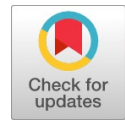


Understanding Types and Development Processes of Family

Radhika Kapur



Abstract: *The main objective of this research paper is to acquire an understanding of the types and development processes of family. In India, there are urban and rural communities throughout the country. In both communities, the families are of two types, i.e. nuclear and joint. The family members are required to put into operation different types of job duties, which are facilitating in leading to effective growth and development of the families. Furthermore, they are required to augment their information in terms of different types of methodologies and procedures. These are complicated and manageable. The individuals are required to work in collaboration and integration with each other in putting into operation methodologies and procedures in an efficient manner. One of the important aspects that needs to be taken into account is, individuals are required to inculcate the traits of morality, ethics, diligence and resourcefulness. These are facilitating in carrying out all tasks and activities in a satisfactory manner and generating desired outcomes. Furthermore, one will be able to meet the expectations of other family members. Therefore, it can be stated, one will render an important contribution in promoting well-being and goodwill of their families, provided job duties are carried out in an efficacious manner. The main concepts that are taken into account in this research paper are, understanding meaning and significance of types and development processes of family, factors leading to development processes within families and advantages of encouraging development processes within families.*

Keywords: *Abilities, Family, Development Processes, Individuals, Job Duties, Methodologies, Skills, Types*

I. INTRODUCTION

The basic unit of social structure consists of two primary links of kinship. These are parenthood and siblings. In simple terms, these are referred to combinations and permutations of these relationships. Within the Indian context, when the classification of families is discussed, the two types of families are taken into account, i.e. nuclear and joint. The nuclear families comprise of husband, wife and their unmarried children. On the other hand, joint families comprise of two or more nuclear families residing under the common roof. It comprises of multiple relationships of grandparents, parents, children, siblings, aunts, uncles, cousins, and in-laws. The joint family is usually the name given to the extended family.

The patrilineal extended family is based on father-son relationship, whereas, the matrilineal extended family is based on mother-daughter relationship (Chapter 5, n.d., [1][6]). The extended family may also be extended horizontally to include a group of two or more brothers, their wives and children. The horizontally extended family is known as the fraternal or collateral family. Therefore, in all communities, throughout the country, it is necessary in acquiring an efficient understanding of all types of families.

Before, acquiring an efficient understanding of the development processes within the family, it is necessary to understand the meaning of developmental process. Developmental process is referred to the movement that takes place in a systematic and structured manner. The developmental processes of the family denotes that the elements of the family life forms a structure (Unit 6, n.d., [5][7]). In the formation of the structure, it is necessary to augment one's knowledge and understanding in terms of different types of methodologies and procedures. It relates to the processes of fission and fusion, occurring in the residential and compositional aspects of family life. The individuals, belonging to all communities, categories and socio-economic backgrounds have one of the primary goals of bringing about improvements in their overall quality of lives. In order to achieve this goal, individuals move at a distance from their families to other places, regions and even countries. Therefore, it is well-understood, developmental processes takes place among families, when they transfer at a distance from their families to enhance their career prospects.

A. Understanding Meaning and Significance of Types and Development Processes of Family

Within homes, in nuclear and joint families, there are occurrences of conflicting situations and disagreements among family members. These may be experienced in a major or minor form. These need to be resolved in order to reinforce pleasantness in terms and relationships. All family members, irrespective of their age groups and genders are required to be well-versed in terms of peaceful conflicting resolution methods. Furthermore, they are required to communicate with each other in an effective manner and treat others with respect and courtesy. The individuals are required to be well-versed in terms of communication ethics, i.e. making use of polite language and decent words, treating each other with respect and courtesy, maintaining eye contact, when communication takes place face to face, augmenting skills and abilities and possessing an approachable nature and an amiable attitude. When verbal communication takes place, the individuals are required to augment listening skills.

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As a consequence of acknowledging and implementing communication ethics, individuals will be able to strengthen amiability in their terms and relationships. In this manner, all the family members will render an important contribution in leading to development. Furthermore, there will be reinforcement of cordiality and pleasantness within the home environmental conditions. Therefore, individuals acquire an understanding of meaning and significance of types and development processes of family, when communication skills and interactive abilities are honed. Throughout the lives of the individuals, irrespective of communities, categories and socio-economic backgrounds, they are required to augment skills and abilities. The different types of skills are, communication skills, decision-making skills, analytical skills, problem-solving skills, critical-thinking skills, intellectual skills, time-management skills, technical skills, creative skills, personal skills, presentation skills and professional skills. On the other hand, abilities are, management, administration, controlling, organizing, planning, leading, directing, convincing, persuading, emotional intelligence, systems thinking, possessing the abilities to work under stress, putting in efforts to one's best abilities, coping with various types of problems and challenging situations in a satisfactory manner and carrying out various job duties in an effective and disciplined manner. These skills and abilities are put into operation in a well-ordered and methodical manner within personal and professional lives of the individuals. The reason being, they will be able to get engaged in different types of tasks and activities that are facilitating in leading to effective growth and development of individuals. One of the major benefits that is experienced is, the individuals will carry out their job duties and responsibilities in a less time-consuming and efficient manner. As a consequence of putting into operation the competencies and abilities, the individuals will be able to lead to development of their families. Therefore, one is able to acquire an efficient understanding of meaning and significance of types and development processes of family, when they are honing different types of skills and abilities.

All the members, irrespective of their age groups and genders are required to be well-versed in terms of methods, which are facilitating in creating an amiable and pleasant environment within homes. Some of these are, implementing effective communication processes; inculcating the traits of morality and ethics; implementing the traits of diligence, resourcefulness and conscientiousness; augmenting skills and abilities; implementing analytical and critical-thinking skills; implementing time-management skills; coping with various types of problems and challenging situations in an adequate manner; promoting a normal mind-set; generating information in terms of job duties and responsibilities; augmenting information in terms of methods and approaches and carrying out all tasks and activities in a well-ordered manner. The individuals are required to ensure, all the methods are put into operation in a positive manner. One of the important aspects is, one needs to put emphasis on promoting family well-being. As a consequence of acknowledging all these methods, mutual understanding will be developed among individuals. In this manner, all the

family members will render an important contribution in leading to development. Furthermore, there will be reinforcement of cordiality and pleasantness within the home environmental conditions. Therefore, an understanding of meaning and significance of types and development processes of family is acquired, when one is generating information regarding essential factors.

B. Factors leading to Development Processes within Families

The individuals are different from each other in terms of various factors, i.e. castes, creeds, races, religions, ethnicities, genders, age groups, cultures, occupations, personality traits and socio-economic backgrounds. In spite of these differences, they have one of the major goals of promoting enrichment of overall standards of living. Hence, they are required to get engaged in various tasks and activities, which would be facilitating in promoting well-being and goodwill of families and communities. In other words, emphasis is put upon development processes within families (The Importance of Corporate Social Responsibility, 2013, [4][8][9]). The individuals are required to be well-versed in terms of different types of methodologies and approaches, which are facilitating in promoting enhancement of development processes within families. The individuals, belonging to all communities, categories and socio-economic backgrounds are required to be well-informed in terms of factors leading to development processes within families. These are required to be put into operation in a well-ordered and disciplined manner. These are stated as follows:

II. ACQUIRING EDUCATION

The individuals, belonging to all communities, categories and socio-economic backgrounds have recognized the meaning and significance of education. They have formed the viewpoint that education is the instrument that not only imparts information in terms of academic subjects and lesson plans, but also in terms of different types of ways that are vital in emerging into moral and ethical human beings. Furthermore, individuals will emerge into productive citizens of the country. The individuals in some cases are acquiring education while living with their family members, whereas, in other cases, they migrate to other regions, states or countries. Within rural communities, the system of education is not in a well-developed condition, hence, the individuals are transferring to urban communities in order to get enrolled in educational institutions. Through augmenting information in terms of different subjects, concepts, competencies and abilities, the individuals are preparing themselves in an adequate manner. Furthermore, they are contributing efficiently in sustaining their living conditions in a satisfactory manner. In this manner, they are rendering an important contribution in leading to development of their families. Therefore, acquiring education is regarded as one of the indispensable factors leading to development processes within families.



A. Getting Engaged in Employment Opportunities

Getting engaged in employment opportunities is regarded as one of the major goals of individuals, belonging to all communities, categories and socio-economic backgrounds. The individuals are required to get engaged in employment opportunities that are suitable to them. Furthermore, they will be able to contribute efficiently in bringing about improvements in their financial positions. The financial resources are regarded as vital, which are necessary in bringing about improvements in the family system and overall standards of living. Hence, upon completion of education or within the course of pursuance of education, the individuals get engaged in employment opportunities with the primary objective of accumulating financial resources. As a consequence, they will render an important contribution in making purchases of various items, acquiring services of service providers and domestic helpers, fulfilling different types of needs and requirements and leading to up-gradation of one's overall standards of living. Through possessing sufficient amount of financial resources, individuals are contributing efficiently in undergoing transformations in various factors. In this manner, individuals are rendering an important contribution in leading to development of their families. Therefore, getting engaged in employment opportunities is one of the significant factors leading to development processes within families.

B. Promoting Enhancement of Career Prospects

Promoting enhancement of career prospects is regarded as one of the major goals of individuals, belonging to all communities, categories and socio-economic backgrounds. The individuals are required to get enrolled in educational institutions of all levels to pursue education. Through acquisition of good-quality education, the individuals are preparing themselves to promote enrichment of their career prospects. They are required to get engaged in employment opportunities that are suitable to them. The individuals make selection of various fields, i.e. architecture, education, administration, management, law, science, technology, engineering, journalism, and so forth. These are facilitating in promoting enhancement of career prospects, providing individuals are required to carry out their job duties in a well-ordered and satisfactory manner. In the present existence, individuals are required to augment information in terms of different types of modern, scientific and innovative methods and materials. As a consequence, individuals will carry out their job duties and responsibilities in an efficient manner. As a consequence of having good and thriving careers, individuals are rendering an important contribution in leading to development of their families. Therefore, promoting enhancement of career prospects is an expedient factor leading to development processes within families.

C. Transferring to other Places

Bringing about improvements in overall standards of living is regarded as one of the major goals of individuals, belonging to all communities, categories and socio-economic backgrounds. In order to achieve this goal, they are required to acquire good-quality education and get

engaged in employment opportunities. Hence, they migrate to other regions or states or countries. The individuals in this manner are not only contributing efficiently in bringing about improvements in overall standards of living, but they are promoting enhancement of their career prospects. In the present existence, individuals are required to augment information and understanding in terms of different types of modern, scientific and innovative methods and materials. As a consequence, individuals will carry out their job duties and responsibilities in an efficient manner. As a consequence of having good and thriving career prospects, individuals are rendering an important contribution in leading to development of their families. The main reason being, they are able to accumulate financial resources in promoting well-being and goodwill of their families and communities. Furthermore, they are able to fulfil all types of needs and requirements. Therefore, transferring to other places is an eminent factor leading to development processes within families.

D. Augmenting Competencies and Abilities

Throughout the lives of the individuals, irrespective of communities, categories and socio-economic backgrounds, they are required to augment competencies and abilities. These are, management, administration, controlling, organizing, planning, leading, directing, convincing, persuading, emotional intelligence, systems thinking, possessing the abilities to work under stress, putting in efforts to one's best abilities, coping with various types of problems and challenging situations in a satisfactory manner and carrying out various job duties in an efficient and well-ordered manner. These competencies and abilities are put into operation in a well-ordered and disciplined manner within personal and professional lives of the individuals. The reason being, they will be able to get engaged in different types of tasks and activities that are facilitating in leading to effective growth and development of individuals. One of the major benefits that is experienced is, the individuals will carry out their job duties and responsibilities in a less time-consuming and efficient manner. As a consequence of putting into operation the competencies and abilities, the individuals will be able to lead to development of their families. Therefore, augmenting competencies and abilities is a noteworthy factor leading to development processes within families.

E. Promoting Women Empowerment

In some of the rural households, the women and girls are being discriminated against in terms of education and employment opportunities. The main reason being, they are trained in terms of putting into operation the household responsibilities and taking care of needs and requirements of family members, hence, they are contributing efficiently in promoting well-being of their families. The individuals are in the present existence realising that girls and women can also render an important contribution in promoting community well-being.

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In this manner, they are encouraging their girls in getting enrolled in educational institutions and acquiring employment opportunities. In this manner, they are rendering an important contribution in promoting women empowerment. Furthermore, women are provided with the opportunities to make decisions on their own. In addition, they are contributing efficiently in augmenting competencies, abilities and aptitude. In this manner, they are rendering an important contribution in promoting enrichment of one's career prospects. Hence, it is well-understood, they are acquiring empowerment opportunities. As a consequence of making provision of equal rights and opportunities to girls as compared to their male counterparts, the individuals will lead to development of their families. Therefore, promoting women empowerment is a worthwhile factor leading to development processes within families.

III. MANAGING RESOURCES

The individuals, belonging to all communities, categories and socio-economic backgrounds are required to manage resources in an effective manner. The different types of resources are, financial, technical, material and information resources. The financial resources are the monetary resources. These are required to be utilized in making purchases of various items, fulfilling various types of needs and requirements and bringing about transformations in overall standards of living. Technical resources are various types of technologies, i.e. computers, lap-tops, I pads, scanners, printers, photo-copiers, audio-visual aids and so forth. Material resources are, tools, devices, machinery, apparatus and equipment. Information resources are, books, articles, reports, projects, newspapers, magazines, other reading materials and internet. Internet is regarded as one of the prominent sources that is making provision of information in terms of all subjects and concepts. Furthermore, individuals will obtain answers to all types of questions and clarify their doubts. These resources are required to be managed in a satisfactory manner in leading to development of oneself as well as family members. One of the important aspects that needs to be taken into account is, wastage is prevented. Therefore, managing resources is a notable factor leading to development processes within families.

A. Providing Infrastructure, Amenities and Facilities

It is of utmost significance to make provision of infrastructure, amenities and facilities. These are referred to power supplies, water supplies, clean drinking water, restrooms, heating and cooling equipment in accordance to the weather conditions, furniture, communication networks, technologies and internet and so forth. These need to be utilized in a satisfactory manner in order to promote enhancement of overall standards of living. As a consequence, the individuals will not only feel comfortable within home environmental conditions, but they will contribute efficiently in leading to an increase in concentration and motivation levels. The management of financial, technical, material and information resources are regarded to be of utmost significance in making provision of adequate infrastructure, amenities and facilities. As a

consequence of making provision of infrastructure, amenities and facilities, the individuals will lead to development of their families (Crowther, & Aras, 2008, [2][10]). The main reason being, they will incur the feelings of pleasure and contentment. In this manner, they will lead to increase in enthusiasm levels towards putting into operation different types of tasks and activities. Therefore, providing infrastructure, amenities and facilities is a favourable factor leading to development processes within families.

B. Developing Mutual Understanding with Family Members

Within homes, in nuclear and joint families, there are occurrences of conflicting situations and disagreements among family members. These may be experienced in a major or minor form. These need to be resolved in order to reinforce pleasantness in terms and relationships. All family members, irrespective of their age groups and genders are required to be well-versed in terms of peaceful conflict resolution methods. Furthermore, they are required to communicate with each other in an effective manner and treat others with respect and courtesy. The individuals are required to be well-versed in terms of communication ethics, i.e. making use of polite language and decent words, treating each other with respect and courtesy, maintaining eye contact, when communication takes place face to face, augmenting skills and abilities and possessing an approachable nature and an amiable attitude. As a consequence of acknowledging all these factors, mutual understanding will be developed among individuals. In this manner, all the family members will render an important contribution in leading to development. Furthermore, there will be reinforcement of cordiality and pleasantness within the home environmental conditions. Therefore, developing mutual understanding with family members is a suitable factor leading to development processes within families.

C. Creating Amiable and Pleasant Environment within Homes

All the members, irrespective of their age groups and genders are required to be well-versed in terms of methods, which are facilitating in creating an amiable and pleasant environment within homes. Some of these are, implementing effective communication processes; inculcating the traits of morality and ethics; implementing the traits of diligence, resourcefulness and conscientiousness; augmenting skills and abilities; implementing analytical and critical-thinking skills; implementing time-management skills; coping with various types of problems and challenging situations in an adequate manner; promoting a normal mind-set; generating information in terms of job duties and responsibilities; augmenting information in terms of methods and approaches and carrying out all tasks and activities in a well-ordered manner. The individuals are required to ensure, all the methods are put into operation in a positive manner. As a consequence of acknowledging all these methods, mutual understanding will be developed among individuals.

In this manner, all the family members will render an important contribution in leading to development. Furthermore, there will be reinforcement of cordiality and pleasantness within the home environmental conditions. Therefore, creating amiable and pleasant environment within homes is a useful factor leading to development processes within families.

D. Advantages of Encouraging Development Processes within Families

In all communities, throughout the country, the family members are wholeheartedly committed towards encouraging development processes within families. The development processes are regarded as the key in bringing about transformations in the overall quality of lives of individuals (Li, Amlani, & Bertels, 2014, [3]). In other words, encouraging development processes have proven to be advantageous to the individuals on a comprehensive basis. The advantages are, promoting a normal mind-set; incurring the feelings of pleasure and contentment; developing motivation and concentration levels towards job duties; utilizing pioneering methods and materials; leading to up-gradation of overall personality traits and bringing about improvements in one's overall quality of lives. These are stated as follows:

E. Promoting a Normal Mind-set

The individuals are able to promote a normal mind-set, when they are putting into operation all types of methodologies and procedures, which are facilitating in leading to development of families. It is apparently understood that individuals get overwhelmed by the psychological problems of anger, stress, anxiety, frustration and depression. These are experienced in a major or minor form. Hence, it is apparently understood, when the individuals are successful in their lives, they will incur the feelings of pleasure and contentment. As a consequence, they will render an important contribution in managing various types of psychological problems in an effective manner. Furthermore, these will be prevented from giving rise to impediments within the course of implementation of job duties and promoting enrichment. As a consequence, individuals will contribute efficiently in promoting a normal mind-set. Therefore, it is understood on a comprehensive basis that promoting a normal mind-set is regarded as one of the indispensable advantages of encouraging development processes within families.

F. Incurring the Feelings of Pleasure and Contentment

From the stage of early childhood, throughout the lives of the individuals, they need to form positive viewpoints in terms of various factors. Furthermore, they are required to form cordial and amiable terms and relationships with family and community members. One of the important aspects that needs to be taken into account is, individuals are required to be well-versed in terms of job duties and methodologies that need to be put into operation in an efficient manner. Hence, it is apparently understood, when the individuals are successful in their lives, they will incur the feelings of pleasure and contentment. As a consequence, they will render an important contribution in managing

various types of psychological problems in an effective manner. Furthermore, these need to be prevented from giving rise to impediments within the course of putting into practice various tasks. As a consequence, they will lead to effective growth and development. Therefore, it is well-understood, incurring the feelings of pleasure and contentment is one of the significant advantages of encouraging development processes within families.

G. Developing Motivation and Concentration Levels towards Job Duties

The different types of job duties and responsibilities are put into operation by the individuals within personal and professional lives. It is comprehensively understood that individuals aspire to be successful in putting into operation all types of job duties and responsibilities. For this purpose, motivation and concentration levels towards job duties and responsibilities are required to be honed. As a consequence, the mind-sets of the individuals will be stimulated towards putting into operation various tasks and activities. In this manner, they are putting into operation their methodologies in a well-organized manner. In addition, they will be able to cope with different types of problems and challenging situations in an appropriate manner. As a consequence, the individuals will be able to do well in their job duties, generate desired outcomes and meet the expectations of other individuals. Therefore, it can be stated, developing motivation and concentration levels towards job duties is an eminent advantage of encouraging development processes within families.

H. Utilizing Pioneering Methods and Materials

It is necessary for all individuals, irrespective of their occupations to be well-versed in terms of job duties and responsibilities. These are put into operation by the individuals within personal and professional lives. It is comprehensively understood that individuals aspire to be successful in putting into operation all types of job duties and responsibilities. For this purpose, they are required to be well-informed in terms of pioneering methods and materials. These are complicated as well as manageable; these are put into operation in less amount of time or can be more time-consuming and these are implemented on one's own as well as through taking help and support from others. These are graphs, charts, maps, pictures, images, tools, devices, machinery, equipment, apparatus and various types of technologies. It is necessary to acquire an efficient understanding of the concepts and getting engaged in regular practice. As a consequence, individuals will do well in their job duties, generate desired outcomes and meet the expectations of other individuals. Therefore, utilizing pioneering methods and materials is a vital advantage of encouraging development processes within families.

I. Leading to Up-gradation of overall Personality Traits

Leading to up-gradation of overall personality traits is a task, which all individuals are focused towards, irrespective of their age groups and genders.

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As a consequence of leading to development of families, the individuals are augmenting information in terms of factors, which are facilitating in leading to up-gradation of overall personality traits. These are, focusing on diet and nutrition; getting engaged in exercises and physical activities; practicing the techniques of yoga and meditation; obtaining medical check-ups on regular basis, particularly in cases of health problems and illnesses; being well-versed in terms of job duties and responsibilities; being well-equipped in terms of methodologies and procedures; putting in efforts to one's best abilities; possessing the abilities to work under stress; depicting the traits of helpfulness and co-operation and possessing an approachable nature and an amiable attitude. As a consequence of acknowledging and putting into operation all these factors, individuals will be able to promote enrichment of overall personality traits. Therefore, leading to up-gradation of overall personality traits is a crucial advantage of encouraging development processes within families.

J. Bringing about Improvements in One's overall Quality of Lives

Bringing about improvements in one's overall quality of lives is a goal, which all individuals are focused towards, irrespective of their age groups and genders. As a consequence of leading to development of families, the individuals are augmenting information in terms of factors, which are facilitating in achievement of this goal, i.e. making wise and productive decisions; being well-versed in terms of job duties and responsibilities; being well-equipped in terms of methodologies and procedures; utilizing modern, scientific and innovative methods and materials; taking out sufficient amount of time for all tasks and activities; putting in efforts to one's best abilities; possessing the abilities to work under stress; forming an effective social circle; augmenting skills and abilities and promoting good health and well-being, physically and psychologically. As a consequence of acknowledging and putting into operation all these factors, individuals will be able to prepare themselves adequately in achievement of this goal. Therefore, bringing about improvements in one's overall quality of lives is a prominent advantage of encouraging development processes within families.

IV. CONCLUSION

In all communities, throughout the country, it is necessary to understand types of and development processes within families. Factors leading to development processes within families are, acquiring education, getting engaged in employment opportunities, promoting enhancement of career prospects, transferring to other places, augmenting competencies and abilities, promoting women empowerment, managing resources, providing infrastructure, amenities and facilities, developing mutual understanding with family members and creating amiable and pleasant environment within homes. Advantages of encouraging development processes within families are, promoting a normal mind-set; incurring the feelings of pleasure and contentment; developing motivation and concentration levels towards job duties; utilizing pioneering methods and materials; leading to up-gradation of overall personality traits and bringing about improvements in one's

overall quality of lives. Finally, it can be stated, understanding types and development processes within families will provide clear understanding of families.

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