wise provision has been made in some schools which provides that at least one year should elapse before a scholarship shall be granted a student for immediate use. By this means, qualifications would not be limited to only the work done under the very close supervision of the training school, but would rather be supplemented by more independent work.

Restrictions are too often placed upon scholarships, requiring that one, two or three years service shall be returned to the institution or association in return for a medium salary. Psychologists tell us that we develop our mental capacity in proportion to the mental stimulus and environment. Restrictions might therefore prove a handicap and the purpose be largely defeated. The natural and ideal tendency, under ordinary conditions, would encourage a desire to return one's best service to that institution whose assistance was accepted by the beneficiary. Where this is not felt, the task rendered and stimulated through a feeling of compulsory obligation would only result in works of mediocre quality and would therefore prove an unwise provision toward individual and institution alike.

In my opinion, a scholarship should never be sufficient to meet all expenses. Such provision for little effort on the part of the student is not conducive to the maximum amount of appreciation. They should also be farthest removed from any idea of charity but received in the spirit of deserved assistance granted in return for conspicuous effort on the part of the recipient. Granted to the right person, a scholarship may prove of such assistance to an individual that gratitude, through years of faithful service to the community, time could never erase.

However small may be the material value, let us increase our efforts to assist those who, through adversity, are striving onward toward higher ideals in nursing and social welfare.

HOW BEST TO AROUSE INTEREST IN NURSING ORGANIZATIONS¹

BY AGNES RUTHERFORD, R.N.

To best interest the nurse in our association and to obtain her as a member, we must surely interest her before she graduates. The pupil about to graduate is a very desirable acquisition. Fresh from her training, full of enthusiasm, the sense of schooling and drilling over, she is a willing and interested worker. But leave her free, and after

¹ Read at the tenth annual meeting of the Missouri State Nurses' Association, St. Louis, October 20.

two or three years of hard and steady work she will find liberty very sweet and the world will have many smiling inducements which appeal more to youth than do the association and its affairs. She prefers matinées, which have been few enough during training, concerts, an afternoon's shopping, to a mere meeting, but get that same young girl interested or make her a part of our association and give her recognition, she will be just as loyal a member and as regular in attendance as the older ones and more so.

Why not, during the last year of training, invite school or class papers on some subject chosen by the school or the association; perhaps on a new method used during training, on Twilight Sleep, or new anaesthetics, for example? The seniors could choose from their class a representative, prepare a paper and have it put before our meeting for discussion. Could we not offer an inducement, a prize, for the best paper by any pupil in any of the city's training schools? These papers could be read by the authors and the directors, after deciding which was best, could give a good text book as a prize, or perhaps a prize need not be offered, the honor of being first essayist might be enough.

Or one special meeting might be for the entertainment of the graduating classes of the different schools. Why not invite all pupil nurses to attend any special meetings or talks? They would meet their own graduates and get a little of the habit of coming, before they graduate. The nurse in training gets the new ideas before those in private nursing do; this makes her not only desirable, but necessary.

Youth, enthusiasm and modernism, the new graduate embodies all of these; surely we in our associations need her and in return we offer her a hearty welcome and a place in our affairs.

LITTLE MOTHERS' LEAGUES OF NEW YORK STATE

BY ELIZABETH RENNERT, R.N.

New York, N. Y.

Owing to the great interest manifested in "Little Mothers' Leagues" and the numerous inquiries regarding their organization, it may be timely to give some information about them. These "leagues" were first organized in 1908, in the most crowded sections of New York City, by Dr. S. Josephine Baker, Director of the Division of Child Hygiene, New York City Department of Health. The instruction proved of great value and the members rendered such efficient aid toward keeping the babies well, that the leagues were extended throughout the city; last year, 25,000 girls were enrolled. They are now being exten-