in metaphors; they evidently have something quite definite before them which they believe is conveyed to their readers. Is it what other writers, e.g. Sir Frederick Mott, would call innervation? Apparently so, for he writes in "The Brain and the Voice in Speech and Song" (*Harper's*, 1910) of "innervation currents." Now currents must be real, must be a flowing of something.

Clinicians—neurologists—believe in nerve energy, but apparently they do not derive their belief from their physiological teachers, for, according to McDougall, "the professional physiologists refer to it (nerve energy) contemptuously as a survival from the Dark Ages." Without doubt, something here is in need of being cleared up.

The intelligent layman thinks there is such a thing as "nerve energy," physicians use the term constantly, some professional physiologists use it when they find it convenient, and yet Dr. Adrian assures us that "as a physiological concept, 'nerve energy' has little to recommend it." If that is so, it is unfortunate the term is so popular. Dr. Adrian, however, concedes that "If the term 'nerve energy' is to be retained, it might be used to mean the total potential energy in the neurone available for use in the transmission of impulses."

This definition is so broad that it would cover (as it should) such cases of innervation as cerebellar control of other nerve centres, as well as unconscious cerebral inhibition of certain lower centres, neither of which could be called mental energy.

This is all that is wanted as a beginning of the clearing of the air. In this sense, nerve energy is real. I had only suggested it might be measured in order, if possible, to satisfy the demand that as a form of energy it should be measured.

It now remains for some physiologist to discuss the reality of nerve energy by defining the concept, relating it to nerve impulses and to innervation-processes, and placing the term in his index. Then the neurologist and psychopathologist would know whether he was using the term nerve energy in the same sense as that in which other men of science use it. In time, something more definite than at present would filter through to the laity.

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October 11.

Habits of *Echinus esculentus*.

IN the October issue of the Journal of the Marine Biological Association, Miss Trewavas records the occurrence of *Echinus esculentus* between tide-marks on the Cornish coast and makes a request for information "of the occurrence or absence of this sea-urchin between tide-marks at other parts of the British coast."

In this district *E. esculentus* occurs abundantly between tide-marks in spring and early summer, on rocky coasts; a few may be found at almost any other season. About February or early March a shoreward migration seems to set in, so that in suitable weather conditions some hundreds may be collected at springs between April and June. Then their abundance decreases until about November, from when until January it is at a minimum. This inshore vernal maximum is coincident with the spawning season; ripe individuals being found from February to August with a maximum occurring in early May. A similar shoreward spawning migration occurs in other, chiefly Boreal, species—*Solaster papposus*, *S. endeca*, *Henricia sanguinolenta*, *Archidoris tuberculata*, *Jorunna Johnstoni*, *Aeolidia papillosa*, *Leander*

squilla, *Spirontocaris pusiola*, and doubtless various other species.

The presence of *E. esculentus* between tide-marks is strongly influenced by various conditions—e.g. (1) in April 1921 a spell of sharp frosts caused numerous urchins which had invaded the intertidal zone to retire to deeper water, where they were visible in abundance in 1-2 fms.; (2) during the hot spell of May and June 1921 they were unusually scarce between tide-marks; (3) in April 1922 a spell of heavy weather either washed away or caused a temporary seaward movement of urchins from the intertidal area, and further, although they had also been abundant in 1-2 fms., none were to be seen there, all having apparently retired into the shelter of crevices and boulders. There is some evidence that males approach the shore ahead of the females. While inshore, urchins feed very largely on barnacles.

On an average the life of *E. esculentus*, as an urchin, begins about midsummer: the first months are spent in the Laminarian zone browsing freely on such limy food as *Membranipora*; by the end of the calendar year some are well over 2 cms. in diameter and at the close of their I.-year period about 4 cms., the more advanced having spawned about May at an approximate age of 10-12 months. The II.-year group appear to range between 4-7 cms., the III.-year group 7-9 cms., and the IV.-year group 9-11 cms. Largely owing to the prolonged spawning period there is no discontinuity between the year groups, which merge into one another. The adults feed on *Polyzoa*, *Laminaria*—particularly if encrusted with *Membranipora*,—*balanids*, etc. In October urchins are found with large gonads rich in fats; an occasional one may have a few immature ova. The yearly cycle would seem to be:

July–November—Growth and fattening of gonads—Laminarian zone offshore.

December–March—Maturation of gonads—Laminarian zone offshore.

April–June—Spawning—largely inshore.

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Perseid Meteors in July 1592.

MAY I bring it briefly to the notice of readers of NATURE that there is apparently a reference in the history of Akbar, the Emperor of India, to a brilliant display of Perseid meteors in the Panjab about the end of July 1592. The passage occurs in the account of the 37th year of the reign, and just before the description of Akbar's expedition to Cashmere.

Akbar and his son Daniel had left Lahore and crossed the Rāvi, and were encamped at a garden called the Rāmbāri. On the 27th day of Tir O.S., which might correspond to about July 28, 1592, three hundred little stars or pieces of stars (*sitāracha*) were seen traversing the heavens from west to east. The Persian text does not say whether this was in the day or in the night, but presumably it was the night or at least the evening, for the meteors would not be visible during the day.

Akbar and his son were so alarmed at this appearance, which took place three days after their departure from Lahore, and while they were still encamped at Rāmbāri, that they at once consulted the astrologers who were with them in the camp and by their advice broke up their camp and returned to Lahore. Nor did they resume their march till about a fortnight later and after they had ascertained a more auspicious day for a start.

Perhaps the phenomenon was not seen in England or even in Europe. The night may have been foggy, or the transit of the meteors may have taken place in the daytime there.

It does not seem impossible that Shakespeare may have heard of the display from sailors and other travellers in the east when he wrote about the close of the sixteenth century of certain stars shooting madly from their spheres. H. BEVERIDGE.

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October 26.

Skin Effect in Solenoids.

SKIN effect in long, single layer solenoids wound with solid round wire and used at very high frequencies has been treated by Sommerfeld,¹ Lenz,² and Abraham, L. Bloch, and E. Bloch.³ (The frequency is supposed so high that the Rayleigh approximation applies.)

The last of these disagrees with the first, giving the ratio of the resistance of a closely wound solenoid to the resistance of the wire of the solenoid when stretched out straight and used at the same frequency as equal to 3.73, while Abraham, L. Bloch, and E. Bloch obtained 3.46. The writer calculated the same ratio by a different method and obtained 23.4 ± 0.02 . Going through the calculation of Sommerfeld and correcting for an error in the graphical evaluation of the area under Sommerfeld's curve, the same result (3.41) is obtained by Sommerfeld's method. For loosely wound solenoids the calculations of Abraham, L. Bloch, and E. Bloch, Lenz, and the writer are in fair agreement.

On reading this letter Prof. Sommerfeld has informed the writer that he agrees with this conclusion.

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Colour Vision and Syntony.

AFTER reading the letter of Dr. Edridge Green (NATURE, October 14, p. 513) it occurred to me that the following method, involving no head movement, of observing the movement of positive retinal "after images" might be of interest. If, in a dark room, the eyes being in a state of "dark adaptation" and one covered, a dry petrol lighter of the spring release type be flashed, a fan-shaped pattern of brilliant streamers will be seen. This pattern is followed by a similar "after image." The "after image" immediately begins to contract. This contraction continues till the after image appears as a rather thick irregular line of smaller area and greater brilliancy than the original pattern. The rapidity of the change, and the final form varies for different parts of the retina. Two points are of interest, the contraction of the image, and the increase of brilliancy.

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Oct. 16.

Mosaic Disease in Plants.

THERE has been considerable speculation recently upon the cause of the so-called 'virus diseases,' which occur in both animals and plants, such as typhus and Rocky Mountain fever in man, and

¹ A. Sommerfeld, "Über den Wechselstromwiderstand von Spulen," *Ann. d. Phys.*, 329, p. 609, 1907.

² W. Lenz, "Über die Kapazität der Spulen und deren Widerstand und Selbstinduktion bei Wechselstrom," *Ann. d. Phys.*, 342, p. 923, 1912.

³ H. Abraham, L. Bloch et E. Bloch, "Radio-télégraphie militaire," 1919, E.C.M.R. Report No. 4629.

"mosaic" disease in plants. These diseases are supposed to be due to the presence of some ultra-microscopic filter-passing organism. Many small bodies, some of a granular nature, have been described in connexion with these disorders, such as Rickettsia, Negri bodies, etc. As regards the mosaic disease of plants, L. O. Kunkel, a worker in Hawaii, last year demonstrated the presence of a peculiar body of amoeboid appearance in the diseased cells of maize affected with mosaic.

The purpose of this communication is to place on record the discovery of apparently similar bodies in the tissue of potato plants affected with mosaic, a disease which, so far as the potato is concerned, has become of considerable economic importance. No attempt is made at present to define the nature of this body, but it is hoped that further work may throw more light on the subject. All that can be said is that there is invariably present in the cells of mosaic potato tissue, in close association with the nucleus, an abnormal body which is definitely connected with the disease. Preparations showing these bodies were demonstrated at a recent meeting of the Association of Economic Biologists in London.

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Einstein's Paradox.

IN his review of Bergson's new book (NATURE, October 14) Prof. Wildon Carr refers to "Einstein's paradox," which he quotes in inverted commas as follows:—"Suppose a traveller to be enclosed in a cannon-ball and projected from the earth with a velocity amounting to a twenty-thousandth of the velocity of light; suppose him to meet a star and be returned to earth; he will find when he leaves the cannon-ball that if he has been absent two years, the world in his absence has aged two hundred years." It so happens that a paradox of this identical kind was proposed to Einstein himself by M. Painlevé at the Paris conferences in April of this year. Unless I have greatly misunderstood Einstein's reply, as recorded by M. Nordmann in the *Revue des Deux Mondes* of May 1, this particular paradox, arising from the imaginary departure and return of an observer travelling with great speed from a given point and back again, was shown to be one not legitimately derivable from the restricted theory—the theoretical construction is not one to which the transformation formulæ can properly be applied (pp. 146-152).

The humble student of relativity is therefore in the position of a schoolboy who finds that what he learns from one master to-day is contradicted by another to-morrow. Bergson and Nordmann both speak with Einstein's voice; but whereas the former apparently puts the paradox before us categorically as an inescapable Einsteinian fact, the other represents it as a non-Einsteinian fiction. Which of these two views are we to accept? They cannot both be true. Einstein, as quoted by M. Nordmann, advanced good reasons for putting the paradox out of court; but as Bergson was present at some at least of the conferences it appears that these reasons did not seem to him to be convincing.

There is a certain indefiniteness of phrase about the paradox as quoted above which gives rise to doubt. The only observer mentioned is the traveller in the cannon-ball; and it is quite overlooked that he would naturally expect the difference between his time and earth time to be in exactly the opposite direction—he would expect earth time to have advanced by only one-hundredth of his own time.