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Poster presentation

Tuina in Dogs.

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Abstract: The Tuina technique is a therapeutic approach that involves stimulating acupoints, muscles, and fascia to enhance and restore the circulation of Qi and Xue. By aligning and restoring normal anatomical relationships among bones, muscles, ligaments, and tendons, Tuina promotes pain relief and improved bodily function. While further research is necessary to substantiate the benefits of animal Tuina, there is a growing body of evidence supporting its effectiveness. A study published in the Journal of Animal Science and Technology in 2020 investigated the efficacy of Tuina in the recovery of dogs with intervertebral disc syndrome, demonstrating significant improvement compared to conventional treatment. Additionally, a study published in the Journal of Veterinary Medical Science in 2019 evaluated the effectiveness of Tuina in enhancing joint function in dogs with osteoarthritis, resulting in noteworthy improvements in mobility and joint functionality

Keywords: Tuina, Dogs, Pain, Acupoints, Chronic diseases.

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