Title: A Systematic Evidence Map Protocol of Time Activity Data in Exposure Science

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#### Abstract

Time Activity Data (TAD) describe the frequency, duration, and timing of human activities. Given that activity dictates the rate of contact a person has with an environmental hazard, activity data can be used to derive rigorous estimates of exposure. TAD have been used to support exposure estimation in a variety of contexts, though there has been no systematic characterization of the use of this approach in exposure science and environmental epidemiology. Here, we propose a protocol in pursuit of characterizing the body of peer-reviewed literature using TAD in the estimation of exposure to chemical, biological, and physical hazards in the form of an evidence map. This protocol details the proposed search strategy and plan for data extraction including study population demographics, methods of TAD collection, and study participant activities. Reflexive journaling, codebook development, and descriptive statistics will be conducted to analyze the data collected as part of this evidence map.

### **Key Words**

Time Activity Data, Activity Diary, Microenvironment, Exposure Science, Systematic Evidence Map

#### Introduction

The proposed protocol aims to support the development of an evidence map that describes the body of literature involving the use of time activity data (TAD) in the estimation of exposure to environmental hazards. Human behavior and activities are not uniform across persons and lend themselves to different rates of contact with a hazard. Thus, assuming behavioral patterns at the population level may result in meaningful exposure misclassification. This misclassification can lead to a reduced ability to detect and understand the relationships between exposures and hazards when such associations exist. A more rigorous exposure estimation may be possible when combining TAD with quantitative measurements of environmental hazards. TAD comprise information about the frequency, duration, and timing of human activities. These data can support the precise, individual-level estimation of exposure to environmental hazards. In our systematic evidence map, we seek to document and characterize how TAD is used in exposure science, while examining how this usage varies across biological, chemical, and physical hazards.

# **Materials and Methods**

#### Search Strategy

We will search the National Institutes of Health's PubMed and Elsevier's Scopus databases. PubMed was chosen for this review because it is considered a premier search engine for biomedical and health science research. Scopus was selected because of its broad coverage of non-biomedical literature, including the social sciences. The proposed search strategies for PubMed and Scopus are shown in Supplementary Methods I. No gray literature or trial registers will be considered as part of this review. The search will be conducted on or about September 15, 2023, and all papers published in 1980 or later will be eligible for review. A repeat search will be conducted in February 2024 to identify any additional studies worthy of inclusion published since the original search date.

#### Dataset Refinement

Once the search strategy is implemented, de-duplication of the resulting studies will be performed using the systematic review software Covidence. After de-duplication, two screeners will conduct this review to increase the number of potentially relevant studies identified and to minimize bias.

In Title/Abstract screening, we will assess each study's title and abstract to determine if the study appears to collect TAD and estimates an environmental exposure. Studies that do not fulfill these requirements will be excluded while the rest will undergo full-text screening. During full-text screening, studies adhering to the Population, Exposure, Comparator, and Outcome(s) (PECO) criteria will be retained while those that do not will be removed.

Given that the aim of this research is to provide an overview of the literature on TAD, the *Population* in this review will include all individuals in the general human population. Time activity data (TAD) will be treated as the *Exposure*, meaning that an included study must have collected TAD that can be used to estimate an environmental exposure. The third component of the PECO, *Comparator*, will be omitted since all studies collected will include TAD for the purpose of exposure estimation. The *Outcome* will be the estimation of exposure to environmental hazards modeled using TAD. Additionally, studies must be written in English and published in a peer-reviewed journal in order to be included.

If there is any disagreement between screeners on whether an article adheres to the established PECO criteria, they will engage in a discussion to determine if the article will be included in the final dataset. In the event that they cannot reach a consensus, another screener will review the article and help them reach a decision. The remaining studies will then be sorted into three categories based on the type of environmental hazard (chemical, biological, or physical), and if a paper does not address a specific environmental hazard, it will be placed into a separate category for papers that discuss methods of TAD collection.

Environmental hazards include chemical, biological, and physical agents which can harm human health. For the purpose of this research, a chemical hazard will be defined as a chemical agent that adversely impacts health through toxicological mechanisms. A biological hazard will be defined as an agent that causes infection or disease (note: studies of exposures to toxins produced by biological organisms will be considered biological hazards). Physical hazards will include non-chemical and non-biological agents such as extreme temperatures, radiation, noise, and light.

# Data Extraction

Article information such as the article title; first author's name and primary affiliation; year of publication; journal name; funding source; and author-supplied keywords will be recorded. Next, it will be noted whether or not the study pertains to an occupational population. If the study is occupational, the

industry and company name (if available) will be extracted. If not, this field will be left blank. The type of environmental hazard studied in each article will be documented (e.g. biological, chemical, or physical). The specific hazard studied (e.g. *E. coli*, benzene, light) will be recorded separately. For biological and chemical studies, the medium/media of exposure and route(s) of exposure will also be documented.

Then, we will collect information on the study participants' demographics when available. We will note whether the population age, sex, or ethnic breakdown were provided in the study. Study population ages will be noted down as presented in the study and may be categorized into age-specific groups in the data synthesis step. If the study contains data on the population's sex, we will note the proportion of male study participants, female study participants, and intersex participants. If the study contains data on the population's ethnicities, we will record the proportion of each ethnic group represented in the study. The study size and the country in which the study took place will be extracted. If available, the state/province or city will also be noted.

We will also note how participants were recruited (e.g. random digit dialing, email chain, etc.) and a brief summary of their relationship to the study authors (e.g. personal network, general public, etc.). The method of TAD collection, the frequency of TAD collection, the duration over which TAD were collected, and the study length will be extracted from each study. The study length describes the time period over which the study was conducted (usually multiple months) while the duration refers to a subset of that time period in which TAD were collected. In some cases, the study length and duration may be the same. Both of these variables will be collected as text entries and will be standardized into codes during data synthesis.

Many studies that collect TAD also collect information on participant *microenvironment*, which is defined as the location where the exposure takes place that is characterized as having a homogeneous concentration of a hazard (Zartarian et al. 2005). Whether a study collects specific microenvironments and specifies what activities participants engaged in will be noted. If this information is collected, the specific microenvironments and activities will be listed. Finally, a key component of this research is to understand how exposure scientists operationalize TAD. Therefore, the specific terms used in the study to describe data that contain information on the timing, duration, and frequency of human activities will be listed (e.g. "time activity data," "time activity diary," "activity log," etc.). An example of the data extraction form can be found in Supplementary Methods II.

All data will be recorded and inputted into a table in Google Sheets. Two screeners will conduct both Title/Abstract and full-text screening. One person will extract data from biological hazard studies and one person will extract data from physical hazard studies. Both screeners will extract data from chemical hazard studies. Both screeners will also randomly select 10% of each other's biological or physical hazard studies to ensure consistent and reproducible extractions.

# Data Synthesis

# Codebook Creation

We have constructed a codebook *a priori* that will be used to categorize the extracted data. As data is collected, the codebook will be updated iteratively by creating and assigning new codes for improved analysis. Each code in the codebook will have a specific, objective definition to ensure that the coding process is reproducible. In situations where it is unclear what code to assign to a study, the data will be noted as presented in the study, and definitions of existing codes will be revised or new codes will be created. Supplementary Methods III depicts an example of our codebook.

#### **Reflexive Journaling**

Reflexive journaling will be done weekly to document any themes or patterns observed in the data throughout the process of developing the codebook, identifying code choices, and noting unanswered questions. The iterative process of reflexive journaling can inform the creation of categories within the codebook, ensuring that the codebook is highly specific and represents the dataset well. Reflexive journaling allows scientists to reflect on their research approach; challenge their personal assumptions; and identify how their thoughts, actions, and decisions shape their perspectives (Saldaña, 2009). This process will ensure that the codebook remains dynamic as the data analysis progresses.

#### Statistical Analysis

Once we extract data from all articles in the review, we will count the number of articles that contain specific codes. We will then use Google Sheets to analyze these counts which can allow for descriptive statistics. Tables 1 and 2, respectively, depict the type of qualitative and quantitative data that will be recorded. We anticipate that most data will be qualitative with the exception of the following: duration of TAD collection in each study; proportions of sexes and ethnicities among study populations; year of

publication; the study population size; and the length of the study. Most qualitative data will be nominal such as the name of the chemical hazard studied, the microenvironments mentioned in the study, and the terms used to describe data that contain time and activity information.

We will use relative frequency distributions to help us identify themes and patterns within our data. For most data, measures of central tendency will include the mode or values that occur most frequently within a dataset (e.g. the most common physical hazard studied). Variability measures will likely be limited to the year of publication, the duration of data collection, and the study population size. For example, the range of studies published across all years of publication will be noted.

Nominal		
Dichotomous	Polytomous	Ordinal
<ul> <li>If population is recorded (Y/N): <ul> <li>Age</li> <li>Sex</li> <li>Ethnicity</li> </ul> </li> <li>If the study (Y/N): <ul> <li>Has an occupational population</li> <li>Specifies participant microenvironments</li> <li>Specifies participants' activities</li> </ul> </li> </ul>	<ul> <li>Article title</li> <li>First author name and affiliation type</li> <li>Journal of publication</li> <li>Name &amp; type of funding source</li> <li>Keywords provided by journal</li> <li>Industry (for occupational studies)</li> <li>Type of environmental hazard</li> <li>Name of biological/chemical/physical hazard</li> <li>Media of exposure</li> <li>Route of exposure</li> <li>Method of recruitment</li> <li>Author relationship to recruited participants</li> <li>Country, state/province/city of study origin</li> <li>Method of TAD collection</li> <li>Microenvironments</li> <li>Activities</li> <li>TAD terms used in study</li> </ul>	• Frequency of TAD collection

# Table 1. Anticipated Qualitative Data.

Table 2. Anticipated Quantitative Data.

Continuous	Discrete
<ul> <li>Duration of TAD collection</li> <li>Proportions of within study populations:         <ul> <li>Sexes</li> <li>Ethnicities</li> </ul> </li> </ul>	<ul> <li>Publication year</li> <li>Study population size</li> <li>Length of study</li> </ul>

# Discussion

This protocol is the foundation for an evidence map of how TAD have been used to estimate exposure to chemical, biological, and physical hazards. Anticipated challenges of this work include a potentially limited search strategy that does not capture the full range of studies using TAD given that there is no universally accepted term or definition for this type of data. Data analysis may also prove difficult since there are no established practices for collecting TAD. The method of TAD collection will vary between studies, which may make the coding process challenging.

Outside of exposure science, information that contains the timing, duration, and frequency of human activity has also been collected in the field of economics to estimate worker productivity. However, these studies will not be included in this systematic assessment since the data collected is not used to estimate exposure to environmental hazards. No studies outside of the field of environmental health science will be included in this review.

#### Abbreviations

N: no PECO: population, exposure, comparator, and outcome(s) criteria TAD: time activity data Y: yes

# Dictionary

Activity - the actions carried out by humans

*Biological hazards* - hazards that cause harm to human health by causing infection or disease; include toxins, bacteria, viruses, parasites, prions, and fungi.

Chemical hazards - substances that adversely impact health through toxicological mechanisms

*Environmental hazards* - natural or man-made hazards that cause adverse health events. Broken up into three categories: biological hazards, chemical hazards, and physical hazards.

*Microenvironment* - the location where the exposure takes place that is characterized as having a homogenous concentration of a hazard (Zartarian et al., 2005).

*Physical hazards* - non-chemical and non-biological agents that create harmful conditions for human health including extreme temperatures, radiation, noise, and light.

*Risk* - characterized based on the dose of a hazard, the magnitude of exposure to the hazard, and what health outcomes can result from the exposure (US EPA, 2013)

*Time activity data* - data that includes information on human activities and the frequency, duration, and timing of when these activities occur

# **CRediT Statement**

Elizabeth Chatpar: Methodology, Writing - Original Draft, Writing - Review & Editing, Visualization. Iman Habib: Methodology, Writing - Original Draft, Writing - Review & Editing, Visualization. Keeve Nachman: Conceptualization, Methodology, Writing - Review & Editing, Supervision, Project Administration, Funding Acquisition. Sara Lupolt: Conceptualization, Methodology, Writing - Review & Editing, Supervision, Project Administration, Funding Acquisition.

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### **Declaration of Interests**

The authors do not declare any conflicts of interest in regard to the authorship, research, and/or publication of this protocol.

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## **Supplementary Information**

# Supplementary Methods I

#### Proposed Search Strategy for PubMed

(("activity budget\*"[tw] OR "activity diar\*"[tw] OR "activity pattern\*"[tw] OR "activity log\*"[tw] OR "microactivity data"[tw] OR "microenvironment activit\*"[tw] OR "microenvironmental activit\*"[tw] OR "microenvironment model\*"[tw] OR "microenvironmental model\*"[tw] OR "microlevel activity time series"[tw] OR "time activit\*"[tw] OR "task activit\*"[tw] OR "activity categor\*"[tw] OR "indoor activit\*"[tw] OR "outdoor activit\*"[tw] OR "daily activit\*"[tw] OR "leisure activit\*"[tw] OR "target activit\*"[tw] OR "targeted activit\*"[tw] OR "activity factor\*"[tw])

AND ("Environmental Exposure" [Mesh] OR "expos\*" [tw] OR "transmi\*")

AND ("Time"[Mesh:NoExp] OR "time\*"[tw] OR "duration\*" OR "frequenc\*" OR "season\*"[tw]))

Results: 3,232 articles

#### Proposed Search Strategy for Scopus

TITLE-ABS-KEY (("activity budget\*" OR "activity diar\*" OR "activity pattern\*" OR "activity log\*" OR "microactivity data" OR "microenvironment activit\*" OR "microenvironmental activit\*" OR "microenvironment model\*" OR "microenvironmental model\*" OR "microlevel activity time series" OR "time activit\*" OR "task activit\*" OR "activity categor\*" OR "indoor activit\*" OR "outdoor activit\*" OR "daily activit\*" OR "leisure activit\*" OR "target activit\*" OR "targeted activit\*") AND ("expos\*" OR "transmi\*") AND ("time\*" OR "duration\*" OR "frequenc\*" OR "season\*")) AND NOT INDEX (medline )

Results: 2,148 articles

# Supplementary Methods II: Data Extraction Form

Explanation of abbreviations are listed under "Abbreviations".

General Article Information			
Article title:			
First author:			
First author's primary affiliation:			
Year of publication:			
Journal:			
Funding sou	rce:		
Keywords:	Keywords:		
Occupationa	l study (Y/N):		
If Y	, industry:		
Hazard Information			
Study type:			
Study type: If biological	:		
Study type: If biological Bio	: logical hazard type:		
Study type: If biological Bio Spe	: logical hazard type: cific biological hazard:		
Study type: If biological Bio Spe Me	: logical hazard type: cific biological hazard: dium of exposure:		
Study type: If biological Bio Spe Me Rou	: logical hazard type: cific biological hazard: dium of exposure: ite of exposure:		
Study type: If biological Bio Spe Me Rou If chemical:	: logical hazard type: cific biological hazard: dium of exposure: ite of exposure:		
Study type: If biological Bio Spe Me Rou If chemical: Che	: logical hazard type: cific biological hazard: dium of exposure: nte of exposure: emical name:		
Study type: If biological Bio Spe Me Rou If chemical: Che Me	: logical hazard type: cific biological hazard: dium of exposure: nte of exposure: emical name: dium of exposure:		
Study type: If biological Bio Spe Me Rou If chemical: Che Rou	: logical hazard type: cific biological hazard: dium of exposure: ite of exposure: emical name: dium of exposure: ite of exposure:		
Study type: If biological Bio Spe Me Rou If chemical: Che Rou If physical:	: logical hazard type: cific biological hazard: dium of exposure: ite of exposure: emical name: dium of exposure: ite of exposure:		
Study type: If biological Bio Spe Me Rou If chemical: Che Rou If physical: Phy	: logical hazard type: ceific biological hazard: dium of exposure: ate of exposure: emical name: dium of exposure: ate of exposure:		

# Population Demographics

Includes population age demographics? (Y/N):

Includes population sex demographics? (Y/N):

If yes, P(M): P(F): P(I):

Includes population ethnicity demographics? (Y/N):

If yes, P(AA): P(AS): P(HL): P(NA): P(PI): P(WH):

# **Study Design**

Study size:

Country in which study takes place:

State/Province/City (if available):

Recruitment strategy:

Relationship of authors to recruited participants:

Study length:

Methods

Method of TAD collection:

Duration of TAD collection:

Frequency of TAD collection:

Supplementary Methods II: Data Extraction Form (continued)

TAD Information
Includes information on participant microenvironments? (Y/N):
If yes, list all microenvironments included in the study:
Includes information on participant activity? (Y/N):
If yes, list all activities included in the study:
Terms used to describe TAD:

# Supplementary Methods III

# Table S1. Code Breakdown

Data Category	Data Collected	
Article Information	The first author's primary affiliation type will be categorized according to the list below. A new code will be created and assigned to a study if it cannot be categorized with the existing codes below.	
	First Author Affiliation Type	Code
	Government	GOV
	Academic	АСА
	Private foundation	FOU
	Industry	IND
	The funding source will also be categorized multiple sources fund the study, all sources code will be created and assigned to a study existing codes below.	d, according to the list below. If will be categorized and listed. A new y if it cannot be categorized with the
	Funding Source Type	Code
	Government	GOV
	Academic	ACA
	Private foundation	FOU
	Industry	IND

Study Type	Studies will be coded based on whether an occupational exposure is being measured.	
	Y/N	Code
	Yes Study participants were all part of the same workplace (e.g. healthcare workers).	Y
	No Study participants were not classified according to workplace (e.g. participants living in a specific zip code).	Ν
	Studies will be characterized based on the measured.	e type of environmental hazard
	Hazard Type	Code
	Hazard Type Biological Hazard Agents that cause harm to human health by causing infection or disease; include toxins, bacteria, viruses, parasites, prions, and fungi. Proceed to Letter A for additional data collected.	Code BIO

	Physical Hazard Non-chemical and non-biological agents that create harmful conditions for human health including extreme temperatures, radiation, noise, and light. Proceed to Letter C for additional data collected. Methods The study contains information on TAD in general but does not estimate exposure to a specific hazard	PHY MET
A. Hazard Specifics - Biological	Each biological hazard study will be cha will be assigned the appropriate code.	racterized according to its category and
	Biological Hazard Category	Code
	Bacteria	BA
	Fungi	FN
	Parasites	РА
	Prions	PR
	Toxins	ТХ
	Viruses	VI
	The study will also be coded according t studied. If participants are exposed throu be recorded, each separated by a comma assigned to a study if it cannot be catego	o the medium of biological exposure gh multiple media, multiple codes will . A new code will be created and rized with the existing codes below.

	Medium	Code	
	Air	А	
	Dust	D	
	Food	F	
	Soil	S	
	Water	W	
	Not Specified	NS	
	Finally, the study will be coded according to the biological route of exposure studied. If participants are exposed through multiple routes, multiple codes will be recorded, each separated by a comma. A new code will be created and assigned to a study if it cannot be categorized with the existing codes below.		
	Route Code		
	Dermal	DE	
	Ingestion	IG	
	Inhalation	IH	
	Not Specified	NS	
B. Hazard Specifics - Chemical	The study will be coded according to the medium of chemical exposure studied. If participants are exposed through multiple media, multiple codes will be recorded, each separated by a comma. A new code will be created and assigned to a study if it cannot be categorized with the existing codes below.		
	Medium	Code	
	Air	А	

Dust	D
Food	F
Soil	S
Water	W
Not specified	NS
The study will be coded according to the chemical route of exposure studied. If participants are exposed through multiple routes, multiple codes will be recorded, each separated by a comma. A new code will be created and assigned to a study if it cannot be categorized with the existing codes below.	
Route	Code
Dermal	DE
Ingestion	IG
Inhalation	IH
Not Specified	NS
Hazard	Code
Extreme heat Temperatures that can cause adver- health effects such as heat stress or heat stroke (typically above 90°F) (What Is Extreme Heat?, n.d.).	se XH
	Dust         Food         Soil         Water         Not specified         The study will be coded according to participants are exposed through murecorded, each separated by a comment or a study if it cannot be categorized         Route         Dermal         Ingestion         Inhalation         Not Specified         Hazard         Extreme heat         Temperatures that can cause advershealth effects such as heat stress or heat stroke (typically above 90°F) (What Is Extreme Heat?, n.d.).

	Extreme cold Temperatures that can cause adverse health effects such as frostbite or hypothermia (typically below 32°F) ((National Weather Service, 2022).	XC
	Ionizing radiation Radiation that removes electrons from atoms or molecules (CDC, 2021).	IR
	Non-ionizing radiation Radiation that does not remove electrons from atoms or molecules (CDC, 2019a).	NI
	Light Any study that assesses artificial lighting as an exposure.	LI
	Noise Persistent sound that exceeds 70 decibels over a 24-hour period or 85 decibels over a 1-hour period (CDC, 2019b).	NO
	Routes and media will not be recorded for	or physical hazards.
Population Demographics	Studies will be coded based on whether or not they provide information regarding the study population's age breakdown.	
	Y/N Yes	Code Y
	Study includes data on study population's age	

	No Study does not include data on study population's age Studies will be coded based on whether regarding the study population's sex brea	N or not they provide information akdown.
	Y/N	Code
	Yes Study includes data on study population's sex	Y
	No Study does not include data on study population's sex	Ν
	Studies will be coded based on whether regarding the study population's ethnic b	or not they provide information preakdown.
	Y/N	Code
	Yes Study includes data on study population's ethnicity	Y
	No Study does not include data on study population's ethnicity	Ν
<b>Recruitment Strategy</b> <i>The method used to recruit</i> <i>study participants</i>	If multiple methods of recruitment are u each separated by a comma. A new code if it cannot be categorized with the exist	sed, multiple codes will be recorded, e will be created and assigned to a study ing codes below.

Method of Recruitment	Code
Participants recruited via email	EMA
Participants recruited via phone (not random digit dialing)	PHN
Participants recruited via random digit dialing	RDD
Not specified by study	NS

The following codes will be used to describe the relationship between the study authors and the study participants. If multiple types of participants are recruited, multiple codes will be recorded, each separated by a comma. A new code will be created and assigned to a study if it cannot be categorized with the existing codes below.

	Participants	Code
	Personal network (e.g. the study author personally recruits people they know such as colleagues, friends, or family, etc.)	NET
	Via an institution (e.g. the study author recruits individuals from a specific institution such as a university, school, etc.)	INS
	General public (e.g. the study authors recruit individuals that live in a certain county)	PUB
	Not specified by study	NS
Methods of TAD Collection	For each study, the methods of TAD coll	ection will be noted. If multiple methods

	of collection are used, multiple codes will be recorded, each separated by a comma. A new code will be created and assigned to a study if it cannot be categorized with the existing codes below.		
	Method(s) of Collection		Code
	Activity Diary Data were obtained from participants' individual diaries detailing personal activities Interview Data were collected from participants through in-person or on-the-phone questioning about daily time activities. Observation Data were collected by observing study participants' activities.		DIA
			INT
			OBS
	Survey/ Questionnaire Data were collected by issuing surveys or questionnaires that asked about individual activities.		SQU
	Videography Data were collected by noting down activities from videos of participants' daily activities.		VID
Frequency of TAD Collection	Studies will be coded based on how frequently TAD was collected. A new code will be created and assigned to a study if it cannot be categorized with the existing codes below.		
	Frequency	Code	
	Constantly Data collected at all times (e.g. data collected from a personal cellular device)	CON	
	Minutely	MIN	

	Data collected every minute (e.g. a computer detects the frequencies of hand-to-mouth actions from video)	
	Hourly Data collected on an hourly basis (e.g. a phone survey is sent to a study participant every hour)	HOU
	Daily Data is collected every day (e.g. participants complete a time activity diary at the end of the day)	DAY
	Weekly Data is collected every week. (e.g. participants are interviewed once a week about their activities)	WEE
Microenvironment The location where the exposure takes place that is characterized as having a homogenous concentration of a hazard (Zartarian et al., 2005).	Studies will be coded on whether they co or not.	ollected microenvironmental information
	Y/N	Code
	Yes Study includes information on microenvironment	Y
	No Study does not include information on microenvironment	Ν
	If microenvironments are studied, the sp For studies that include multiple microen each separated by a comma. A new code	ecific microenvironments will be noted. nvironments, all codes will be included, e will be created and assigned to a study

	if it cannot be categorized with the existing codes below.		
	Microenvironment	Code	
	Kitchen	KIT	
	Bedroom	BED	
	Bathroom	BAT	
	Living space (not bedroom)	LIV	
	Outdoors away from home	AWA	
	Outdoors at home	OUT	
	Hospital	HOS	
Activities	Studies will be coded on whether they c participants engaged in.	ollected information on specific ad	ctivities
	Yes Study includes information on participant activity	Y	
	No Study does not include information on participant activity	Ν	
	Each novel activity will be given a 4-letter code. For studies that collect data on multiple activities, codes for each activity will be recorded and separated by commas. An example activity entry is presented below.		

Activity	Code
Farming <i>Cultivation or production of food</i> <i>crops or other agricultural products</i> <i>(Lupolt et al., 2023)</i>	FARM