

## What is the recommended protocol for transitioning a patient from venlafaxine 37.5mg to mirtazapine?

Cross-tapering over a few weeks is often used when transitioning from venlafaxine to mirtazapine, adjusting as needed based on patient tolerance.

This summary presents the clinical bottom line. [Click here](#) to read the full evidence-based answer on AskTrip, including detailed rationale and references