



A Comparative Study of Fracture And Dislocation Injuries Among Football And Hockey Players.

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Abstract

The purpose of the study was to find out and compare the sports Injuries in Football and Hockey Players of different college in R.T.M. Nagpur University, Nagpur. The study was delimited to 50 inter collegiate male players of different college of R.T.M. Nagpur University and their age group were 18 – 20 years. For collection of the data structured questionnaire was used the study was delimited to only Fracture and Dislocation injuries in this group. Data results shows Hockey players have greater chances of fracture injuries while Football players have greater chances of dislocation.

Introduction

There are various injuries occurred to the players during training or competition but it has been observed that fractures and dislocations are the more common injuries in

Hockey & Football players as concern to other sports due to more required Endurance & performing more strenuous activities in these sport.

Methodology

Table No. 3

Showing the Percentage difference of Fracture in Hockey and Football Player

Sr. No.	Player	Fracture	
		No. of injured Player	Percentage
1.	Hockey	3	12.00%
2.	Football	2	8.00%

From Table No. 3 it is clear that the Hockey player is suffering from Fracture – 12.00% and Football Player – 8.00%. Fracture injury of Hockey player is more than the Football players.

Graph No. 3

Showing the Percentage difference of Fracture in Hockey and Football Player

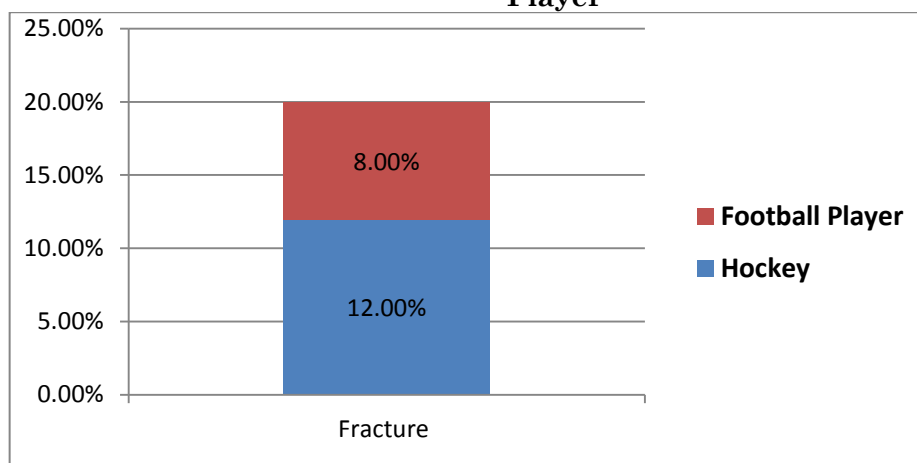


Table No. 4

Showing the Percentage difference of Dislocation in Hockey and Football Player

Sr. No.	Player	Dislocation	
		No. of injured Player	Percentage
3.	Football	5	20.00%
4.	Hockey	4	16.00%

From Table No. 4 it is clear that the football player is suffering from Dislocation – 20.00% and Hockey player – 16.00% Dislocation injury of Wrestling player are more than the Football Players.

Graph No. 4

Showing the Percentage difference of Dislocation in Hockey and Football Player



Conclusion

Studies results shows that Hockey players are more prone to Fracture injuries in comparison with Football players at inter college level.

Study also reveals that Football players are more prone to Dislocation injuries in comparison with Football players.

References

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