case-studies of individuals "otherwise quite normal mentally and physically," and we are told that "the power to awaken inhibiting ideas and to keep such thoughts in the foreground of consciousness so that they may become effective, is a power as truly characteristic of mental life as is the capacity for recalling past experiences or for performing any other mental function." The chapter on "Special Abilities with General Mental Subnormality" treats the opposite type of mental irregularities and the author recommends that "indeed, the type of research presented in this chapter should be greatly extended in the future, that all the unitary functions and powers may be known."

The great contribution of this interesting book consists in a simple change in a preposition, but a change of tremendous scientific and practical significance. Heretofore psychologists have cautiously spoken of tests of perception, memory, etc. This book speaks throughout of tests for these processes. These processes considered as "powers" is, of course, not new. The flourishing science of phrenological psychology has been greatly advanced.

Schachne Isaacs


Dr. Whipple has limited himself to presenting a series of rules or maxims which if intelligently followed will make for effective studying. The rules are simply worded and succinctly presented. They concern the physiological condition of the student, the correct physical arrangement of "tools," as lighting of study table, time and place of study, hints as to effective motives for inducing study, and rules for recording and memorizing material.

No attempt has been made to introduce new or experimental material. This is an advantage, as such material would detract from the didactic power of the book. The book frankly aims at helping the junior student rather than the more advanced worker. The rules are arranged logically, from simple to complex. They are carefully chosen and are all fully justified by the facts of experimental psychology.

The book is a really valuable one, and cannot fail to help such students as read it carefully. Benefit would certainly be derived by members of the ordinary college freshman class if they were required to read it.