

## Multiple Myeloma and its role in immunosuppression

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### Abstract

Multiple Myeloma (MM) is a plasma cell malignancy characterized by immunosuppression and increase of susceptibility to several infections, which considerably decreases the survival rate of patients. The immunosuppression of anti-tumor protective responses is a common characteristic to a variety of neoplasias, and it involves the immune responses subversion, especially those elicited by dendritic cells (DCs). The development of an immunosuppressive niche by the tumor is suggested to represent an important mean to induce DCs differentiation towards a tolerogenic profile. Tolerogenic DCs are known to induce CD8<sup>+</sup> regulatory T cells, a subset of CD8<sup>+</sup> T cells which has recently received more attention since its original discovery decades ago. These events started to be unveiled and may act as a key mechanism responsible for the impaired immune functions seen in MM. In this editorial, we focus on the compromised anti-tumor immune responses against MM on the basis of DCs activity modulation and their role in CD8<sup>+</sup> Treg induction.

#### Keywords

Multiple Myeloma, Dendritic cells, CD8<sup>+</sup> Treg cells

Multiple Myeloma (MM) is a B-cell malignancy characterized by the clonal expansion of plasma cells in the bone marrow (BM). It evolves from a premalignant and asymptomatic condition known as monoclonal gammopathy of undetermined significance (MGUS) [1]. Main clinical manifestations found in MM patients include hypercalcemia, osteolytic lesions, renal dysfunction, peripheral neuropathy and hyperviscosity, a condition caused by the increase of blood viscosity due to the excess of M protein (antibody or part of it found at high concentrations of urine and/ or blood of patients with plasma cell tumors) [2]. Cell-to-cell contact and soluble factors provided by bone marrow stromal cells (BMSCs) are essential to proliferation and survival of malignant plasma cells, playing a vital role in the pathogenesis of the disease [3,4]. Immune dysfunction is a striking characteristic of MM, that, besides promoting tumor growth, can lead to infections representing the main cause of morbidity and mortality among MM patients [5,6]. Here, we briefly discuss some immunological aspects through which MM cells could subvert the anti-tumor responses.

The effects of MM modulation over the BM microenvironment can also target host immune effectors. Malignant plasma cells released cytokines and growth factors in BM, altering and leading an impairment of the cell differentiation from hematopoietic stem and progenitor cells [7]. Common myeloid progenitor cells (CMPs) and Common lymphoid progenitor cells (CLPs) are affected by malignant B-cell BM infiltration [7],

correlating this effect with the immune dysfunction presented by MM patients.

DCs are the most important antigen-presenting-cells. They are responsible for capturing and presenting antigens on major histocompatibility complex (MHC) molecules to naïve T cells, efficiently initiating adaptative immune responses [8]. DCs are heterogeneous cell group and they are subdivided in two main groups: conventional and plasmacytoid DCs. The conventional DCs are derived from CMP, directly, or differentiate from a monocyte precursor [9]. Moreover, CLPs produced only a few conventional DCs and plasmacytoid DCs [10]. Based on their activation state, DCs may exhibit an immature (iDCs) or a mature phenotype (mDCs). iDCs show high phagocytic activity and express low levels of costimulatory molecules, such as CD80 and CD86, with consequent reduced ability to present antigens. These cells are known to induce tolerance in terms of T-cell anergy or depletion and by induction of regulatory T cells (Treg) [11,12]. Conversely, some studies point out a role of mDCs in T-cell anergy induction [13]. The upregulation of HLA-DR and the costimulatory molecules are critical steps for the maturation process into mDCs.

DCs play a key role in cancer immunity through their exceptional capacity to initiate T cell responses. Nevertheless, tumors can manipulate other resident cells types in the tumor microenvironment, including DCs, in order to support their metastasis and evasion from immune surveillance [14]. Kukreja *et al.* demonstrated that human MM cells lines cultured with DCs show an enhancement of clonogenicity [15]. Besides, the BM microenvironment in MM

is enriched with a multitude of cytokines such as interleukin-6 (IL-6), interleukin-10 (IL-10) tumor-necrosis factor-alpha (TNF- $\alpha$ ), transforming growth factor-beta (TGF- $\beta$ ), and vascular endothelial growth factor (VEGF), some of them induce an impairment of DCs differentiation and maturation [16,17]. Hayashi *et al.* demonstrated that serum derived from the bone marrow of MM patients inhibits DC generation; and that anti-VEGF and anti-IL-6 antibodies block this inhibitory effect. In addition, DCs loaded with tumor lysates from MM cells show lower phenotypic maturation and abnormal T cell stimulatory ability [18]. Furthermore, the development of an immunosuppressive niche by the tumor is suggested to represent an important mechanism to stimulate DC differentiation towards a tolerogenic profile. Characteristically, cytokines such as IL-10 and TGF- $\beta$  are known to induce tolerogenic DCs *in vitro*. A hallmark of tolerogenic DCs is their ability to induce Treg cells; not only the classical CD4<sup>+</sup>CD25<sup>+</sup>FoxP3<sup>+</sup> phenotype, but also the not fully characterized CD8<sup>+</sup> regulatory T cells (CD8<sup>+</sup> Treg) [19]. Fiore *et al.* (2005) demonstrated that DCs stimulated with necrotic primary myeloma cells presented lower capacity to activate autologous T cells. T cells elicited by DCs, previously, stimulated by necrotic primary myeloma cells showed reduced proliferation and IFN- $\gamma$ , but release higher levels of IL-10. These results suggested that T cells activated by DCs, previously, stimulated by necrotic primary myeloma cells, exhibit a different phenotype [20]. In 2006, Banerjee *et al.* that DCs derived of peripheral blood monocytes obtained from MM patients induced an expansion of CD4<sup>+</sup>FoxP3<sup>+</sup> *in vitro* and *in vivo* [21].

Similar to their CD4<sup>+</sup> counterpart CD8<sup>+</sup> Treg either originate from thymus or arise in the periphery under certain conditions [22]. In further analogy to CD4<sup>+</sup> Treg several subpopulations, such as CD8<sup>+</sup>CD122<sup>+</sup> Treg and CD8<sup>+</sup>CXCR3<sup>+</sup> Treg [23,24,25], and a large number of suppressive mechanisms, including release of IL-10, induction of anergy and contact dependent mechanism, have been described [26]. Whereas the role of CD4<sup>+</sup> Treg in cancer has been widely studied, little is known about CD8<sup>+</sup> Treg and their role in immune responses against tumors, especially in MM. Recently, Raja *et al.* described an increase in the functionally suppressive CD8<sup>+</sup> T lymphocytes (CD8<sup>+</sup>CD25<sup>hi</sup>) in newly-diagnosed MM patients. Importantly, the expression of FoxP3 in these cells was also enhanced. This cellular subpopulation is believed to contribute for immune dysfunction seen in MM [27]. Also, these cells could have their function altered by the tumor microenvironment since under non-inflammatory conditions murine osteoclasts induce FoxP3<sup>+</sup>CD8<sup>+</sup> T-cells able to suppress bone resorption [28]. Hence, further analysis in this sense need to be done, since stimulation of osteoclastogenesis and inhibition of osteoblastogenesis is a remarkable characteristic in MM, leading to osteolytic lesions.

At the present, there are still several aspects to be elucidated about cellular and molecular bases of the immune modulation during anti-MM responses. However, an important event concerning these responses is that tumor microenvironment dampens the host immune control, mainly affecting the normal DCs functions and differentiation. The strict knowledge of the roles that govern these inadequate functions and their consequences, especially about how defectives DCs interact with T cells, is essential to set up the basis for generation of new immunotherapies, designed to improve the efficiency of the responses against MM.

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