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Research Article

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ABSTRACT

The levels of some heavy metals and total hydrocarbon (THC) in the tissues of periwinkle (*Tympanotonus fuscatus*) from Qua Iboe River, Ibeno area in Akwa Ibom State were investigated. Three hundred samples of periwinkles were collected for a period of three months from two stations (Mkpanak-control and Itak Abasi-downstream) in the intertidal region of the River and were analyzed using Atomic Absorption Spectrophotometry for the determination of heavy metals and Soxhlet extraction gravimetric method was used in determination of total hydrocarbon. The mean levels of total hydrocarbon varied from 0.004-0.050 mg/g and the mean level of heavy metals also varied: Cadmium (Cd), 0.043-0.53mg/g, Copper (Cu), 0.02-0.027mg/g, lead (Pb), 0.060-0.067mg/g, Mercury (Hg), 0.020-0.033mg/g, Nickel (Ni), 0.03-0.04mg/g in all the stations. The levels of heavy metals and total hydrocarbon during the study period in all stations across the months did not show significant difference ($p > 0.05$). This was attributed to the fact that, they were less industrial activities and close proximity of the stations to the major road where emissions from automobiles are abounded which is purely a residential area. These studies demonstrate that, the evidence of bioaccumulations of heavy metals and total hydrocarbons were below the recommended tolerable levels when compared to that of Federal Ministry of Environment. This implies that periwinkles from Qua Iboe River, Ibeno are safer now than before as a food source for consumers who delight in this delicacy. However, constant monitoring of water bodies receiving effluents is emphasized in order to forestall cumulative effects of pollutants which may lead to sub-lethal consequences in the aquatic fauna and clinical poisoning to man.

Keywords: Bioaccumulation, Heavy Metals, Periwinkles, Intertidal Region, Nigeria.

INTRODUCTION

Bio-accumulation means an increase in the concentration of a chemical or substance in a biological organism over time, compared to its concentration in the environment (DPR, 2002). Thus, understanding the dynamic process of bioaccumulation is very important in protecting human beings and other organisms from the adverse effects of chemical exposure and has become a critical consideration in the regulation of chemicals (DPR, 2002; OECD, 2003). Periwinkles are mass-consumer products constituting relatively cheap animal protein in Akwa-Ibom State (Ekanem and Otti, 1997) and are one of the many delicacies in the Nigeria cuisines. *Tympanotomus fuscatus* is a common species of periwinkle found in the Ibeno River. Many aquatic organisms, for examples periwinkles have the ability to accumulate and bio-magnify contaminants like heavy metals, polycyclic aromatic hydrocarbons and total hydrocarbon in the environment. Aquatic organisms such as fish and Gastropods are capable of accumulating heavy metals in their living cells to concentrations much higher than those present in water, sediment and micro flora in their environment (Forstner and Wittmann, 1981). The presence of heavy metals in river, Lake or any aquatic environment can change both aquatic species diversity and ecosystems due to their toxicity and accumulative behaviour (Heath, 1987). It is also known that physiological and biochemical parameters in aquatic organisms' blood and tissues could change when exposed to heavy metals and other toxic substances exerting an extra stress on the organisms (Davies et al., 2006). Farkas et al. 2003 reported that the contaminant levels in the gastropods are far higher than that of the surrounding water and sediments. This is because many aquatic organisms are capable of accumulating or bio-concentrating contaminants for example, heavy metals and total hydrocarbon (THC) in their tissues. Bio-magnification of heavy metals in edible tissues of these organisms, for example *Tympanotonus species* could pose health hazards to consumers. In the Niger Delta, gastropods and bivalves play significant roles as cheap sources of protein (Dambo, 1992). The region has been exposed to decades of pollution from crude oil related and industrial activities. Studies on gastropods and bivalves such as *Crasosterea species*, *Pachymelania species*, *Litorina species* and *Pugilina species* from this area have revealed heavy burdens of trace metals (Obasohan and Oronsaye, 2000). The Significance of this research work was to carefully quantify the accumulated heavy metals in *Tympanotonus fuscatus* from Qua Iboe River Basin, Ibeno, Akwa Ibom State so as to ascertain their suitability for human consumption and aquaculture, also to create awareness that will provide information on the impact of petroleum exploitation on the aquatic environment.

2.0 MATERIALS AND METHODS

2.1 Description of study area

Ibeno is located in the south east of Nigeria and is a local government area of Akwa Ibom State. Ibeno town lies on the eastern side of Qua Iboe River about 3 km from the river mouth between latitude 4 56⁰N and 7.97⁰E and longitude 7.40⁰N and 8.0⁰E (Figure 1) and is one of the largest fishing settlements on the Nigerian coast. The estuarine area of Ibeno, the low lying terrain may be submerged occasionally during the months of June to October. The climate is typically tropical, hot and humid, with a long wet season lasting from March to October and a shorter dry season that lasts from November to February. The major land use types in the Ibeno include Fishing, Oil exploitation, Forestry and Agriculture in the Coastal areas.

2.2 Sampling Stations

Two sampling stations (1-2) were chosen along the shore of the river. The co-ordinates of the sampling stations were also taken using Geographic Positioning System (GPS) and approximate distances of the stations were calculated.

Station 1

This station is assumed to be the upstream (i.e. control station), Fishing activities is very minimal in this station. This station is in Mkpanak community located on the east bank of the Qua Iboe River, Ibeno local government area between Latitude: $4^{\circ}45'N$; Longitude: $7^{\circ}30'E$ at 15 feet altitude.

Station 2

This is a commercial station with a large market located at the River side, domestic wastes from human households is being emptied into the River. This is a landing site for fishermen and distribution to other sectors. The station is in Itak Abasi community located on the west bank of Qua Iboe River at Atlantic coastline between Latitude: $N7^{\circ}40'N$; Longitude: $8^{\circ}18'W$ at 20 feet altitude.

Figure 1: Map of Ibeno River Showing Sampling Stations

2.3 Collection of Periwinkle (*Tympanotonus fuscatus*) Samples

Three hundred samples of Periwinkle were collected from September, 2012 to November, 2012 at two different sampling stations usually between 7:00am and 12:00noon.

2.4 Determination of Heavy Metals Analysis

Periwinkles were washed and frozen at -5°C until they were ready for analysis. Later, periwinkles were deshelled and the soft tissues air-dried at room temperature for three weeks and were analyzed at the Department of Chemistry, University of Calabar. Tissues of periwinkles were ground to powder form, sieved, weighed and ashed at 77°C for two hours in a furnace. Ten grams of ashed periwinkle tissues were digested with 20 ml of concentrated HNO₃ and heavy metals such as Lead (Pb), Iron (Fe) and Cadmium (Cd), Mercury (Hg), Nickel (Ni) were determined using solar model-unicam 969 Atomic Absorption Spectrophotometer.

2.5 Determination of Total Hydrocarbon

The Soxhlet Extraction Gravimetric method was used for determination of petroleum hydrocarbon such as Total Hydrocarbon (THC). Fifty grams of air-dried and ground periwinkle tissues were extracted in Soxhlet Extractor for 8 hours using hexane acetone (60:40) cocktail solvent. Soluble metallic soaps were hydrolyzed by acidification. Oils and solids or viscous grease present were separated from liquid samples by filtration. After extraction, the residues after solvent evaporation were weighed to determine the oil and grease content. Compounds volatilized at or below 103°C were lost when filtered and dried.

2.6 Statistical Analysis

Data obtained were subjected to Descriptive Statistics and Simple student t-test, to test whether there is significant differences between the mean values of the two sampling stations.

3.0 RESULT

A summary of the Heavy metals and Total hydrocarbon in tissues of *Tympanotonus fuscatus var radula* of Qua Iboe River, Ibeno is shown in Table 1. Cadmium ranged between 0.043-0.53mg/g with mean and standard error value of 0.048 ± 0.004 mg/g. Cadmium did not differ significantly between the stations ($p > 0.05$). Copper ranged between 0.020 -0.027mg/g with mean and standard error value of 0.024 ± 0.003 mg/g. Copper was also not significantly different between stations ($p > 0.05$). Lead ranged between 0.060 -0.067mg/g with mean and standard error value of 0.064 ± 0.003 mg/g. Lead was also not significantly different between stations ($p > 0.05$). Mercury ranged between 0.020-0.033mg/g with mean and standard error value of 0.027 ± 0.005 mg/g. Copper was also not significantly different between stations ($p > 0.05$). Nickel ranged between 0.030 -0.040mg/g with mean and standard error value of 0.035 ± 0.004 mg/g. Nickel did not show significant difference between stations ($p > 0.05$). Total hydrocarbon also ranged between 0.047 -0.050mg/g with mean and standard error value of 0.049 ± 0.001 mg/g. There were slight

variation in concentration of Heavy metals and Total hydrocarbon observed across all stations during the study period.

Table 1: Mean variations and Simple T-test Analysis of some heavy metals and total hydrocarbon (THC) accumulated in tissues of *Tympanotomus fuscatus var radula* measured at the two stations in the intertidal regions of Qua Iboe River, Ibeno, Akwa Ibom State, Nigeria

Study stations	Station 1 (Mkpanak)	Station 2 (Itak Abasi)		Standard error	T-test Analysis	
	Mean	Mean	Mean		Cal F-Value (p> 0.05)	Tab F- Value (p> 0.05)
Heavy metals/ Hydrocarbon						
Cadmium (mg/g)	0.043 (0.03-0.05)	0.053 (0.05-0.06)	0.048 (0.043-0.053)	0.004	0.002	2.01
Copper (mg/g)	0.020 (0.01-0.03)	0.027 (0.02-0.03)	0.024 (0.020-0.027)	0.003	0.0025	2.02
Lead (mg/g)	0.020 (0.05-0.07)	0.067 (0.06-0.08)	0.064 (0.020-0.067)	0.003	0.0025	2.02
Mercury (mg/g)	0.020 (0.01-0.03)	0.033 (0.02-0.05)	0.027 (0.020-0.033)	0.005	0.003	2.03
Nickel (mg/g)	0.04 (0.03-0.05)	0.03 (0.02-0.04)	0.035 (0.04-0.03)	0.004	0.002	2.01
THC (Mg/g)	0.047 (0.03-0.06)	0.05 (0.05-0.05)	0.049 (0.047-0.050)	0.001	0.0005	1.01

*Significant at p> 0.05, Minimum - Maximum values in Parenthesis

Figure 2: Variation of some heavy metals and total hydrocarbon (THC) accumulated in the tissues of *Tympanotomus fuscatus var radula* in the intertidal region of Qua Iboe River.

4.0 DISCUSSION

Knowledge of heavy metal concentrations in aquatic organisms is important due to the nature of management and human consumption of these species. Bioaccumulation of metals in periwinkles can be considered an index of metal pollution in aquatic bodies (Davies *et al.*, 2006). The baseline concentrations of metal components in the unexposed test organisms at test initiation indicate generally low levels than observed for the tissues of the organisms after uptake of the effluent. However, the observed accumulation of heavy metals such as Cadmium (Cd), Copper (Cu), Lead (Pb), Mercury (Hg) and Nickel (Ni) in the test organisms could be from the sediment and were relatively low in this study. Certain factors may have influenced the differential uptake of metals in the test organisms. Low concentrations of total hydrocarbon (THC) were found in the test organisms. The levels of THC in the organisms' tissues could have been induced by uptake from the burrow pit sediment. Similar Finding was also observed by Davies *et al.*, 2006. The differences in the level of heavy metals accumulated in the test organism, *Tympanotonus fuscatus var radula* could be attributed to the differences in their metabolic rates, feeding habits, age and sex (Kotze *et al.*, 1999). Body size and health which are closely related to growth and metabolism has been shown to attribute most of the variations in heavy metals content of fishes (Moriarty *et al.*, 1984).

Jack *et al.* (2005) noted that hydrocarbons take longer time to sink to the riverbed and that marine organisms accumulate hydrocarbons due to their sedentary and bottom feeding habit. According to Canterford *et al.* (1978), it is useful to express results in terms of bio-concentration factor (BCF) when comparing the order of uptake of metals. In this study, bio-concentration potentials were very low and varied with the mean concentration of heavy metals and total hydrocarbon (THC). However, the observed BCF indicates that periwinkles have potential to concentrate contaminants in their soft tissues (Ademoroti, 1996; Eja *et al.*, 2003). The results from this study agreed with those obtained by Davies *et al.*, (2006). Heavy metal tested indicates a low level of bioaccumulation in the tissues of the organisms. From this study, the result of heavy metals such as Cadmium (Cd), Copper (Cu), Lead (Pb), Mercury (Hg), Nickel (Ni) and total hydrocarbon (THC) obtained from test organism, *Tympanotonus fuscatus var radula* were below acceptable limit.

This study demonstrated evidence of bioaccumulation of total hydrocarbons (THC) and some heavy metals in the tissues of periwinkles (*Tympanotonus fuscatus var radula* from Qua Iboe River, Ibeno. Levels were however, observed to be below the recommended tolerance levels (Davies *et al.*, 2006). The values obtained in this study were also lower than those reported in previous study which was suggestive of sub-lethal toxicity in humans (USEPA, 1986; Sharp, 1987 and Ayenimo *et al.*, 2005). The results of this study show imminent problems of contamination in Qua Iboe River, Ibeno if control measures are not put in place. This emphasizes the importance of constant monitoring of rivers and other water bodies receiving effluents in order to forestall cumulative effects of pollution in the river which may lead to sub lethal consequences in the aquatic fauna and clinical poisoning to man.

5.0 CONCLUSION

Tympanotonus fuscatus var radula could have the tendency to bio-accumulate with preferences for some heavy metals and total hydrocarbon (THC) depending on the ecological area. This could further demonstrate that the organism possesses bio-indicator attributes for monitoring metals in the River.

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