

| Source   | SMD (95% CI)         |
|----------|----------------------|
| Cavanagh | -0.41 [-0.81; -0.02] |
| Day      | -0.27 [-0.62; 0.08]  |
| Frazier  | -0.77 [-1.07; -0.47] |
| Gaffney  | -0.73 [-1.25; -0.21] |
| Greer    | -0.76 [-1.10; -0.43] |
| Harrer   | -0.17 [-0.53; 0.19]  |
| Total    | -0.52 [-0.80; -0.23] |
| 95% PI   | [-1.19; 0.16]        |

Heterogeneity:  $\chi^2_5 = 11.39$  ( $P = .04$ ),  $I^2 = 56\%$

