

What is the best treatment to stop structural damage in psoriatic arthritis?

Treating structural damage in psoriatic arthritis is best approached through a strategic selection of DMARDs, starting with csDMARDs, and progressing to bDMARDs such as TNFi or IL-17 inhibitors depending on patient response and specific disease manifestations.

This summary presents the clinical bottom line. [Click here](#) to read the full evidence-based answer on AskTrip, including detailed rationale and references