

How is the volume of epicardial adipose tissue measured, and what are its clinical implications in cardiovascular risk assessment?

Epicardial adipose tissue (EAT) is measured using various imaging modalities such as echocardiography, CT, and MRI, and serves as a reliable marker for cardiovascular risk, though measurement lacks standardization across studies.

This summary presents the clinical bottom line. [Click here](#) to read the full evidence-based answer on AskTrip, including detailed rationale and references