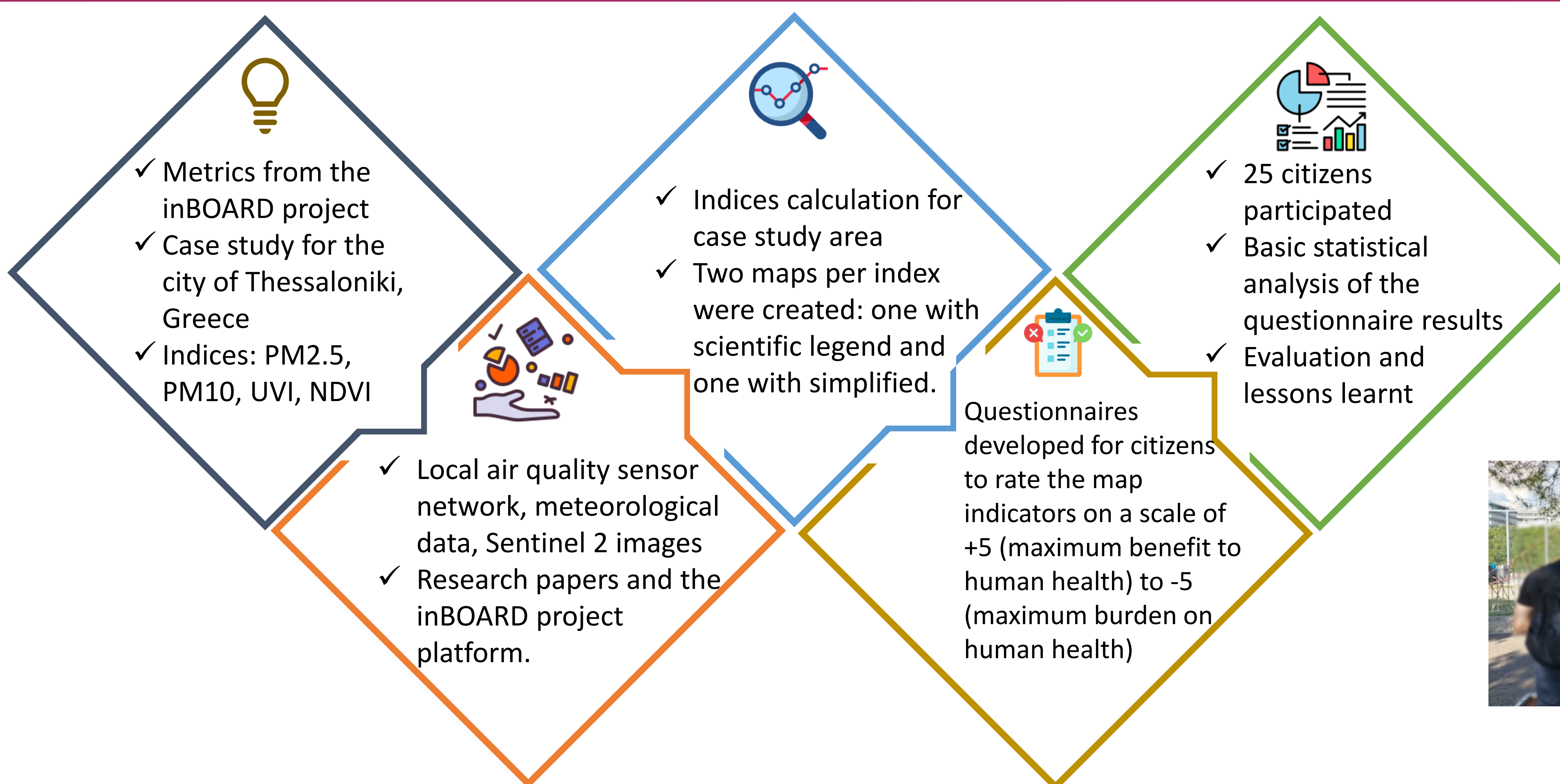
Waterfront of Thessaloniki, Greece



“Decoding the science of the indicators”

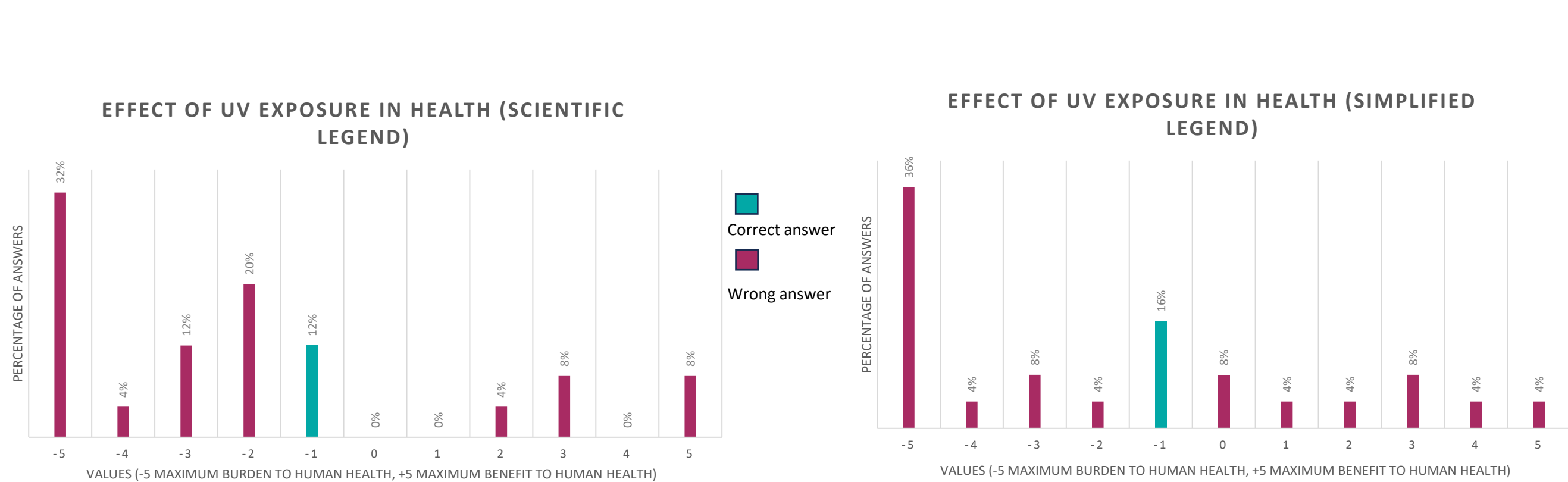
To what extent does presenting environmental indexes to citizens in both conventional and simplified units enhance their understanding of the potential health impacts of the urban environment?

Materials and Method

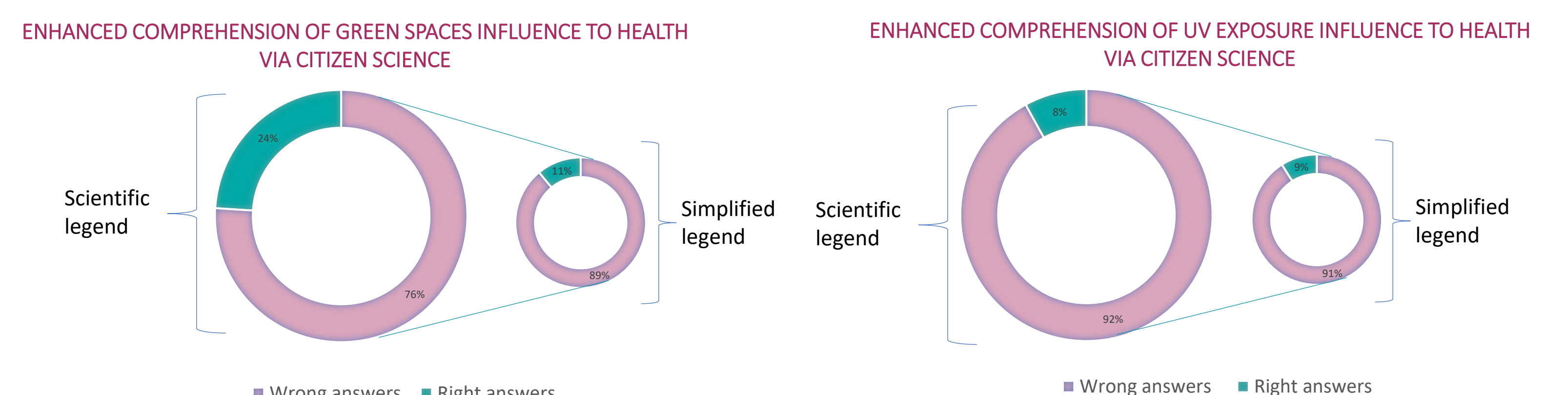


- UV index maps
 - Scientific legend (a), presenting the UV index
 - Simplified legend (b), explaining how often shall citizens apply sunscreen based on UV index.
- NDVI maps
 - Scientific legend (a), describing NDVI as an absolute value of vegetation index difference.
 - Simplified legend (b), explaining how the NDVI variation adds days to citizens' lives.
- PM2.5 and PM10 maps
 - Scientific legend (a), describing air quality in $\mu\text{g}/\text{m}^3$.
 - Simplified legend (b), describing air quality in terms of the number of cigarettes smoked indoors.

Results



The p-value for the NDVI indicates a significant difference between the scientific and simplified map ratings regarding UV exposure.



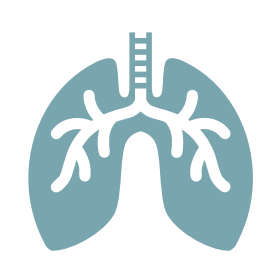
11% of participants who answered incorrectly with the scientific legend, answered correctly with the simplified legend.

9% of participants who answered incorrectly with the scientific legend, answered correctly with the simplified legend.

Discussion & Further research



While some simplified data presentations were effective, there is room for improvement.



Air quality data was not comprehensive in any given representation.



Sparse sample size and random participant selection with no prior knowledge may have influenced the findings' effectiveness.

- ✦ Refine simplified legends through co-creation workshops to align more closely with citizen preferences/ what they understand.
- ✦ Incorporate such a research in a series of public education about environmental health indicators and citizen science participation.
- ✦ Extend research to a broader geographic scope, encompassing a range of urban environments, each with its unique characteristics and challenges for insights into the adaptability and effectiveness of simplified legends in diverse contexts.
- ✦ Expand the sample size to enhance statistical power and improve the robustness of the results.



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