

tion among our people, especially the Italians, that these cases will get sick if the skin is healed, the idea being that the sickness will only change its locality, and if driven away from the scalp, will enter the child's brain.

It seems to me that all these folk-lore beliefs have a basis of common-sense somewhere, and that in this one we find a dim conception of what we know to be the truth, namely, that there is a general condition of impoverishment. I find it overcomes this superstition effectually to explain that they must also have some strengthening medicine "to drink" at the same time. We always send such cases to a doctor for a tonic, even if the eczema is not sufficiently important for his inspection.

AN INTERESTED READER.

DEAR EDITOR: In October I received my first copy of your JOURNAL. I was glad indeed to see that nurses were called upon to give practical points on nursing, and trust that many will avail themselves of the privilege. The formula for a refreshing and stimulating bath I have copied in my little book of prescriptions. The ice-pick mentioned by special nurse as her "inseparable" is also worthy of noting. I have secured one for myself.

In the November number a "Graduate" calls our attention to the "Enterprise" ice-shaver. That contrivance is too heavy for us to carry in our telescope. It shaves the ice too finely for ice caps, etc. It also requires a solid block of ice to shave from. *And we cannot always get just what we want or even should have.*

I now will add a point which I hope is worth remembering.

What do you put soiled dressings into? I used to put them in an old basin or slop-jar, then have them all to gather out with my hands to burn.

Have learned a new way, not my own idea, but from another nurse: Take two sheets of newspaper, fold in half, pin across bottom and up the side. Now you have a strong bag. Dressings can be dropped into it and all burned. I use the same in phthisis cases for the old muslin squares used to expectorate in, as often these cases reach the stage where they are unable to hold a sputum-cup. During the winter I burn them twice daily in the heater, in summer in the kitchen range after the cook is finished with the fire. Should they not have a coal-fire, I allow the bags to remain in a covered slop-jar, in which I keep chloride of lime, for twenty-four hours. Take two penny bundles of wood and build a little wood-fire, as it is absolutely necessary that these rags should be burned.

Should any nurse have a better way I would be glad to hear from her through our JOURNAL.

EPISCOPAL HOSPITAL GRADUATE.

January 1, 1902.

DEAR EDITOR: The little green circular came this morning, and being addressed to me personally it seemed to individualize my duties to the "official organ." It appeared to say "do something." I responded at once by forwarding the circular and subscription blank to a nurse in my home town, and I sincerely trust she will oblige you with her subscription, if she has not already done so. I include a list of addresses of nurses in out-of-the-way places and several items of news and practical suggestions, and in this way, dear Editor, I have tried to do my duty to the JOURNAL as the little green circular outlined it in my mind this morning. If you can think of any other way in which I can serve you, I am yours to command. I am very greatly interested in and very proud of the