ESTABLISHMENTS FOR THE TUBERCULOUS.¹

Dr. Rufenacht Walters has provided our most complete and authoritative guide to sanatoria for sufferers from pulmonary tuberculosis. The fact that this work has already reached a third edition obviates the necessity of detailed review. It is the only comprehensive volume on the subject in the English language, and must be consulted by all who desire accurate and full information either on the principles of the sanatorium treatment of phthisis or on the details of the various sanatoria in different parts of England or of other countries. The first part of the work is general, and deals with the general problems connected with sanatoria, climates, sites, the grounds, construction, decoration, and furniture of sanatoria, institutions for special classes, size of and staff and management of sanatoria. Then follows a particularly helpful section of the first part, which deals with the outlines of sanatorium treatment, fresh-air treatment, rest and exercise, diet, precautions against infection, results of treatment, and answers to objections. The second part gives a full and well-illustrated description of all the important sanatoria in all the civilized parts of the world. It is astonishing what an amount of detailed information has been collected in this part, very largely as the result of personal investigation, and Dr. Walters, being himself a skilled administrator of a sanatorium of the best type, has been able to bring to his descriptions the weight which is given by experience and practical knowledge. We can confidently recommend the book to those desiring authoritative information, either on the principles underlying the hygienic treatment of phthisis, or on the application of these principles in practice.

ARTHUR NEWSHOLME, M.D.

SANATORIA FOR CONSUMPTIVE WORKING MEN.²

This up-to-date contribution to the study of consumption, from the financial and sociological standpoint, contains much valuable information for those working at the tuberculosis problem. It contains tables of foods and dietaries, not estimated, but actually used, and also statistical tables of various kinds, which are original in character and of the greatest practical value. In considering the book as a whole, two things stand out relating to consumptives and their work—in other words, concerning their economic value. First, the absolute importance of abundance of good food; secondly, the fact that hard physical work, even under good circumstances, is usually found impossible for the consumptive with arrested disease. Economically, this is a very important fact. Outdoor occupations are generally spoken of as the desideratum for the consumptive who is well enough to return to work. But it cannot be forgotten that generally he is an unskilled labourer, and the lower branches of gardening and farming

¹ "Sanatoria for Consumptives: A Critical and Detailed Description, together with an Exposition of the Open-Air or Hygienic Treatment of Phthisis." By F. Rufenacht Walters, M.D., M.R.C.P. Third edition. Pp. xvi and 389, with 82 full-page figures. London: Swan Sonnenschein and Co., Ltd. 1905. Price 12s. 6d. net.

² "The Consumptive Working Man: What can Sanatoria do for Him?" By Noel Dean Bardswell, M.D., M.R.C.P., F.R.S. (Edin.), Medical Superintendent, King Edward VII. Sanatorium. Pp. 202. London: The Scientific Press, Ltd. 1906. Price 10s. 6d. net.