

Broad-scale patterns of the Afro-Palearctic landbird migration

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Authors' contributions

MB, SB, and SH conceived the idea and study design. MB, PA, JAA, JSC, TE, LG, JK, MK, FL, CMM, PP, and SH carried out individual tracking projects and provided geolocator data. SL analysed environmental data. MB performed data analyses and wrote the manuscript with inputs from all authors.

Biosketch

Martins Briedis is a wildlife biologist with a main research focus on avian migration ecology in the context of the full annual cycles. He is particularly interested in the concept of migratory connectivity from a spatiotemporal viewpoint, links between different annual phases, and interactions between migrants and the environment.

Broad-scale patterns of the Afro-Palearctic landbird migration

Running title: Patterns of European-African migration

Abstract

Aim: Knowledge of broad-scale biogeographical patterns of animal migration is important for understanding ecological drivers of migratory behaviours. Here we present a flyway-scale assessment of the spatial structure and seasonal dynamics of the Afro-Palearctic bird migration system and explore how phenology of the environment guides long-distance migration.

Location: Europe and Africa.

Time period: 2009–2017.

Major taxa studied: Birds.

Methods: We compiled an individual-based dataset comprising 23 passerine and near-passerine species of 55 European breeding populations where a total of 564 individuals were tracked migrating between Europe and sub-Saharan Africa. In addition, we used remote sensed primary productivity data (NDVI) to estimate the timing of vegetation green-up in spring and senescence in autumn across Europe. First, we described how individual breeding and non-breeding sites and the migratory flyways link geographically. Second, we examined how migration timing along the two major Afro-Palearctic flyways is tuned with vegetation phenology at the breeding sites.

Results: While we found the longitudes of individual breeding and non-breeding sites to be strongly positively related, the latitudes of breeding and non-breeding sites were related negatively. In autumn, migration commenced ahead of vegetation senescence and migration timing was 5–7 days earlier along the Western flyway compared to the Eastern flyway. In spring, arrival time at breeding sites was ca. 1.5 days later for each degree northwards and 6–7 days later along the Eastern compared to the Western flyway, reflecting the later spring green-up at higher latitudes and more eastern longitudes.

Main Conclusions: Migration of the Afro-Palearctic landbirds follows a longitudinally parallel leapfrog migration pattern where migrants track vegetation green-up in spring but depart before vegetation senescence in autumn. The degree of continentality along migration routes and at the birds' breeding sites influences the timing of migration on a broad scale.

Keywords: annual cycle, geolocator, long-distance migrant, phenology, climate change, continentality, spring green-up, NDVI, migration speed

87 Introduction

88 With more than 100 species and more than 2 billion individuals travelling annually, the Afro-
89 Palearctic bird migration system is the world's largest landbird migration network (Newton, 2008;
90 Hahn *et al.*, 2009). Songbirds and near-passerine birds make up more than 80% of all Afro-Palearctic
91 migrants (Moreau, 1972), yet there are considerable gaps in our knowledge about their migration
92 routes and strategies. Generally, long-distance migrants travel between European breeding and sub-
93 Saharan non-breeding grounds via several broad-scale migration corridors and flyways that are
94 channelled through specific geographic locations (Zalles & Bildstein, 2000; Bruderer, 2001; and see La
95 Sorte *et al.* (2016) for the Nearctic-Neotropical migratory system). The flyways that we see today
96 have been formed through the combined effects of geographic bottlenecks and the post-glacial
97 colonisation from glacial refugia in the Iberian and Balkan peninsulas (Hewitt, 2000). Despite the
98 growing amount of empirical data from tracking studies (Kays *et al.*, 2015; McKinnon & Love, 2018),
99 we still lack a continental-scale synthesis of the spatial and temporal patterns of the Afro-Palearctic
100 landbird migration system. This knowledge is particularly important for understanding the drivers of
101 the ongoing population declines of many migrant species (Dirzo *et al.*, 2014; Gilroy *et al.*, 2016) and
102 for introducing efficient conservation measures at key sites.

103 Adopting the concept of migratory flyways can help to summarize the spatial and temporal
104 variation of the diverse migration strategies across species (La Sorte *et al.*, 2014a). Historically, two
105 major flyways have been delineated within the Afro-Palearctic bird migration system, namely the
106 Western and the Eastern flyways that separate approx. at the 19th meridian east of Italy and
107 circumvent the Mediterranean Sea at the western or the eastern side, respectively (Zink, 1973–
108 1985). Although some literature (e.g. Rubolini *et al.*, 2002) distinguish a third, the Central flyway, via
109 the Apennine peninsula and the western Mediterranean islands, the origin and destination of the
110 migrants and species composition on this flyway largely resembles those of the Western flyway. As
111 demonstrated by ring recovery analyses and recent tracking studies, the use of a particular migratory
112 flyway at individual and population levels is linked to the longitudes of breeding and non-breeding
113 sites (Zink, 1973–1985; Hahn *et al.*, 2013; Trierweiler *et al.*, 2014; Koleček *et al.*, 2016).

114 Timing of migration along the flyways should be fine-tuned to local conditions such that
115 individuals can profit from resources in the places they visit and avoid periods of unfavourable or
116 deteriorating conditions (McNamara *et al.*, 1998; Alerstam, 2011; Thorup *et al.*, 2017). Matching the
117 timing of migration with the local phenology of the environment is important for individuals' survival,
118 body condition, and reproductive success (Brown & Brown, 1998; Marra *et al.*, 1998; Briedis *et al.*,
119 2017). Synthesis of observational and ringing data with environmental phenology has considerably

improved our knowledge of spring arrival times of birds in relation to temperature (Marra *et al.*, 2005) and latitude (e.g. Sliwinsky, 1938; Southern, 1938). However, little is known about how a longitudinal gradient in environmental conditions across Europe affects the timing of migration. Ring recovery data have provided some evidence for differences in migration timing along the Western and the Eastern flyways (e.g. Bairlein, 2001) but fine-scale quantification of these differences using ring recovery data is challenging.

The western part of Europe and the Western flyway are generally characterized by oceanic climate with relatively small seasonal temperature fluctuations while the eastern part of Europe and, thus, the Eastern flyway has a noticeably more continental climate with stronger thermal seasonality (Rötzer & Chmielewski, 2001; Metzger *et al.*, 2013; Lisovski *et al.*, 2017). If bird migration timing is fine-tuned to local phenology, such a climatic gradient from west to east can generate broad-scale differences in bird migration timing along the flyways (similar as across latitudes). Migrants may also flexibly respond to the environmental conditions encountered *en route*, depending on the progress of the migratory season (Marra *et al.*, 2005; La Sorte & Fink, 2017; Schmaljohann *et al.*, 2017) and their ability to foresee environmental conditions further along the route (Kölzsch *et al.*, 2015). Describing timing of bird migration on a large spatial scale helps to understand how phenology of the environment along a migratory route and at the breeding destination influences mass migratory movements and how the life history of migratory species is adapted to seasonality.

Here, we first aim to characterize the spatial patterns of songbird migration along the two Afro-Palearctic flyways (i.e. geographic linkage between breeding sites, migratory flyways and non-breeding sites), their seasonal dynamics (i.e. timing of migration), as well as travel speeds and distances. Individual migration strategies should be adapted for maximizing fitness and survival. One way to reduce the mortality risk is to minimize the costs and duration of movement; thus, we expect that longitude of individual breeding and non-breeding sites will be positively correlated to minimize individual migration distances. We also expect spring migration to be faster than autumn migration (Nilsson *et al.*, 2013), due to increased pressure for early (timely) arrival at the breeding grounds (Kokko, 1999; Kokko *et al.*, 2006). Second, we explore whether the timing of migration along the two flyways is adapted to the phenology of the environment along the flyways and at the breeding destinations. Because of trade-offs between survival and reproduction (Kokko *et al.*, 2006; Lerche-Jørgensen *et al.*, 2018), we expect spring migration along the flyways to happen in accordance with the vegetation green-up, but autumn migration to elapse ahead of vegetation senescence.

Methods

Tracking data

We used individual tracking data from 23 passerine and near-passerine Afro-Palearctic long-distance migrant species (body mass range of the species: 12–160 g) from 55 European breeding populations that had been tracked using light-level geolocators or solar-powered Platform Transmitter Terminal tags (PTT-tags) between 2009 and 2017 (a list of the data sources is given in the Appendix). The total number of tracks was 564 (average per species = 24.5; range 1–91).

The breeding (and tagging) sites spanned across Europe from 37°N to 60°N latitude and from 8°W to 28°E longitude ([Figure 1](#)). For each individual track, we determined migration timing, i.e. departure from and arrival times at the breeding and non-breeding sites, the geographic location of non-breeding sites and assigned it to one of the two flyways. We delineated the Western and the Eastern migratory flyways according to historic convention (Zink, 1973–1985) and known Quaternary glacial refugia (Hewitt, 2000). Hence, individuals whose migration paths crossed the Iberian and Apennine peninsulas were assigned to the Western Flyway and individuals travelling via the Balkan Peninsula and the Middle East to the Eastern flyway. Since many of the geocator tracks did not contain exact geographic information on stopover sites or full migratory pathways, we relied on the available information (e.g. longitude estimates or description of stopover behaviour) when assigning individuals to the flyways. Some individuals changed their migration routes between the seasons (i.e. performed loop migration) and thus were assigned to different flyways in autumn and spring. If an individual resided at multiple non-breeding sites in Africa, we considered the first site as the arrival site in autumn and the last site as the departure site in spring.

For all individuals, we calculated migration distance (great circle distances between individual breeding and non-breeding sites; km) and travel speeds (km day⁻¹) in each migratory season, i.e. autumn and spring. Since the current tracking technologies do not allow estimating the duration of the pre-departure fuelling period, we defined travel speed as the rate of movement from departure until arrival, including stopovers (but see Lindström *et al.*, 2019). From these calculations we omitted unrealistic values, i.e. those >600 km day⁻¹. Geographic positioning using light-level geolocators inherently contains a positional error of up to a few hundreds of kilometres (Lisovski *et al.*, 2012); therefore, we cannot account for detours that migrants may make *en route*, and recognize that there are limitations to the precision of the calculated migration distances and travel speeds. However, as we aim at comparing migration patterns between the two flyways and it is unlikely that there is a trend in positional errors between the flyways or a difference in its magnitude (Lisovski *et al.*, 2012), these limitations should not systematically affect our results. Furthermore, a recent meta-analysis

suggests that biologging devices (geolocators) do not negatively impact on migration timing of the tagged individuals (Brlík *et al.*, 2019).

Phenology of the environment

To characterize the phenology of the environment, we used seasonal changes in the normalized difference vegetation index (NDVI). NDVI range from -1 to 1, where negative values indicate lack of vegetation and high values indicate greener vegetation (Pettorelli *et al.*, 2005). Triggered by increase and decrease in primary productivity, seasonal changes in NDVI broadly reflect changes in habitat 'greenness' and they can be used to determine the timing of spring green-up and autumn senescence across large spatial scales.

To assess annual timing of spring green-up and autumn senescence across the core breeding range of Afro-Palearctic migrants (Europe plus Turkey, Azerbaijan, Armenia, and Georgia) we downloaded weekly composite, noise removed NDVI data with a spatial resolution of 4 x 4 km from the NOAA Centre for satellite applications and research (SMN product from: ftp://ftp.star.nesdis.noaa.gov/pub/corp/scsb/wguo/data/Blended_VH_4km/geo_TIFF/) for 1983 to 2017. Each grid-cell was analysed separately as follows: First, a wavelet analysis was used to determine the statistical power of the seasonal dynamics across years (Lisovski *et al.*, 2017). Grid-cells with no seasonality, e.g. desert cells, were not analysed further. For all other cells, the NDVI time series was subdivided into annual cycles of 12 months going from 'winter' to 'winter (W-year)' and 'summer' to 'summer' (S-year). An asymmetric double-sigmoid (ADS) curve function was fitted to each W-year and S-year separately (Bradley *et al.*, 2007). The ADS function was computed using the following equation:

$$NDVI(t) = c1 + \frac{1}{2} * (c2 - \tanh(w1 * (t - v)) - \tanh(w2 * (t - \mu)))$$

where tanh is the hyperbolic tangent, t is the time (week of the year) and c1, c2, w1, w2, v and μ are the fitting parameters. In this equation, c1 is the baseline and c2 the maximum NDVI value, w1 and w2 define the slope of the annual increase and decrease of the NDVI variation, while v and μ are the dates corresponding to the highest rates of change of NDVI(t). All parameters were fitted with a maximum likelihood routine (mle2 function of R-package bbmle (Bolker & R Development Core Team, 2017), using a Gaussian error distribution. A 'global' ADS curve across years was derived by calculating a smooth linear transition from the fitted W-year curve to the S-year curve for periods with a negative slope of the fitted cosine curve and from S-year to W-year for periods with a positive slope of the fitted cosine curve. The start of the green-up period in spring and senescence in autumn were defined as the date at which the global ADS curve (for each year separately) exceeded 50% of the amplitude (from min value) in spring and fell below 50% of the amplitude (from max value) in

autumn. To derive long-term averages of these phenological metrics, we averaged the timing of the spring green-up and autumn senescence for each grid cell across all years (1983–2017).

The same NDVI dataset was used to assess the relationship between timing of bird arrival at, and departure from, the breeding site and NDVI measures. To this end, we extracted NDVI values from the breeding sites of all tracked birds for the week and year of individual autumn departure and spring arrival.

Statistical analyses

The individual tracking data in this study were compiled from the literature and often only provided information on individual departure and arrival times from breeding and non-breeding sites but lacked more detailed information on migration timing in between. To at least partially resolve this, we calculated the time of crossing 30°N latitude, considering a constant travel speed (individual-specific speed as calculated by the tracking data) along a great circle route between the individual breeding and non-breeding sites. This latitude roughly borders the northern edge of the Sahara Desert – a major ecological barrier that separates temperate breeding and subtropical non-breeding grounds of trans-Saharan migratory birds.

To test a relationship between latitude and longitude of individual breeding and non-breeding sites, we used linear mixed-effects models (LMM) with species as a random effect. We used LMMs to further compare migration distances, travel speeds, and migration timing between the two flyways, and to account for the non-independence of hierarchical data, we included species, breeding latitude (nested within species), and year (nested within species and breeding latitude) as random factors in the models. Because the species included in our study may differ in their migration timing, we standardized all individual values across each timing event (departure, arrival, crossing 30°N latitude) to zero-mean before including them in LMMs. Accordingly, individual values <0 denoted relatively earlier migration while values >0 denoted relatively later migration timing. If an individual was tracked over multiple years, we included only one track per individual in the models (n repeat tracks = 24). The same model structure was further used to test for differences between the two flyways in breeding site NDVI values at individual departure times in autumn and arrival times in spring. All data analyses were done in R (R Core Team, 2018). LMMs were run with the R-package ‘lme4’ (Bates *et al.*, 2014) and estimates of parameters whose 95% CI did not overlap zero were considered significant. Marginal and conditional R^2 values for model fit were obtained using the R-package ‘MuMIn’ (Barton, 2019).

Results

Spatial structure of the migratory system

Overall, we found a strong positive relationship between the longitudes of individual breeding and non-breeding sites ($\beta = 1.12$, 95% CI = 1.02 to 1.21, conditional $R^2 = 0.87$; [Figure 1](#)), i.e. birds breeding further west in Europe over-wintered further west in Africa, and birds breeding further east in Europe over-wintered further east in Africa. Consequently, birds with more easterly breeding and non-breeding sites predominately used the Eastern flyway while birds with more westerly breeding and non-breeding sites predominately used the Western flyway (breeding longitude: $\beta_{\text{eastern flyway}} = 11.56$, 95% CI = 10.31 to 12.79, conditional $R^2 = 0.69$; non-breeding longitude: $\beta_{\text{eastern flyway}} = 18.53$, 95% CI = 16.44 to 20.65, conditional $R^2 = 0.73$).

We found a negative relationship between the latitudes of breeding and non-breeding sites ($\beta = -0.47$, 95% CI = -0.62 to -0.31, conditional $R^2 = 0.79$) with northern breeders leap-frogging southern breeders at the non-breeding sites. Moreover, using the Eastern flyway was strongly associated with more southerly non-breeding latitudes compared to the Western flyway ($\beta_{\text{eastern flyway}} = -3.97$, 95% CI = -2.19 to -5.77, conditional $R^2 = 0.74$), while there was no association between breeding latitude and flyway use ($\beta_{\text{eastern flyway}} = -0.34$, 95% CI = -1.29 to 0.60, conditional $R^2 = 0.60$). Migratory divides, i.e. areas occupied by populations where individuals exhibit divergent migration directions, were identified between a narrow range of 10–20°E longitude ([Figure 1 inset](#)). Less than 9% (50/564) of individuals changed their flyway between the seasons with proportionally more individuals switching from the Eastern flyway in autumn to the Western flyway in spring (17.8%; 29/163; species: Great Reed Warbler *Acrocephalus arundinaceus* ($n = 8$), European Roller *Coracias garrulus* (1), Common Cuckoo *Cuculus canorus* (9 = all individuals), House Martin *Delichon urbicum* (2), Collared Flycatcher *Ficedula albicollis* (1), Barn Swallow *Hirundo rustica* (7), Sand Martin *Riparia riparia* (1)) than vice versa (5.2%; 21/401; Great Reed Warbler (1), Collared Flycatcher (20)).

Migration distance and travel speed

Although the migration distances were generally longer along the Eastern flyway (median and IQR; Western flyway = 4531 km (2154–5412), Eastern flyway = 5167 km (3937–8114); [Figure 2a](#)), we did not find significant differences in migration distances between the two flyways ([Table 1a](#)). Some species (particularly Alpine Swift *Tachymarptis melba* and Great Reed Warbler) showed intra-tropical movements during which individuals typically moved farther away from their breeding sites. Therefore, the median migration distance in spring was somewhat longer than in autumn (autumn = 4491 km (3937–6286), spring = 4636 km (4053–6188); [Figure 2a](#)) but again, this difference was not significant ([Table 1a](#)). Travel speeds were significantly higher in spring compared to autumn (autumn

= 117 km day⁻¹ (83–178), spring = 153 km day⁻¹ (113–201); [Figure 2b](#)) but there were no differences between the flyways ([Table 1b](#)).

Seasonal dynamics of the migratory system

We found both latitude of the breeding sites and flyway to be significant predictors for the timing of various phases of the autumn migration. Although birds from different breeding latitudes started the autumn migration at similar time, breeders from higher latitudes crossed the 30°N latitude and arrived at the non-breeding sites later ([Figure 3a](#), [Table 1c-e](#)). Our model results revealed that individuals using the Western flyway migrated on average 5–7 days earlier than individuals using the Eastern flyway at all stages of autumn migration ([Table 1c-e](#)).

In spring, migration started at similar times on both flyways, but birds travelling along the Eastern flyway crossed the 30°N latitude and arrived at their European breeding sites later compared to the birds travelling along the Western flyway ([Figure 3b](#)). Our model estimates accounting for breeding latitude revealed a ca. 6.5-day difference between the two flyways for crossing 30°N latitude and arrival at the breeding sites ([Table 1gh](#)). We found a positive relationship between latitude of the breeding sites and spring arrival times, with each additional 1° latitude delaying migration by ca. 1.5 days ([Table 1h](#)).

The migration period (migration window) was overall longer on the Eastern flyway in both seasons (difference between the average start and end time of migration: autumn Western flyway = 42.4 days (95% CI = 39.6–45.3), autumn Eastern flyway = 59.5 days (53.2–65.9), spring Western flyway = 32.9 days (30.4–35.5), spring Eastern flyway = 44.7 days (40.3–49.2); [Figure 3](#)).

The timing of spring green-up and autumn senescence revealed a SW-NE gradient with later spring green-up and earlier autumn senescence in north-eastern Europe and, consequently, along the Eastern flyway compared to the south-western Europe and the Western flyway ([Figure 4](#)). Comparing the NDVI values from the breeding sites measured at the time of individual autumn departures revealed that birds migrating along the Eastern flyway left their respective breeding sites when the environment was more depleted compared to departure NDVI values for the birds migrating along the Western flyway ([Figure 5ab](#), [Table 1i](#)). Upon spring arrival, however, NDVI measures were similar for birds migrating along both flyways ([Figure 5cd](#), [Table 1j](#)).

Discussion

Migration routes of Afro-Palearctic migrants can be organized in two broadly defined flyways which roughly converge between 10–20°E in Central Europe. The birds mainly follow a longitudinally parallel migration pattern and northern breeders surpass southern breeders at the sub-Saharan non-

breeding sites, i.e. performing leapfrog migration. Our comparison of the migration timing revealed generally later migration along the Eastern compared to the Western flyway in both autumn and spring, which probably results from phenological differences between Western and Eastern Europe. Indeed, the NDVI data showed a longitudinal gradient with later spring green-up and earlier autumn vegetation senescence further east in Europe. In spring, irrespective of which flyway the birds used, they matched arrival time at breeding sites with timing of local vegetation green-up, suggesting that spring arrival time is fine-tuned in accordance with phenology of the breeding site. Furthermore, birds breeding at higher latitudes arrived at their non-breeding sites in Africa and breeding sites in Europe increasingly later at a rate of ca. 1.5 days delay per 1° increase in breeding latitude.

Spatial structure

Century-long efforts of bird ringing have revealed general migration directions and often also non-breeding areas of most long-distance migrants breeding in Europe (e.g., Zink, 1973–1985; Bairlein, 2001; Wernham *et al.*, 2002; Bønløkke *et al.*, 2006; Cepák *et al.*, 2008; Valkama *et al.*, 2014). Our findings add to this knowledge by identifying a strong relationship between the longitudes of breeding and non-breeding sites such that individuals with eastern (European) breeding sites also typically have eastern (African) non-breeding sites. Irrespective of whether it is a cause or a consequence, this relationship extends to the use of a particular flyway. As a result, the parallel migration system that links Europe and sub-Saharan Africa generates a certain degree of community and ecosystem connectivity between Western Europe and West Africa, and Eastern Europe and Central/East Africa (Bauer & Høye, 2014). The presence of east-west oriented ecological barriers, i.e. the Sahara Desert and the Mediterranean Sea, further facilitates migration pathways that flow through the western and eastern edges of the barriers where the projected flight distance over inhospitable areas are shorter when compared to the central part of the Sahara (Adamík *et al.*, 2016).

In some species, extending their breeding ranges while maintaining the genetically imprinted migration direction and non-breeding areas has led to more complex migratory networks with longer migration distances and, hence, higher costs of migration. For example, Aquatic Warbler *Acrocephalus paludicola* has gone extinct in Western Europe, and the entire world population is now breeding in eastern Europe yet maintaining the species' historic migration route along the Western flyway to their non-breeding areas in West Africa (Salewski *et al.*, 2019). Similarly, the breeding range of Pied Flycatcher *Ficedula hypoleuca* extends to 93°E and virtually the entire Palearctic population migrates through the Iberian Peninsula along the Western flyway (Lundberg & Åkesson, 1992). On the contrary, Red-backed Shrikes *Lanius collurio* breeding on the Iberian Peninsula migrate exclusively along the Eastern flyway and overwinter in southern Africa (Tøttrup *et al.*, 2017).

The negative correlation between the latitudes of individual breeding and non-breeding sites suggests leapfrog migration to be the prevailing pattern among long-distance migrants in the Afro-Palearctic bird migration system. Leapfrog migration is thought to have arisen from competition at the non-breeding sites during the post-glacial expansion of the breeding areas (Newton, 2008). As the species increased in abundance and colonised new breeding sites further north, the competition for resources at the non-breeding sites increased, forcing northern breeders to migrate further south and leapfrog their conspecifics. Therefore, individuals from more northern breeding populations typically migrate longer distances than their southern conspecifics.

Seasonal dynamics

Our results indicate that the timing of migration differs between the two flyways by approx. 5–7 days at all annual migration stages, except for start of spring migration. The differences in spring arrival times are likely driven by differences in phenology of the environment (spring green-up) along the two flyways. We found a strong SW-NE gradient in the timing of spring green-up and autumn senescence across Europe (Figure 4; Menzel *et al.*, 2005) that is likely resulting from the degree of continentality, i.e. by how much a region's climate is influenced by the advection of air masses from the ocean and from the landmass (Franzén, 1991).

Analyses of ring recovery data have already suggested such flyway-scale differences in annual migration timing in, e.g. White Stork *Ciconia ciconia* (Bairlein, 2001), but quantifying these differences for other annual stages than spring arrival remains often elusive with ring-recovery data. Earlier tracking studies of long-distance migrants have shown population specific timing of annual migration routines which are linked to spring phenology at various breeding latitudes (Conklin *et al.*, 2010; Briedis *et al.*, 2016; Gow *et al.*, 2019). Moreover, the northward progression of migrants in spring was found to be tuned with vegetation phenology in the Nearctic-Neotropical migration system (Marra *et al.*, 2005; La Sorte *et al.*, 2014b), where atmospheric and environmental conditions *en route* played an important role in shaping seasonal and flyway scale differences in migrations strategies (La Sorte *et al.*, 2014a,b, 2016; La Sorte & Fink, 2017). This finding is supported by scarce evidence from tracking studies. For example, Barn Swallows breeding at the same location in the Czech Republic differed in spring arrival dates depending on flyway with birds following the Eastern flyway arriving on average five days later than birds following the Western flyway (Klvaňa *et al.*, 2018) – a difference that coincides with our estimates (Table 1h). To avoid adverse conditions *en route* in early spring, long-distance migrants travelling along the Eastern flyway should be adapted to cross the Sahara later compared to migrants on the Western flyway. Selection pressure against premature arrival is likely high as early arriving individuals have been shown to suffer increased

mortality (Lerche-Jørgensen *et al.*, 2018), particularly in years with delayed spring green-up (Briedis *et al.*, 2017).

In autumn, birds travelling along the Eastern flyway departed from their breeding sites later compared to the birds travelling along the Western flyway despite an earlier vegetation senescence in the Eastern Europe. Long-distance migrants generally depart from their breeding sites well ahead of senescence of the environment in autumn (Briedis *et al.*, 2016), suggesting that departure timing in autumn is probably controlled by mechanisms other than deteriorating habitat conditions. Experimental studies on Stonechats *Saxicola torquatus* revealed that migratory restlessness (*Zugunruhe*) starts significantly earlier in Irish birds compared to their continental counterparts (Van Doren *et al.*, 2017) suggesting endogenous control for the start of autumn migration (Pedersen *et al.*, 2018).

Zugunruhe data also demonstrate seasonal differences in the length and intensity of migratory activity (Van Doren *et al.*, 2017). We found that the migration window was shorter (and, thus the migration traffic was more synchronized) and travel speed was faster in spring compared to autumn on both flyways. Theoretical models predict faster and more synchronized spring migration due to high importance for early arrival at the breeding grounds (Kokko, 1999; Kokko *et al.*, 2006) that is counterbalanced by increased costs of premature arrival (Lerche-Jørgensen *et al.*, 2018). The ratio of average travel speeds in spring and autumn that we found in our study falls within the range of values reported earlier for the Afro-Palearctic migratory system (Karlsson *et al.*, 2012; Nilsson *et al.*, 2013, 2014).

To summarize, our findings indicate important differences in seasonal dynamics between the western and the eastern parts of the Afro-Palearctic migration system. Long-distance migrants track vegetation green-up when arriving at the breeding sites in spring but depart ahead of vegetation senescence in autumn. Consequently, the degree of continentality along migration routes and at the birds' breeding sites influences the timing of migration on a broad scale.

Conclusion

Scaling up from individual tracking and adopting the concept of migratory flyways helps to identify broad-scale spatiotemporal movement patterns of migratory birds (La Sorte *et al.*, 2014a). This knowledge is fundamental for understanding the main drivers that shape migration strategies of birds. Since a parallel migration pattern exists between Europe and Africa with distinct differences in timing, this must be an adaptation to the prevailing environmental settings along each flyway. To uncover the potential effects of global change on migratory systems, continued effort in monitoring migrants and synthesising datasets are necessary. To this end, citizen science data (e.g. EuroBirdPortal.org) offer a great potential to study the timing of bird migration across Europe, and

417 the continent-wide weather radar network can provide the rate of migration (Nussbaumer *et al.*,
418 2019), while individual-based tracking still present the best opportunities to link breeding, stopover
419 and non-breeding sites on individual and population level.

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592

593 **Data accessibility**

594 Data are available in the Dryad Digital Repository: <https://doi.org/10.5061/dryad.hdr7sqvdc>
595 (Briedis et al. 2020).

596 Tables

597 Table 1

598 Results of linear mixed-effects models. Interactions where 95% CI does not overlap zero are
599 highlighted in bold.

600

601

	Marginal R ²	Conditional R ²	Fixed effects			Random effects		
				Estimate	95% CI		Variance	SD
(a) Migration distance (km)	<0.01	0.89	Intercept	5303	4664 – 5942	Year:(BS* latitude:Species)	61359	247.7
			Flyway _(western)	42.05	–177.8 – 260.2	BS latitude:Species	640134	800.1
			Season _(spring)	69.64	–0.3 – 139.5	Species	1796471	1340.3
						Residual	299379	547.2
(b) Travel speed (km day ⁻¹)	0.03	0.25	Intercept	131.2	107.0 – 155.2	Year:(BS latitude:Species)	26.7	5.2
			Flyway _(western)	–4.48	–21.9 – 13.1	BS latitude:Species	136.6	11.7
			Season_(spring)	28.51	17.6 – 39.4	Species	1870.3	43.3
						Residual	7301.7	85.5
(c) BS departure	0.02	0.76	Intercept	242.3	225.8 – 258.8	Year:Species	24.4	4.9
			Flyway_(western)	–6.65	–9.89 – –3.38	Species	374.6	19.4
			BS latitude	–0.20	–0.49 – 0.09	Residual	131.8	11.5
(d) Crossing 30°N autumn	0.08	0.72	Intercept	221.0	206.4 – 235.7	Year:Species	16.7	4.1
			Flyway_(western)	–5.60	–8.47 – –2.68	Species	204.7	14.3
			BS latitude	0.77	0.51 – 1.04	Residual	96.8	9.8
(e) non-BS arrival	0.09	0.75	Intercept	219.9	200.5 – 239.3	Year:Species	42.3	6.5
			Flyway_(western)	–7.36	–11.4 – –3.4	Species	457.3	21.4
			BS latitude	1.42	1.08 – 1.76	Residual	189.8	13.8
(f) non-BS departure	0.06	0.69	Intercept	33.3	16.7 – 49.8	Year:Species	16.4	4.0
			Flyway _(western)	–2.30	–5.76 – 1.17	Species	302.3	17.4
			BS latitude	0.98	0.68 – 1.28	Residual	154.9	12.4
(g) Crossing 30°N spring	0.15	0.68	Intercept	54.9	40.9 – 69.0	Year:Species	8.7	2.9
			Flyway_(western)	–6.42	–9.41 – –3.45	Species	159.0	12.6
			BS latitude	1.07	0.81 – 1.33	Residual	101.8	10.1
(h) BS arrival	0.20	0.71	Intercept	52.8	39.6 – 66.0	Year:Species	9.1	3.0
			Flyway_(western)	–6.52	–9.33 – –3.71	Species	172.8	13.1
			BS latitude	1.47	1.23 – 1.71	Residual	104.5	10.2
(i) NDVI at BS departure	0.04	0.73	Intercept	0.205	0.107 – 0.304	Year:Species	0.342	0.059
			Flyway_(western)	0.047	0.026 – 0.068	Species	0.688	0.083
			BS latitude	0.003	0.001 – 0.005	Residual	0.409	0.064
(j) NDVI at BS arrival	0.03	0.68	Intercept	0.178	0.095 – 0.262	Year:Species	0.216	0.046
			Flyway _(western)	0.017	–0.001 – 0.003	Species	0.488	0.070
			BS latitude	0.003	0.002 – 0.005	Residual	0.340	0.058

* BS = breeding site

602

Figures

Figure 1

Flyway use of Afro-Palearctic long-distance migrants (red – Western flyway, blue – Eastern flyway). Pie charts mark the breeding site locations (diameter indicates sample size [n]) and show the proportions of individuals that use either of the flyways within each population. Individual non-breeding sites are marked with dots. *inset* Frequency distribution of flyway use according to breeding site longitude (values are binned into 10° longitudinal bands). The orange bar indicates populations that use both flyways, i.e. populations with a migratory divide.

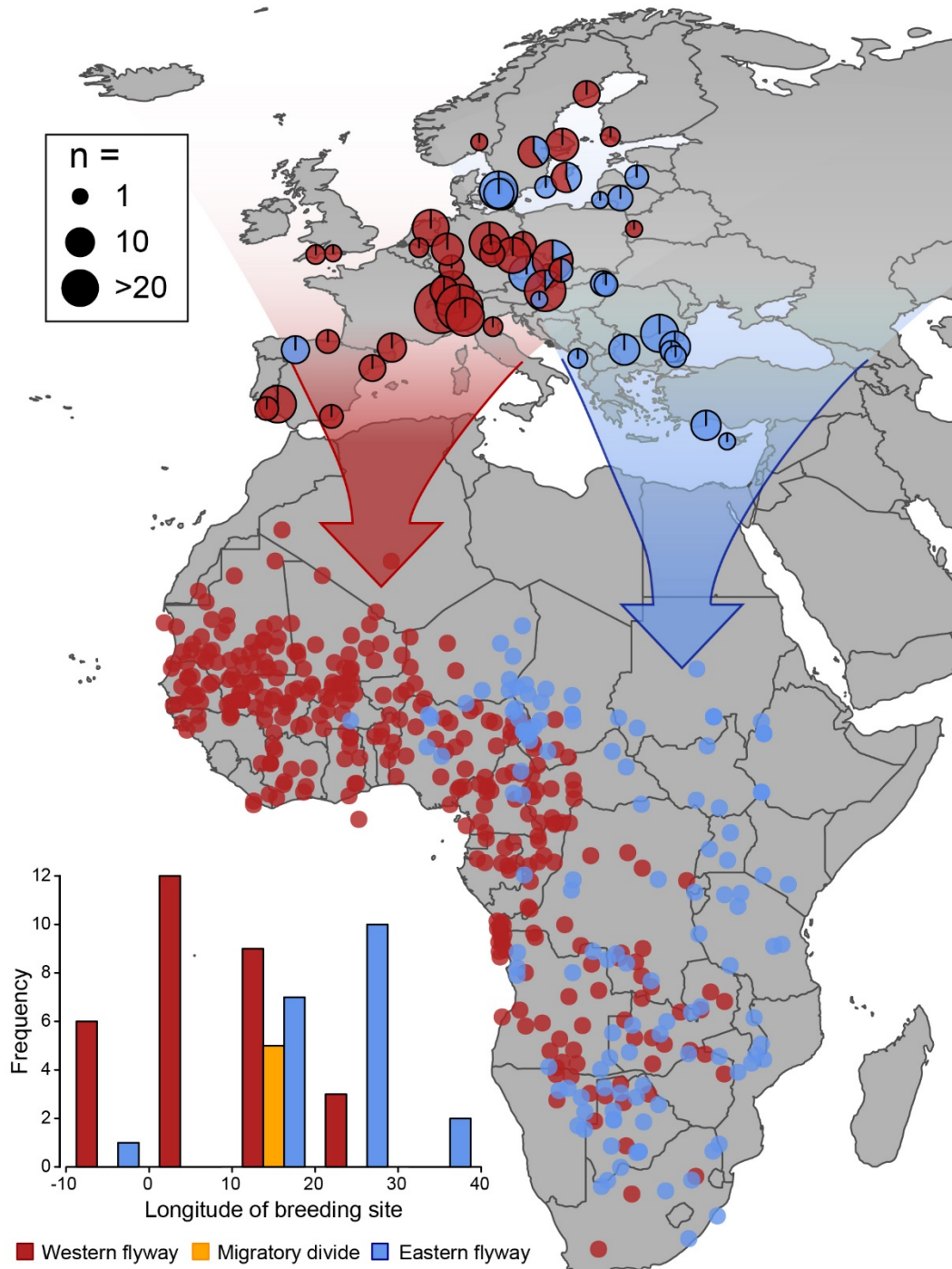


Figure 2

Season- and flyway-specific individual (a) migration distances and (b) travel speeds. The shape of the violins illustrates density distribution of data; horizontal black lines indicate median values; vertical black bars denote interquartile ranges.

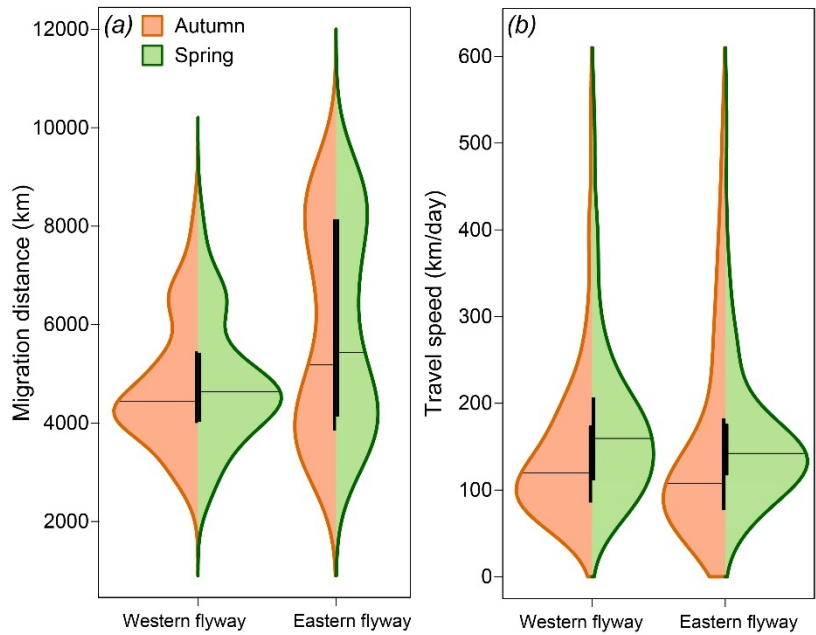


Figure 3

Standardized migration timing on the Western (red) and Eastern (blue) flyways in (a) autumn and (b) spring. Density plots show distribution of individual migration timing at three migration stages – departure (start of migration), crossing of the 30°N parallel, and arrival (end of migration), black lines indicate medians, shaded area shows 95% CI of migration window.

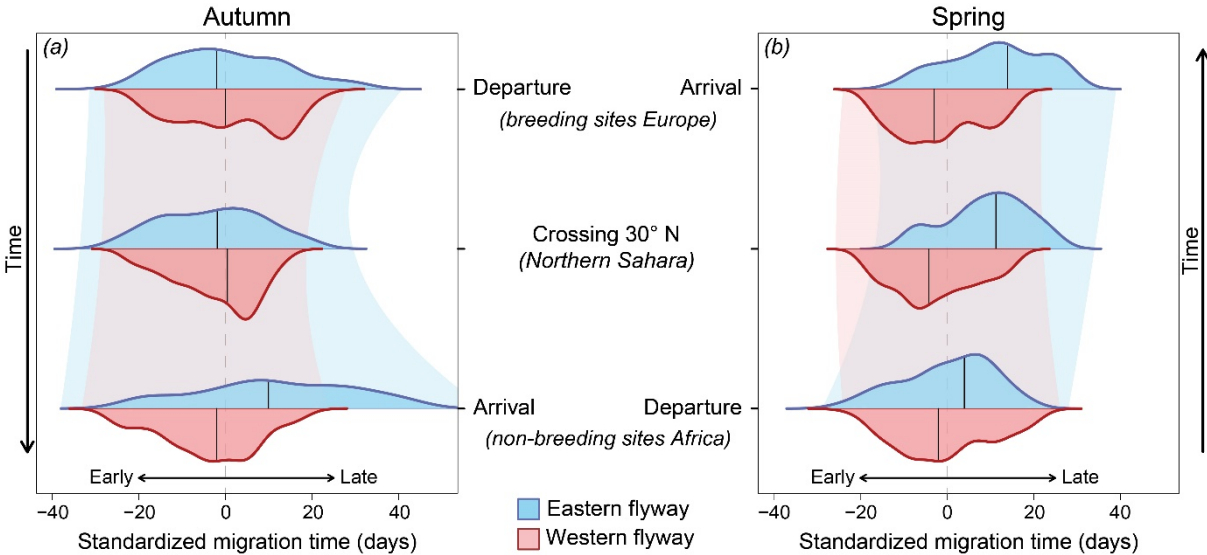


Figure 4

Timing of (a) spring green-up and (b) autumn vegetation senescence across Europe averaged for the period between 1983 and 2017. Grey areas indicate lack of seasonality in primary productivity (e.g. no vegetation or constant productivity likely driven by agricultural practices that might also result in the early autumn senescence patterns at various parts of southwestern Europe, e.g. western France and eastern England). Estimates are smoothed values across neighbouring cells (mean values across nine cells) based on a 4 x 4 km grid-cell.

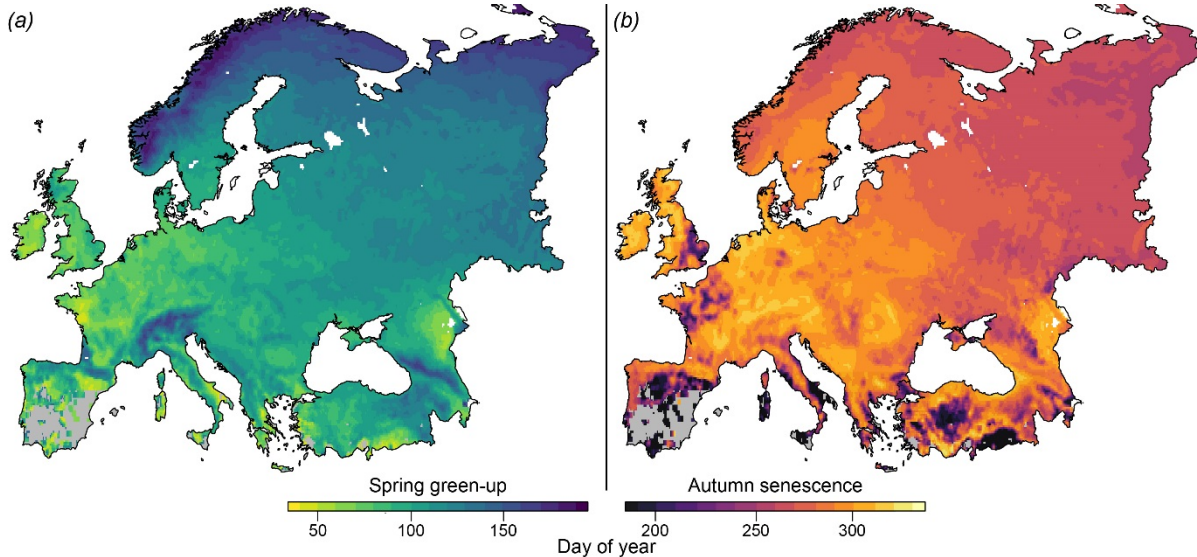
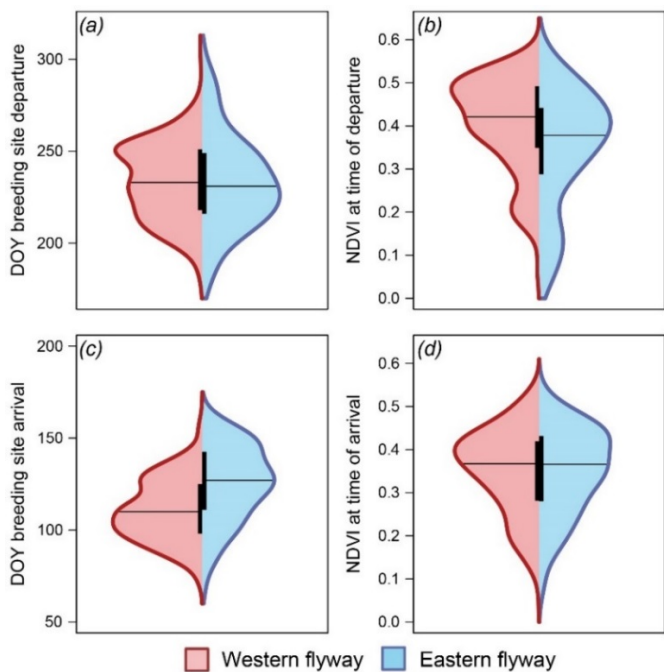


Figure 5

Individual breeding site departure and arrival times (day of the year – DOY) and corresponding NDVI values at the breeding sites according to the individual flyway use (red – Western flyway, blue – Eastern flyway). (a) individual departure from the breeding site times in autumn, (b) NDVI measures at the breeding sites at the time of departure, (c) individual breeding site arrival time in spring, and (d) NDVI measure at the breeding sites at the time of arrival. The shape of the violins illustrates density distribution of data; horizontal black lines indicate median values; vertical black bars denote interquartile ranges.



Appendix

Data sources

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