



# Environmental and health impacts related to PFAS and TFA

**Hans Peter H. Arp**

Norwegian Geotechnical Institute (NGI)

Norwegian University of Science and Technology (NTNU)

Contact: [hans.peter.arp@ngi.no](mailto:hans.peter.arp@ngi.no)



**Workshop on sustainable alternatives to PFAS**

**with a focus on F-gases and electronics**

**24 April 2026, 9:00-15:45**

**Centre de Conférence Albert Borschette (Rue Froissart 36, 1040 Etterbeek – room 1.B)**



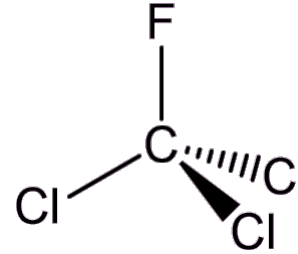
This project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement No 101036756.



# A precautionary tale....

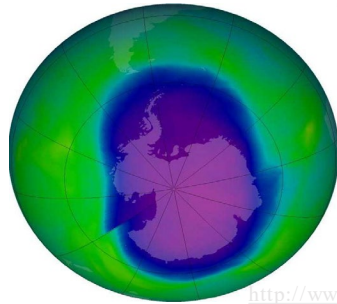
## James Lovelock (1919 – 2022)

- Invented the Electron Capture Detector (ECD)
- First to detect chlorofluorocarbons (CFCs) in the atmosphere



- CFCs pose "no conceivable hazard"

Lovelock J (1988). *The Ages of Gaia: A Biography of Our Living Earth*



[http://www.nasa.gov/vision/earth/environment/ozone\\_resource\\_page.html](http://www.nasa.gov/vision/earth/environment/ozone_resource_page.html)

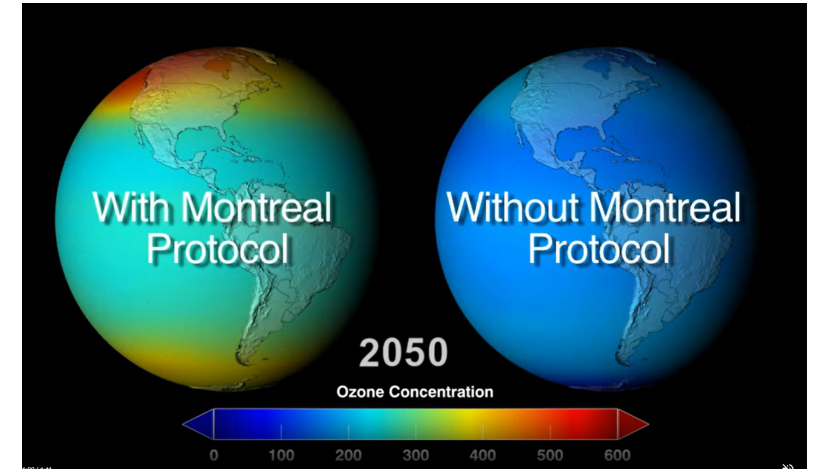
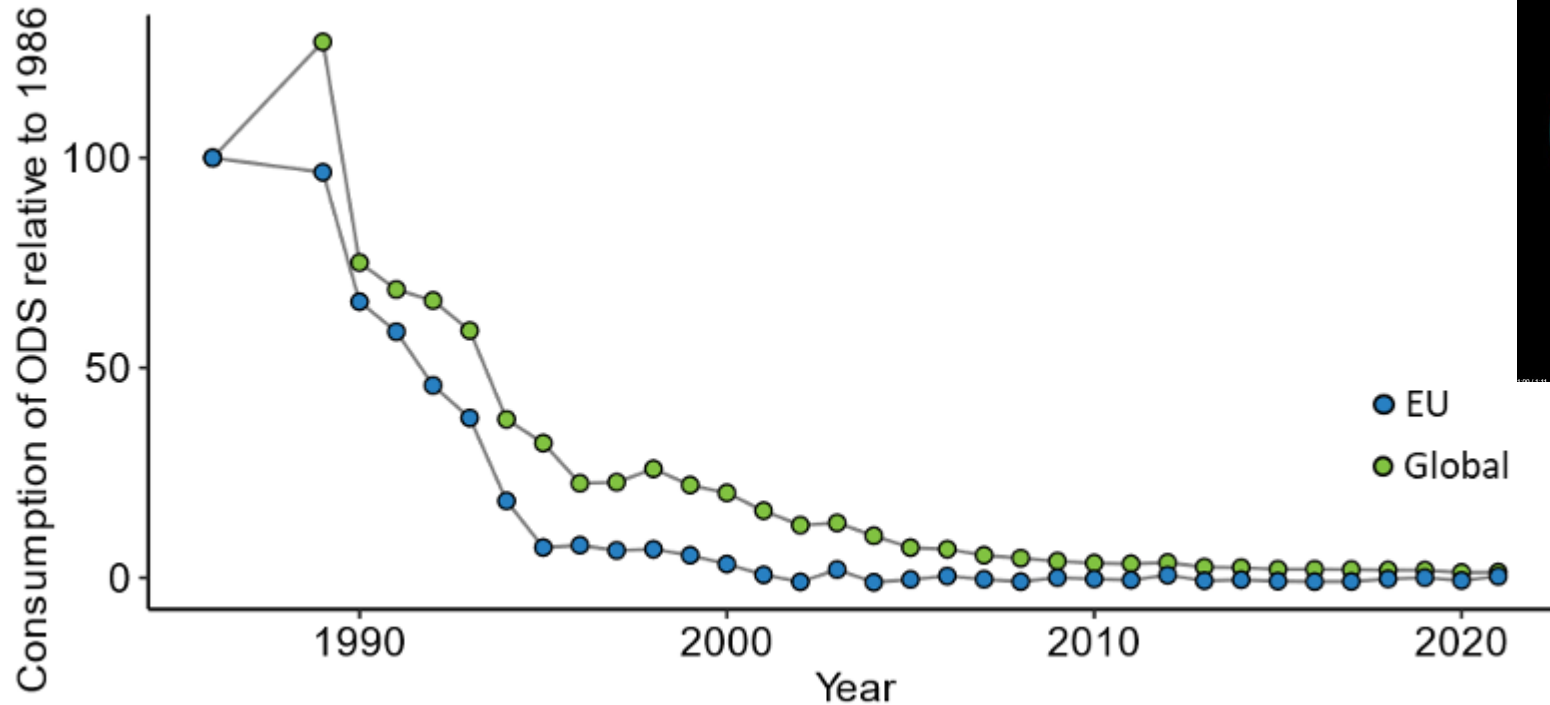
- CFCs pose "no conceivable **toxic** hazard"

Lovelock J (2000). *Homage to Gaia: The Life of an Independent Scientist*





# The Montreal Protocol saved the planet. without it there would be no photosynthesis



EU and global relative consumption of ozone depleting substances (ODS, like chlorofluorocarbons) since 1986, showing the reduction the consumption of ODS due to the Montreal Protocol.

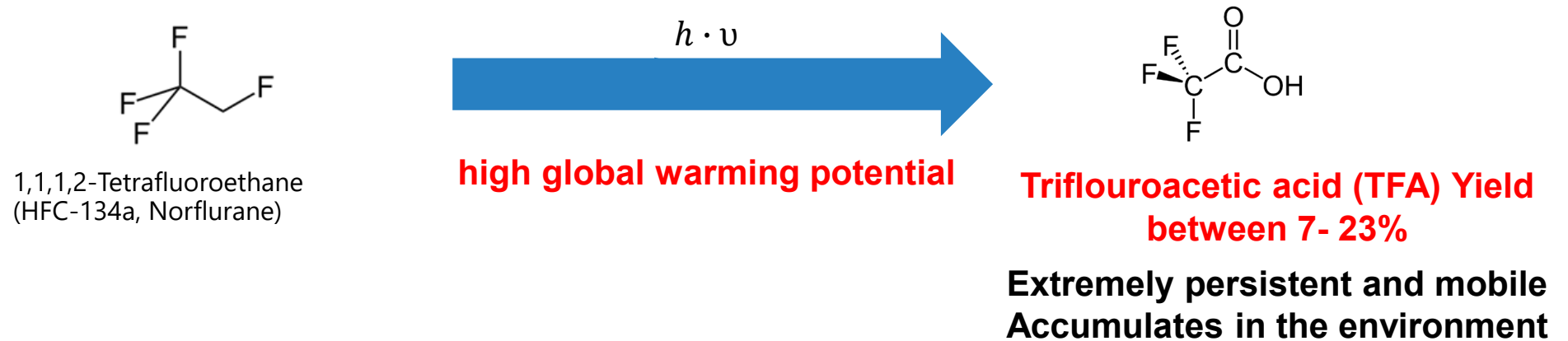
Chirsir, Palm *et al.* (2024 in press), ESEU, DOI: [10.26434/chemrxiv-2024-tn5t5](https://doi.org/10.26434/chemrxiv-2024-tn5t5)

EEA (2023) EU and global consumption of controlled ozone-depleting substances — European Environment Agency. In: European Environmental Agency. 826  
<https://svs.gsfc.nasa.gov/cgi-bin/details.cgi?aid=10824>

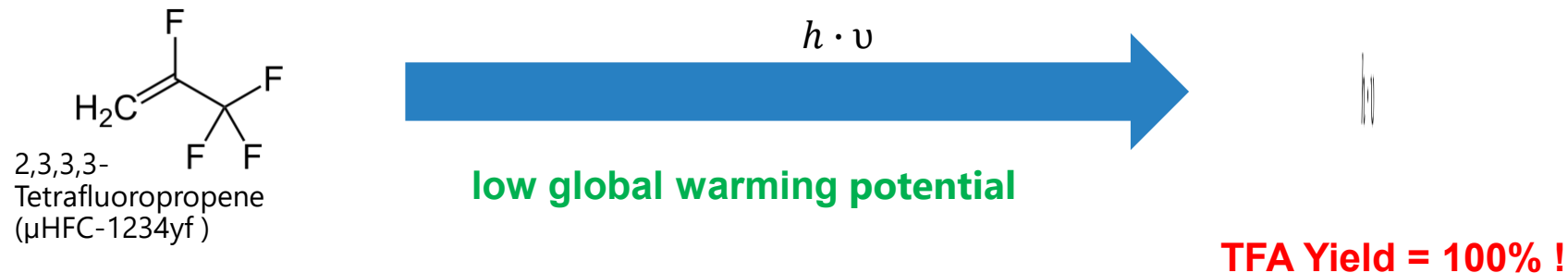


# The history of the Montreal Protocol is a history of burden shifting via «drop in substitution»

- 1st Gen: Chlorofluorocarbons (**CFCs**) – *Ozone depletion*
- 2nd Gen: Hydrochlorofluorocarbons (**HCFCs**)– less ozone depleting, but *green house gases*
- 3rd Gen: Saturated hydrofluorocarbons (**HFCs**) -> green house gases, *mild formation of TFA*



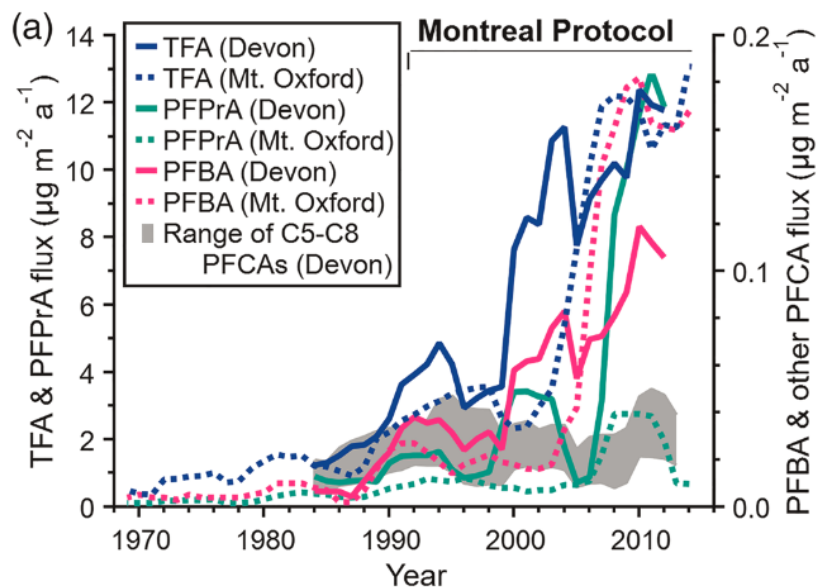
- 4th Gen: F-gases after Kigali amendment (2019): Unsaturated hydrofluoroolefins (**HFOs**), less global warming potential, ***increased formation of TFA***



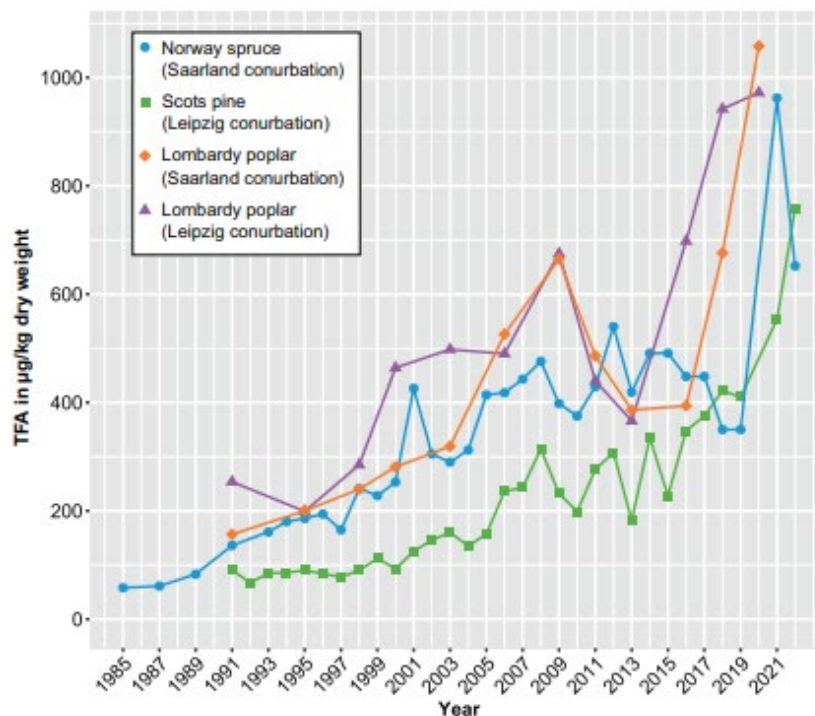


# TFA is accumulating everywhere, largely coinciding with F-gas use following the Montreal Protocol

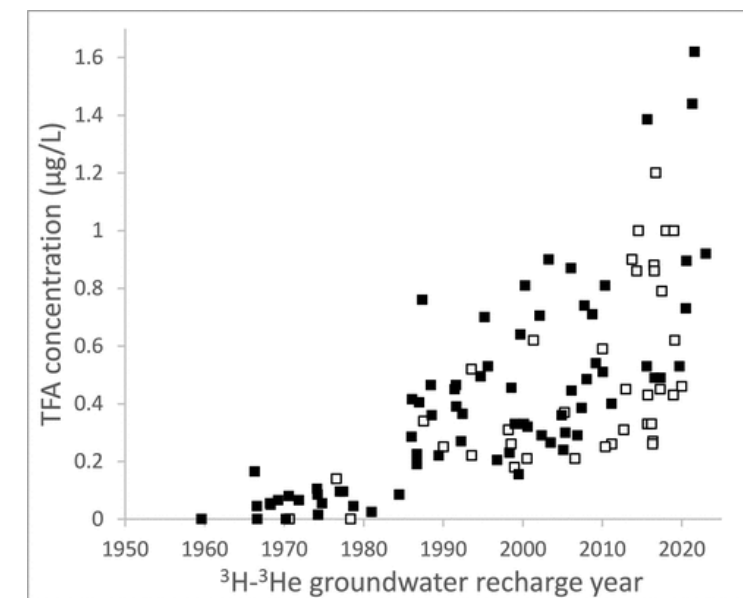
## TFA accumulating in arctic ice cores



## and in tree leaves



## and in groundwater



Pickard et al. Geophysical Research Letters (2020),47, e2020GL087535

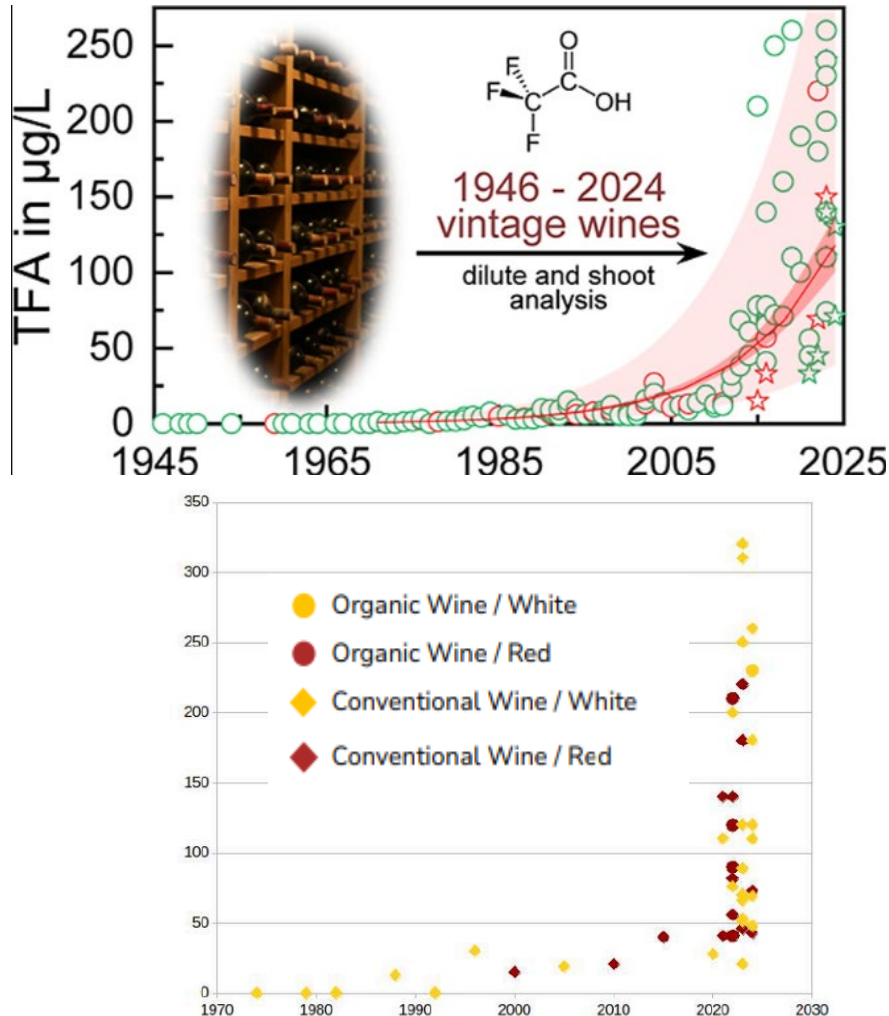
Freeling and Björnsdotter, Current Opinion in Green and Sustainable Chemistry 2023, 41:100807

Albers and Sültenfuss, Environmental Science & Technology Letters 2024 11 (10), 1090-1095

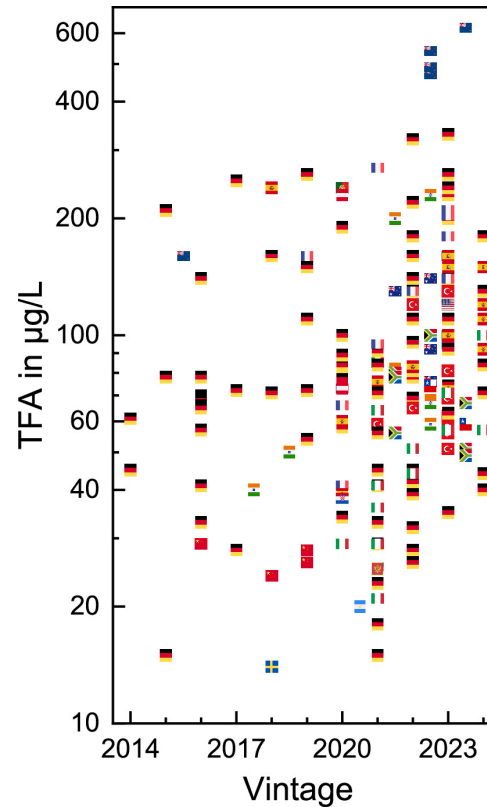


# TFA is increasing in all that we drink

## ...Wine



Up to 600 µg/L



**Drinking water** (median)<sup>1,2</sup>

- Germany: 1.5 µg/L
- 19 Countries: 0.23 µg/L

**Tee** (median): 2.4 µg/L<sup>2</sup>

**Beer** (median) 6.1 µg/L<sup>2</sup>

**Orange juice** (mean 34 µg/L)<sup>3</sup>

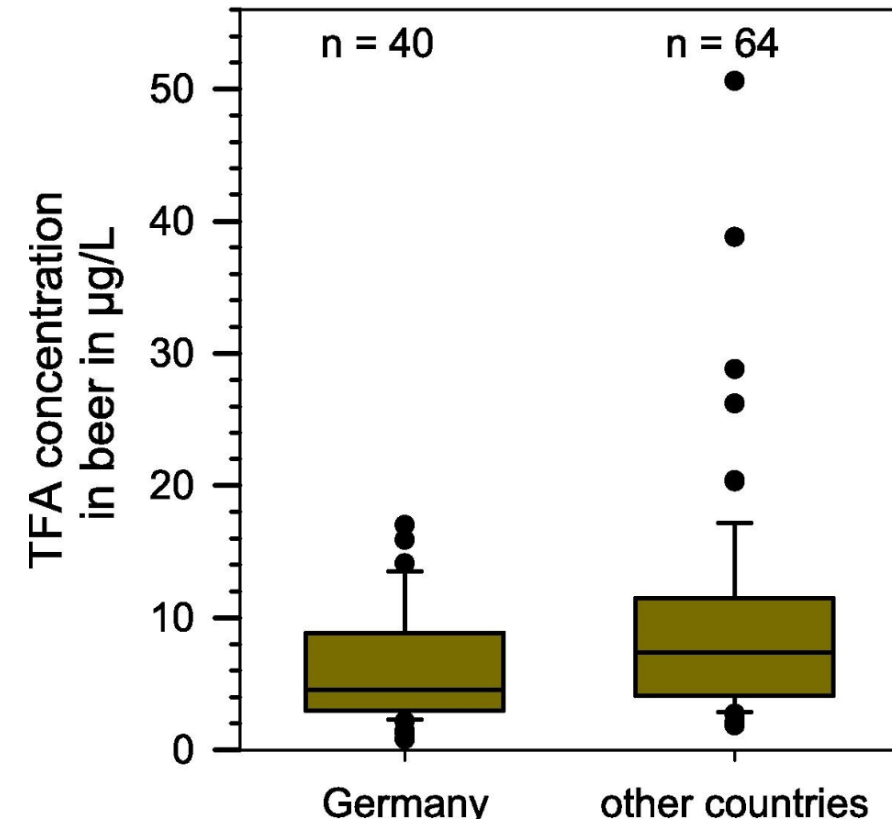
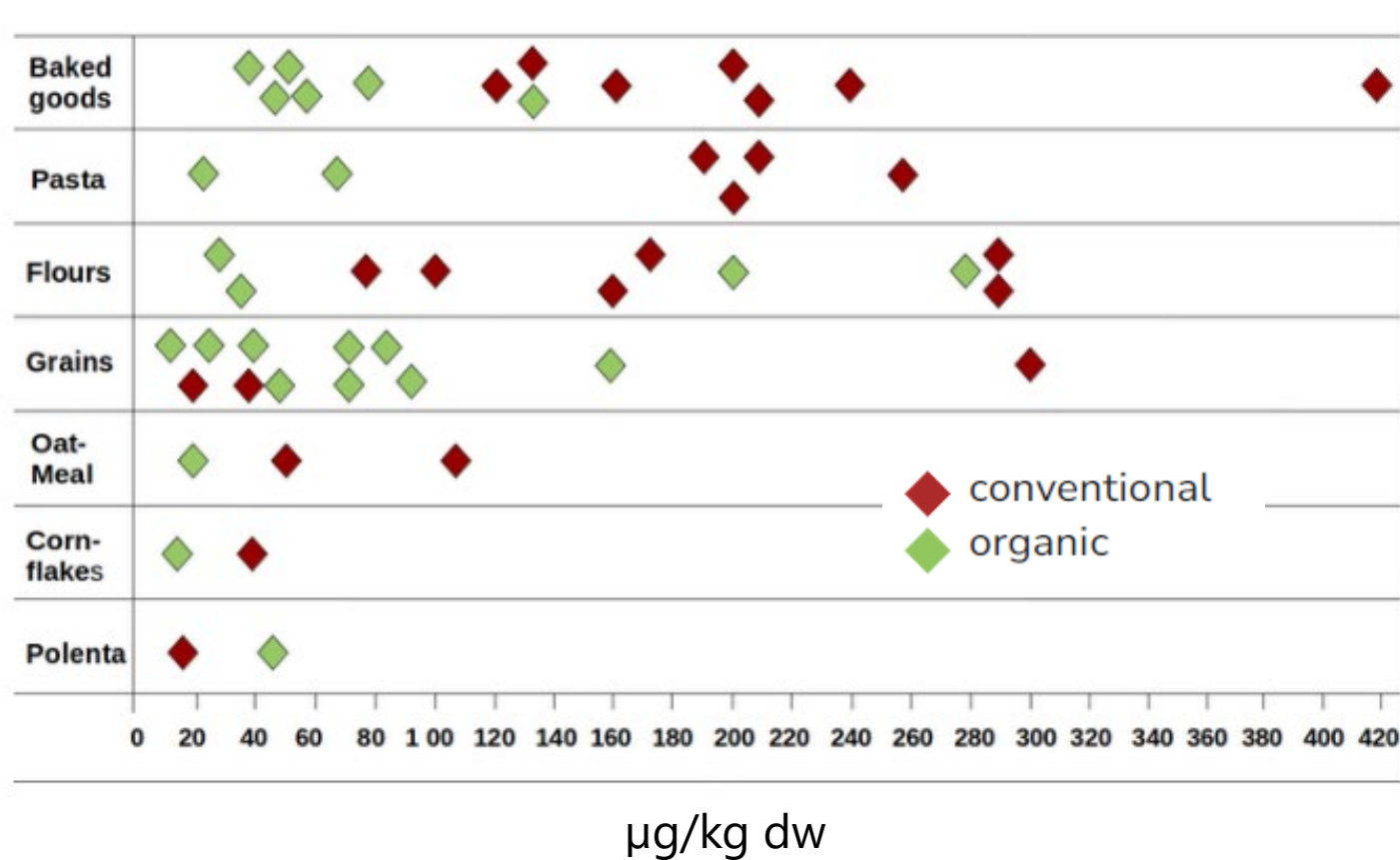
**Apple juice** (mean 6.2 µg/L)<sup>3</sup>

1. Neuwald et al. *Environmental Science & Technology* **2022** 56 (10), 6380-6390
2. Scheurer & Nödler. *Food Chemistry*, 351, 129304.
3. Van Hees et al. [https://cdnmedia.eurofins.com/european-east/media/uxcnaa2c/eurofins\\_tfa\\_tfms\\_juice\\_24\\_final.pdf](https://cdnmedia.eurofins.com/european-east/media/uxcnaa2c/eurofins_tfa_tfms_juice_24_final.pdf)



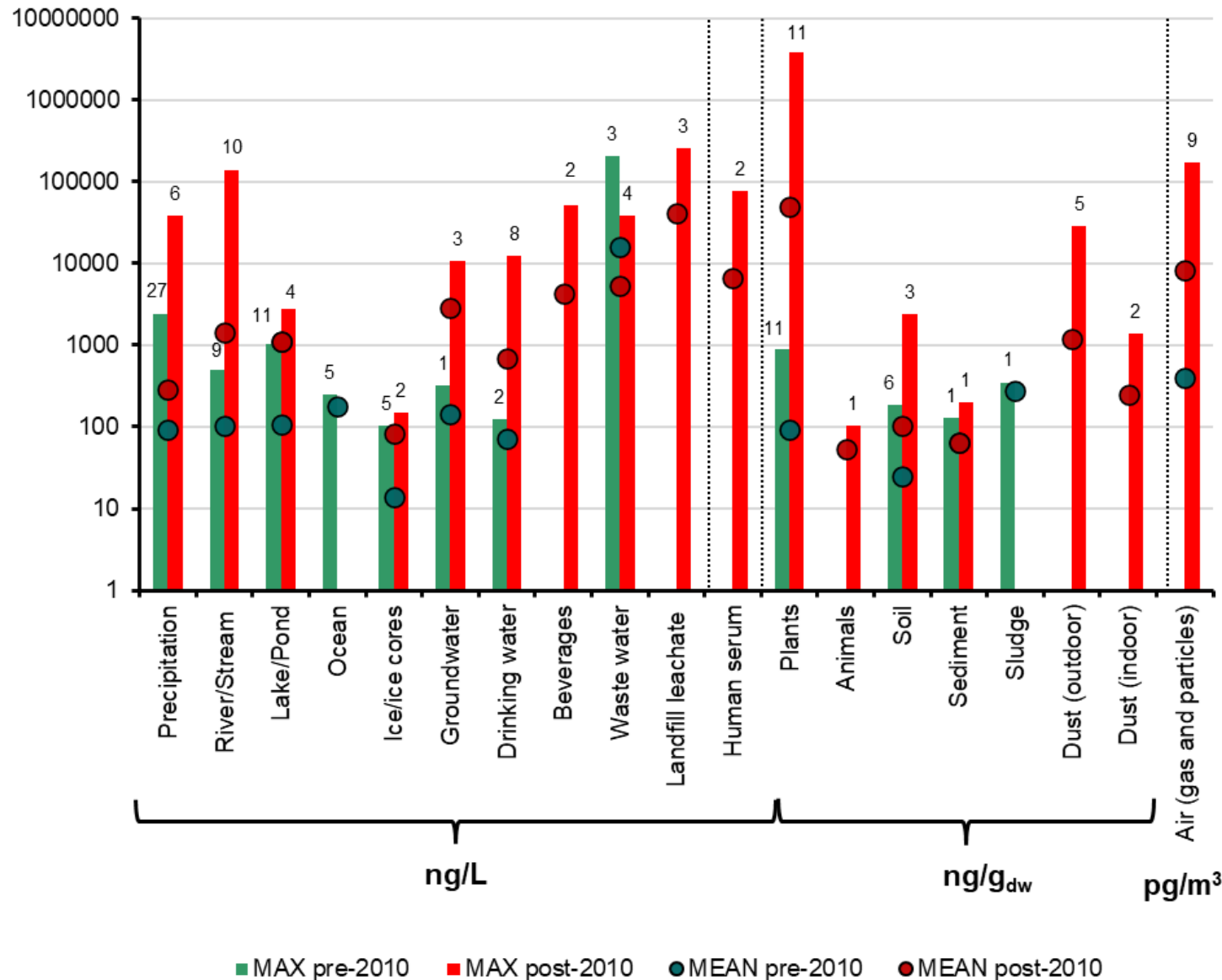
# The Forever Chemical in our Daily Bread

The worrying rise of TFA in cereal products





# TFA is accumulating everywhere it can be measured



Chinese blood 97% detection  
Median 8.5 µg/L  
Similar to levels of the sum of all long-chain, bioaccumulative PFAS

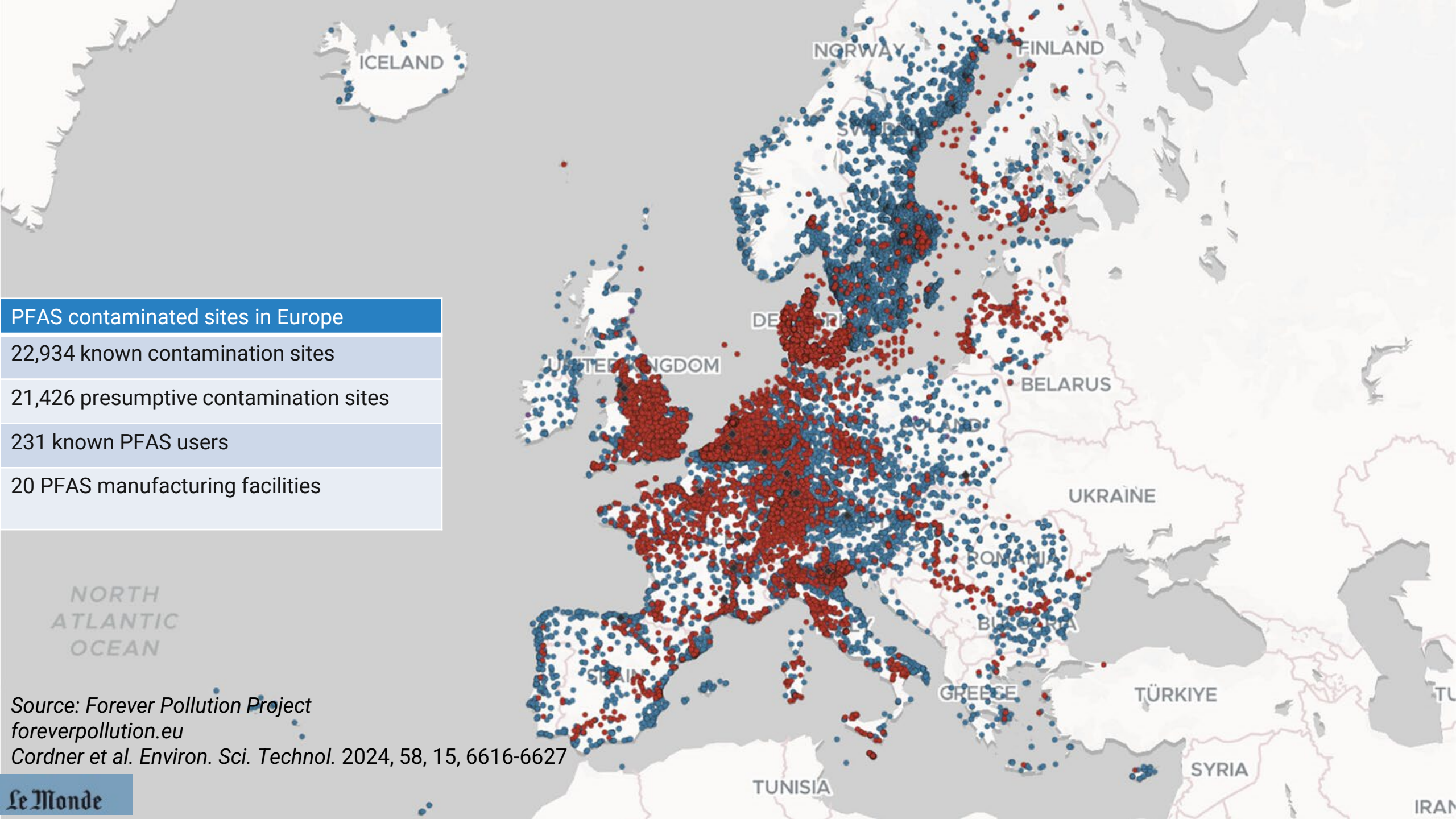


USA blood serum 74% detection  
Median 6.0 µg/L  
Twice the levels of the sum of all long-chain, bioaccumulative PFAS

What levels of TFA will be in the blood of future generations?

Duan et al. (2020) Environ Int 134:105295.  
Zheng et al. (2023) ES&T 2023, 57, 15782-15793  
Arp et al. ES&T 2024, 58, 45, 19925-19935



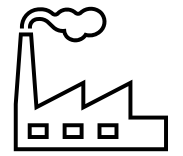


PFAS contaminated sites in Europe
22,934 known contamination sites
21,426 presumptive contamination sites
231 known PFAS users
20 PFAS manufacturing facilities

Source: Forever Pollution Project  
foreverpollution.eu  
Cordner et al. Environ. Sci. Technol. 2024, 58, 15, 6616-6627



# Release from PFAS and fluoropolymer production and products

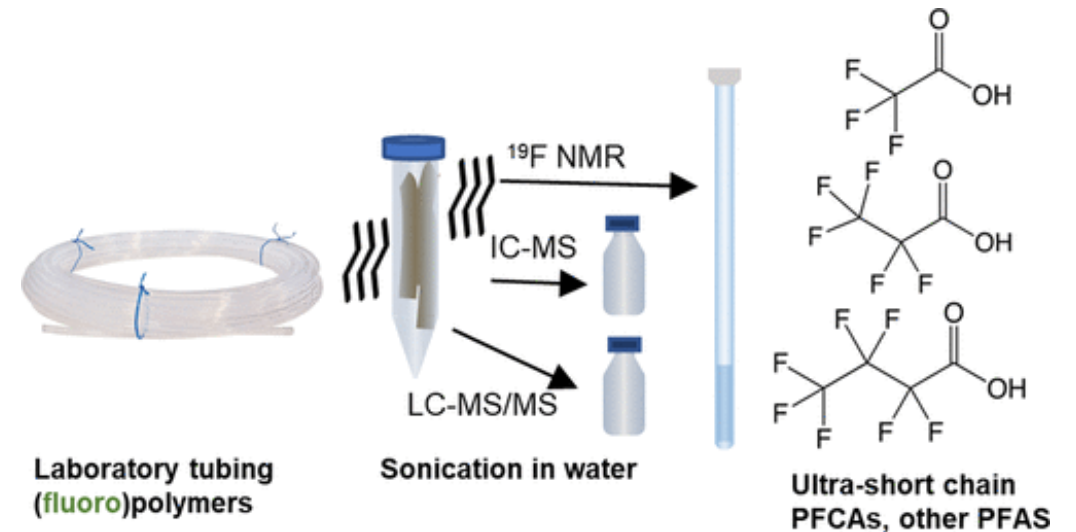


PFAS production and products



Richard Hurd

- EU production of TFA 100 – 1000 tonnes/year
- TFA releases during F-gas, Fluoropolymer and PFAS production (e.g. 7500 µg/L in river Arias near a PFAS production facility)<sup>1</sup>

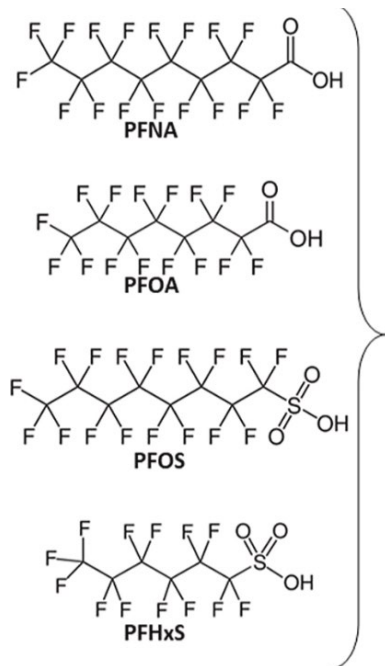


- Fluoropolymers *and plastics* leach TFA and other PFAS
- 126 +/- 96 µg/kg TFA leach from FEP tubing

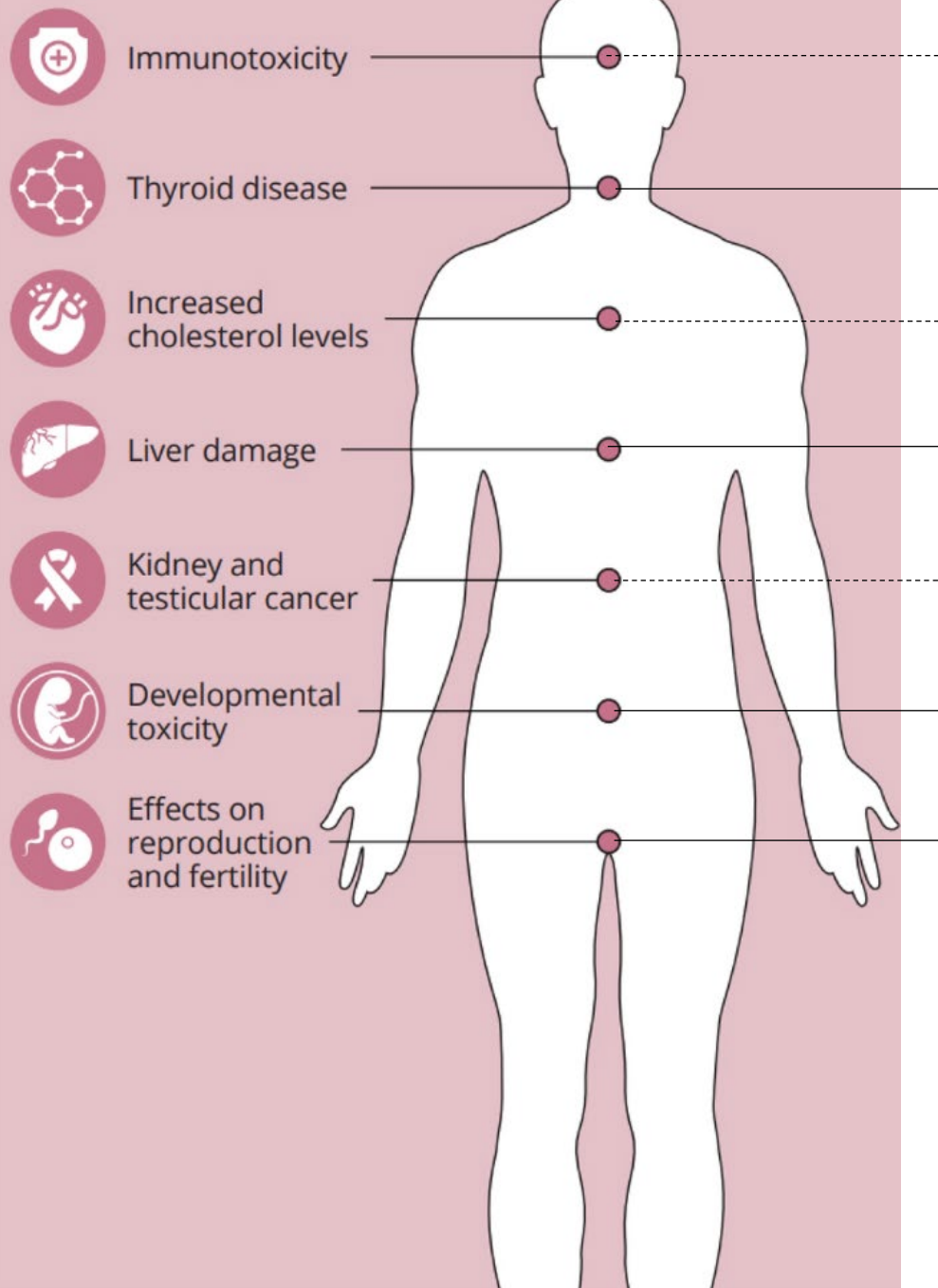
<sup>1</sup><https://www.generations-futures.fr/wp-content/uploads/2024/02/rapport-salindres-pfas.pdf>



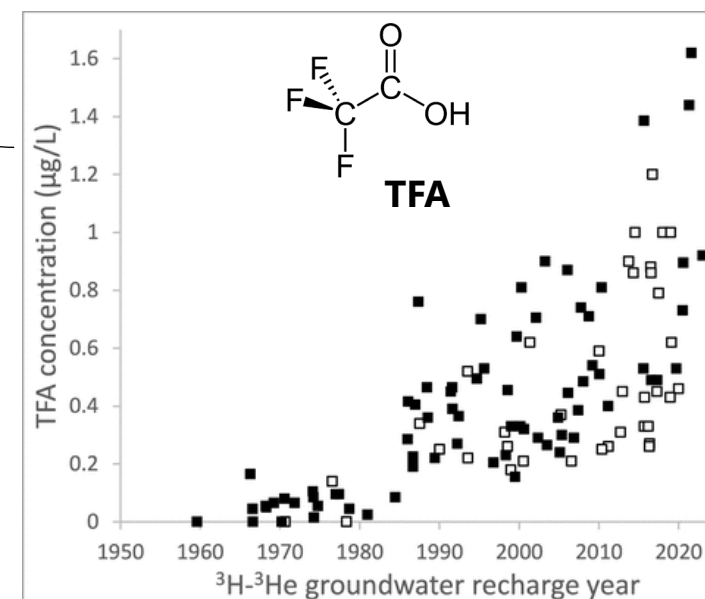
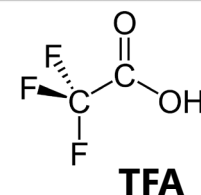
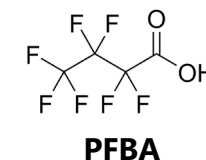
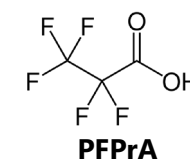
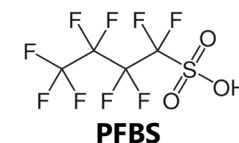
# Legacy scenario



Brunn, H., Arnold, G., Körner, W. et al. . *Environ Sci Eur* **35**, 20 (2023). <https://doi.org/10.1186/s12302-023-00721-8>



# Emerging scenario





# Toxicity to Mammals



**RIVM (2022)**

**Chronic rat toxicity (feeding)**



Dose response: Male liver weight vs dose

Relevant potency factor: TFA is 0.002 x toxic as PFOA

Corresponds to a **water threshold value of 2.2 µg/L**

*Exceeded in an increasing number of areas*

**ECHA REACH Dossier (2024)**

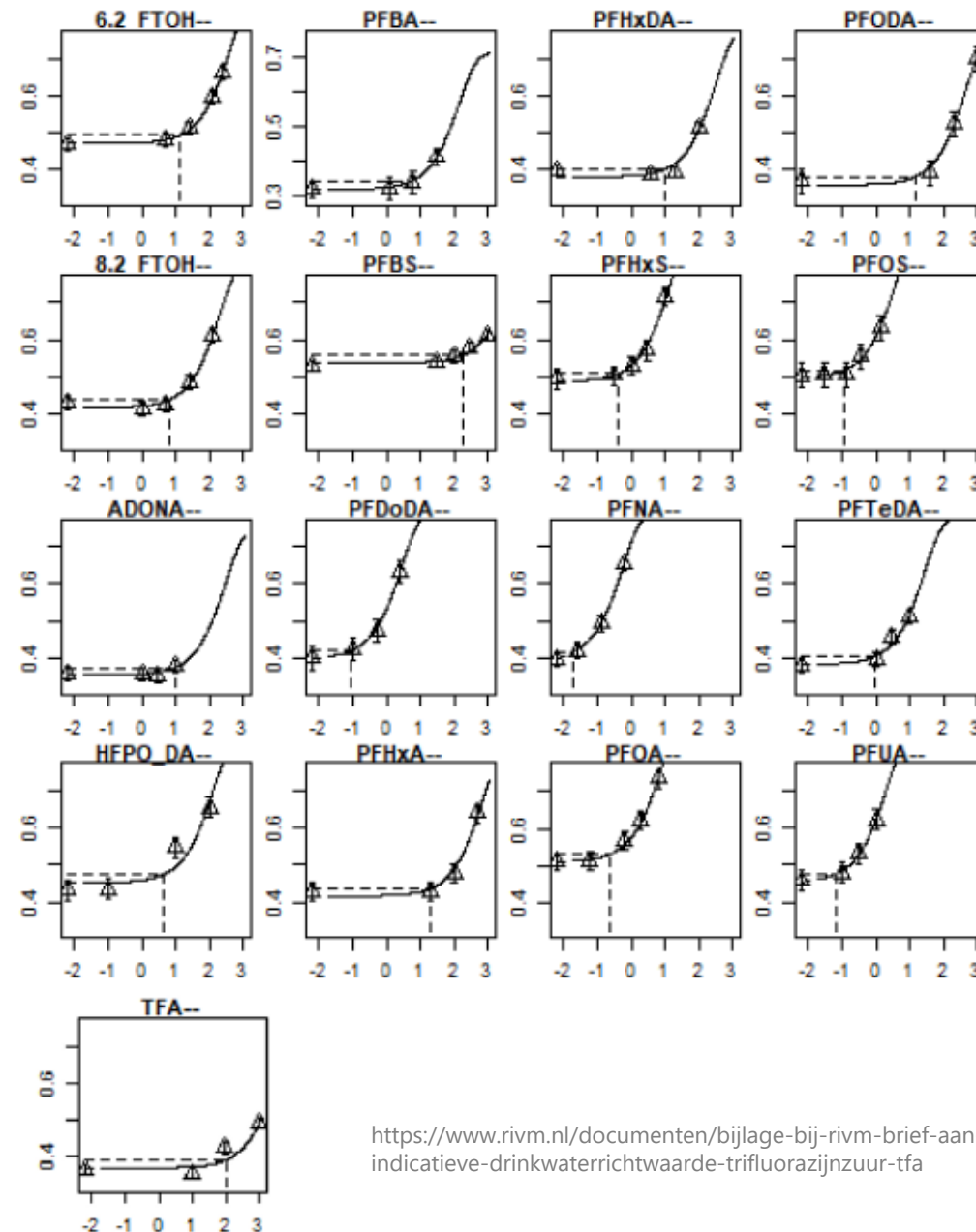
**Han Wistar Rabbits**



embryo-fetal developmental toxicity <180 mg/kg/day

multiple folded retina and absent aqueous/vitreous humor  
were above the ... historical control data range

**Category 1B: Presumed human reproductive toxicant**



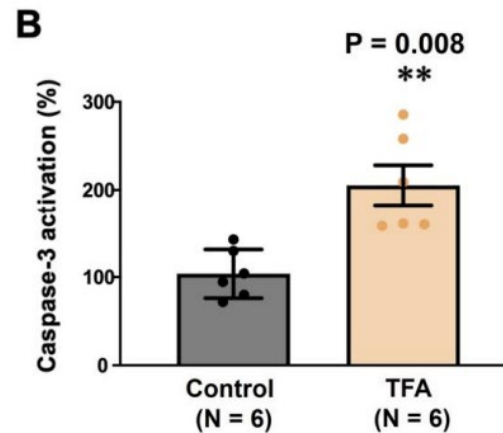
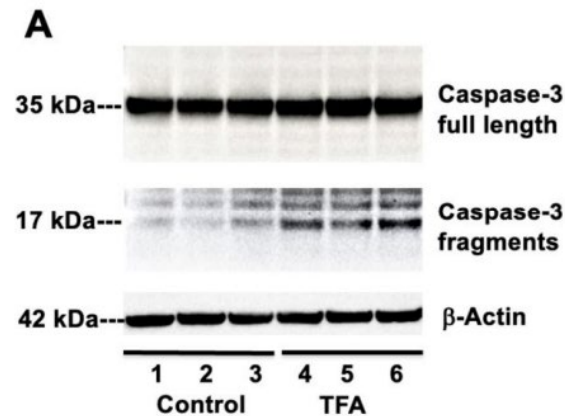
<https://www.rivm.nl/documenten/bijlage-bij-rivm-brief-aan-ilt-indicatieve-drinkwaterrichtwaarde-trifluorazijnzuur-tfa>







# Link to neurotoxicity with TFA-binding to proteins



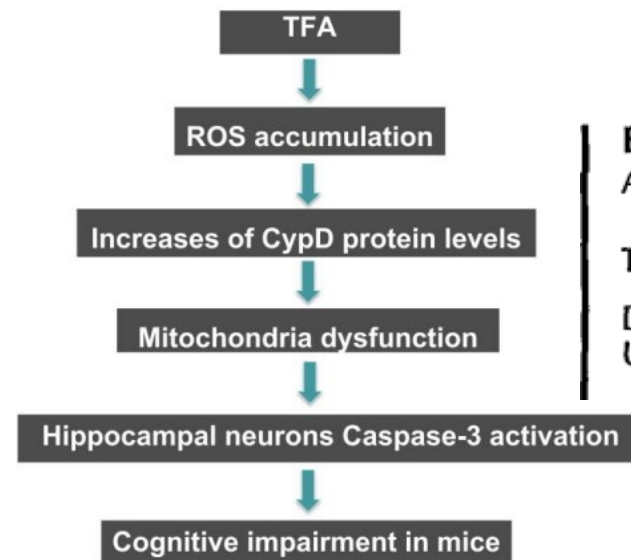
**Aging and Disease**  
[www.aginganddisease.org](http://www.aginganddisease.org)

Early access date: February 26, 2025  
<http://dx.doi.org/10.14336/AD.2024.1430>

Original Article

## Trifluoroacetic Acid Induced a Cyclophilin D-Dependent Cognitive Impairment in Mice

Yun Li<sup>1,2#</sup>, Yichi Xu<sup>1,3</sup>, Yuanlin Dong<sup>1</sup>, Christa J. Nehs<sup>4</sup>, Zhongcong Xie<sup>1</sup>, Yiyang Zhang<sup>1\*</sup>



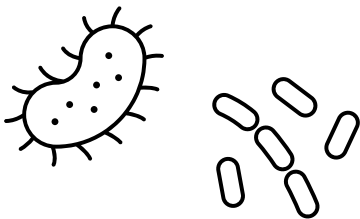
## EFFECTS OF TRIFLUOROACETIC ACID, A HALOTHANE METABOLITE, ON C6 GLIOMA CELLS

T. G. Ma, Y. H. Ling, G. D. McClure, M. T. Tseng

Department of Anatomical Sciences and Neurobiology,  
University of Louisville, Louisville, Kentucky

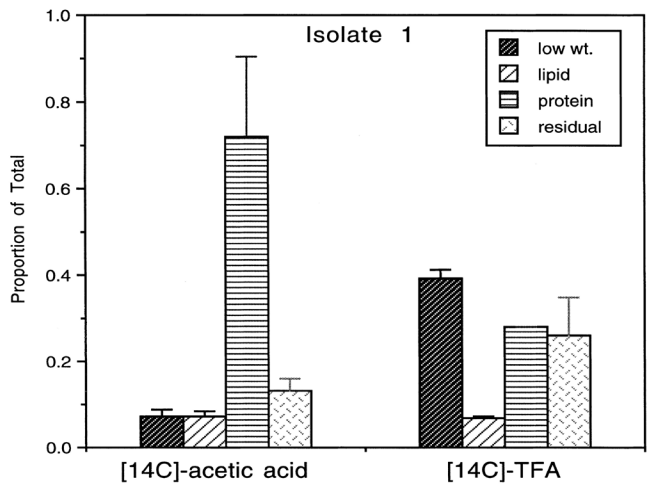
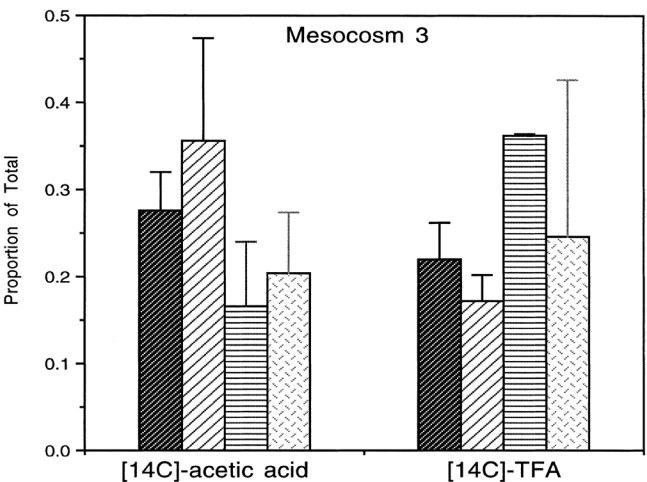


# TFA able to become part of the lipids and biomolecules inside microbes .... no follow-up since 1999



## Trifluoroacetate, an Atmospheric Breakdown Product of Hydrofluorocarbon Refrigerants: Biomolecular Fate in Aquatic Organisms

LAUREL J. STANDLEY\* AND THOMAS L. BOTT  
Stroud Water Research Center, Academy of Natural Sciences of Philadelphia, 970 Spencer Road, Avondale, Pennsylvania 19311



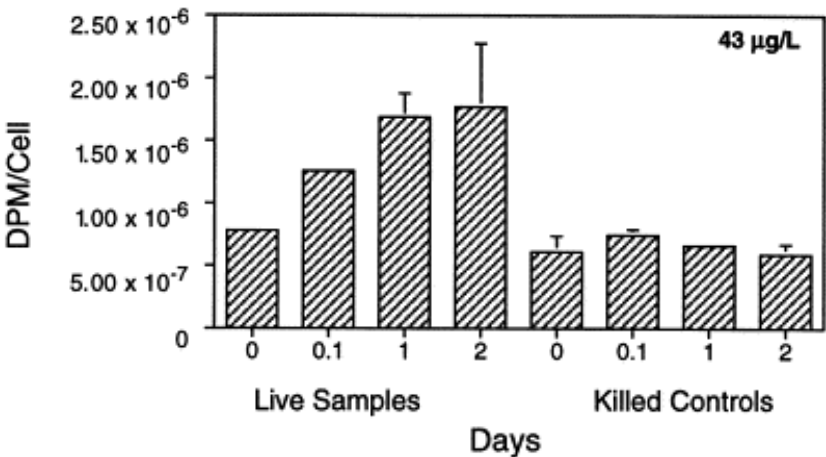
Water Research  
Volume 33, Issue 6, April 1999, Pages 1538-1544



Research Note

## Incorporation of trifluoroacetate, a hydrofluorocarbon decomposition byproduct, by freshwater benthic microbial communities

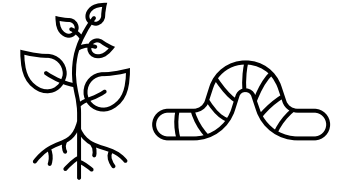
Thomas L. Bott, Laurel J. Standley



If TFA covalently bonded with lipids, membranes, biomolecules, etc. they would ultimately be degraded to TFA... again



# Toxicity to soil and terrestrial systems



Soils / terrestrial ecosystems

- Effects on the soil pH, microbial respiration, bacterial abundance and litter decomposition were reported at TFA concentrations in soil in hotspots (**0.0013–2.4 mg/kg<sub>dw</sub>**),
- **Soil concentrations at TFA hotspots already exceed concentrations which decrease soil respiration, potentially impacting the bioeconomy**



[Jan Kopřiva](#)

**TFA affecting soil health**



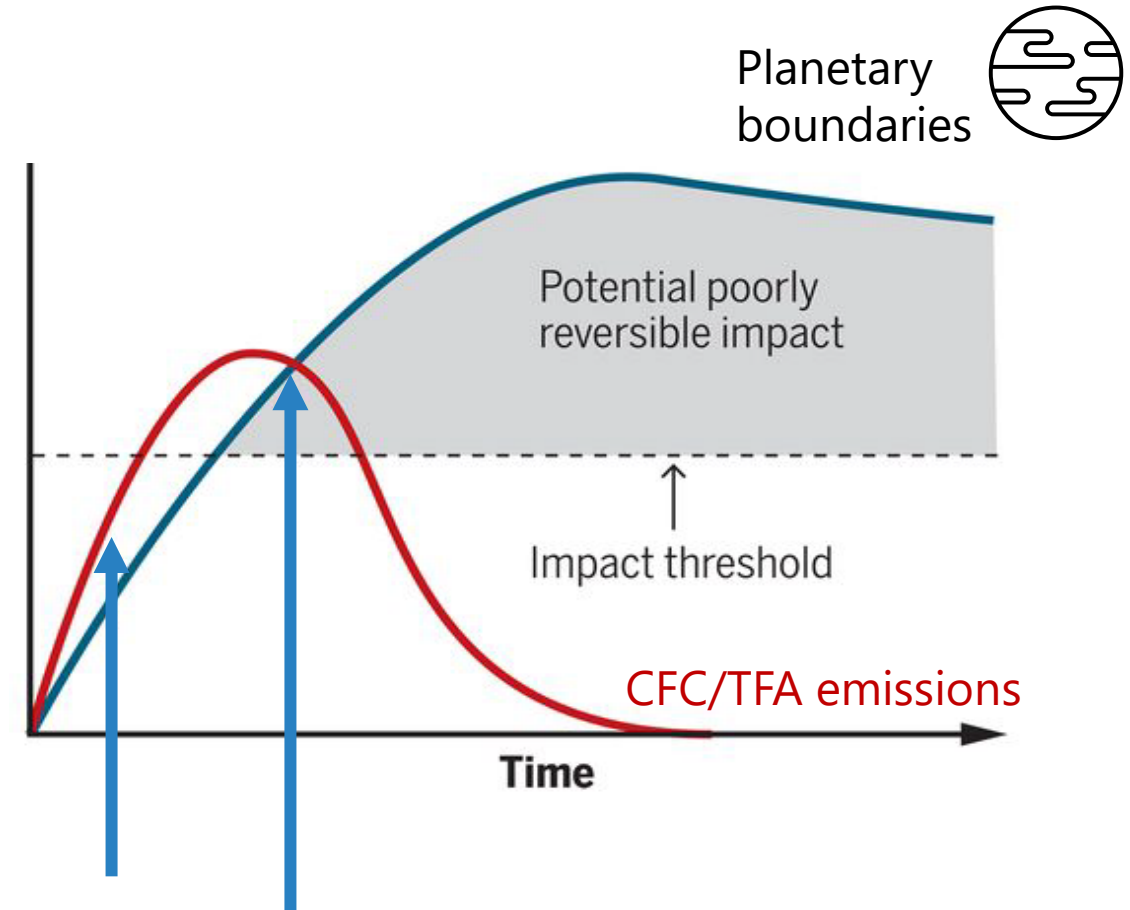
# Planetary Boundary Threat of TFA and CFCs

Disturbances to the «homeostasis» or of earth processes.  
Conditions for novel entities:<sup>1,2</sup>

*Condition 1: pollution disrupts a vital earth system process of which we are ignorant.*  
**TRUE: disruption at hotspots occur now, ignorant on life-long intergenerational impacts**

*Condition 2: disruptive effect is not discovered until ...manifested at a global scale*  
**TRUE: TFA increases globally**

*Condition 3: impacts are poorly reversible because level of global pollution cannot be readily reduced*  
**TRUE: TFA is already locked in to our markets and global ecosystem. TFA made today will exist in the plants and blood of animals for the future of the Earth**



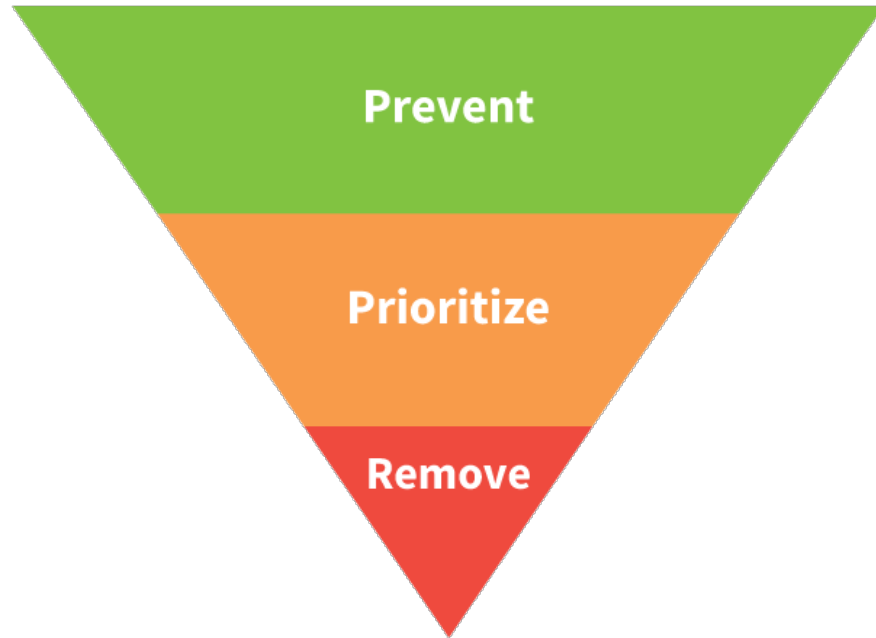
**Not a threat**  
CFCs - Lovelock (1988)  
TFAs - Boutonnet (1999)

**Planetary boundary threat realized and exceed**  
**CFC – ozone depletion -> Montreal Protocol**  
**TFA – ??????**

1. Persson et al. *Environ. Sci. Technol.* **2013**, 47 (22), 12619– 12622
2. MacLeod et al. *Science* 373,61-65(2021)

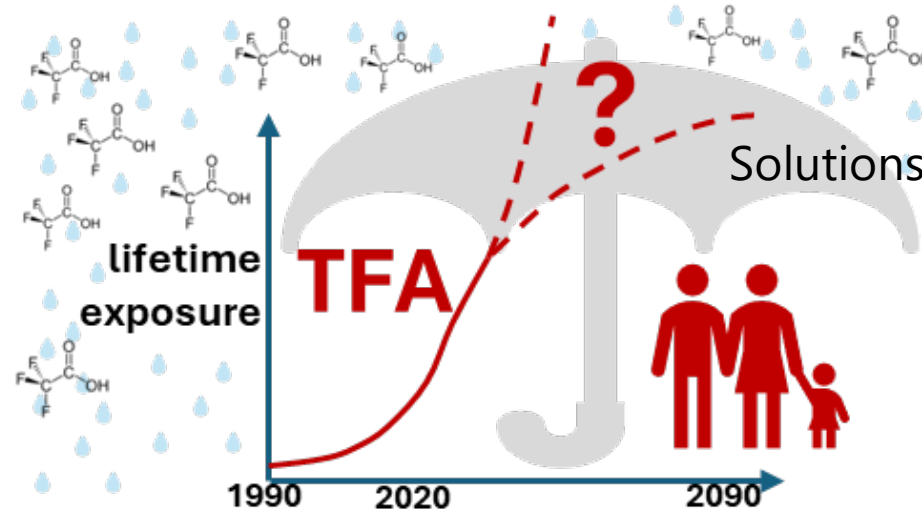


# We have the tools to flatten the accumulation curve of PFAS and TFA in the blood of future generations



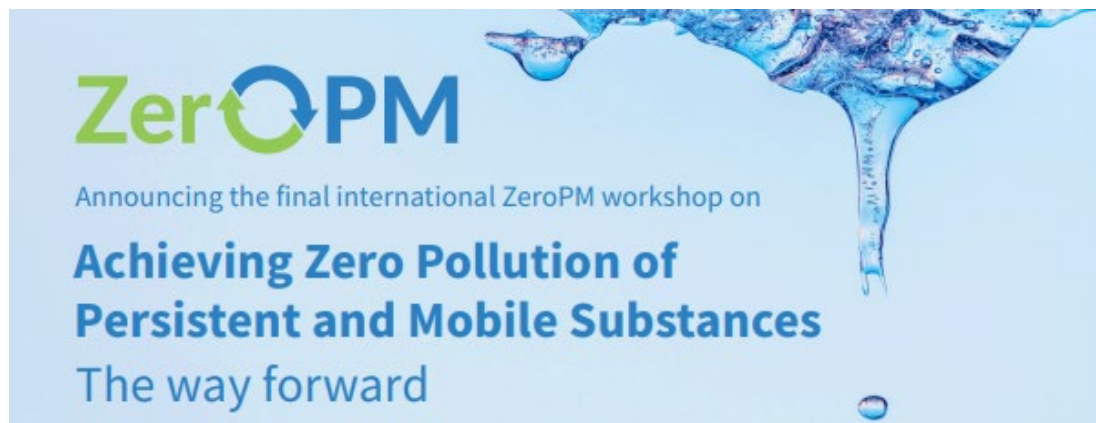
All you need is love and:

- Transition to PFAS and TFA free alternatives,
- Integrate financial incentives to transition from the biggest sources of exposure
- Remove TFA and PFAS from active emission sources and hotspots, ideally via the polluter pays principle





# Acknowledgements



8<sup>th</sup> – 10<sup>th</sup> of September 2026

At the Thon Hotel EU, Brussels, Belgium

**Registration opening soon!**  
**Get notified about the event by**  
**visiting**

[zeropm.eu/final-event/](https://zeropm.eu/final-event/)



2021-2026

Thanks to funding from the European Union's Horizon 2020 research and innovation programme under grant agreement No 101036756

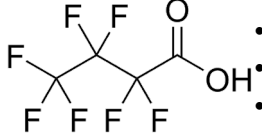
<https://zeropm.eu/>



# Extra slides





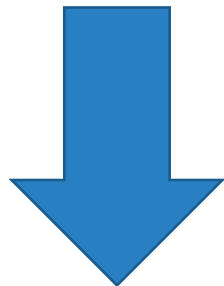


- 
- PFBA**
- Persistent
  - Mobile
  - Bioaccumulative
  - Toxic
- Chemical Structure:** CCCC(=O)O (Perfluorobutanoic acid)
- Exposure Pathways:**
- Direct and secondary poisoning:** Inhalation of PFBA vapors from a tractor or direct contact with contaminated soil/water.
  - Secondary poisoning:** Ingestion of PFBA-contaminated food (e.g., crops, livestock) or water.
  - Biomagnification:** PFBA concentration increases as it moves up the food chain (e.g., from soil to plants to cows to humans).
  - Uptake in plants:** PFBA is absorbed by plants from the soil.
  - Leaching to groundwater:** PFBA moves from the soil into the groundwater.
  - Groundwater discharge:** PFBA is released from the groundwater into surface water bodies.
  - Surface runoff:** PFBA is carried from the soil into surface water bodies.
  - Uptake in aquatic organisms:** PFBA is absorbed by fish and other aquatic life.
  - Bioaccumulation:** PFBA builds up in the tissues of aquatic organisms over time.



# Technological and cost limitations

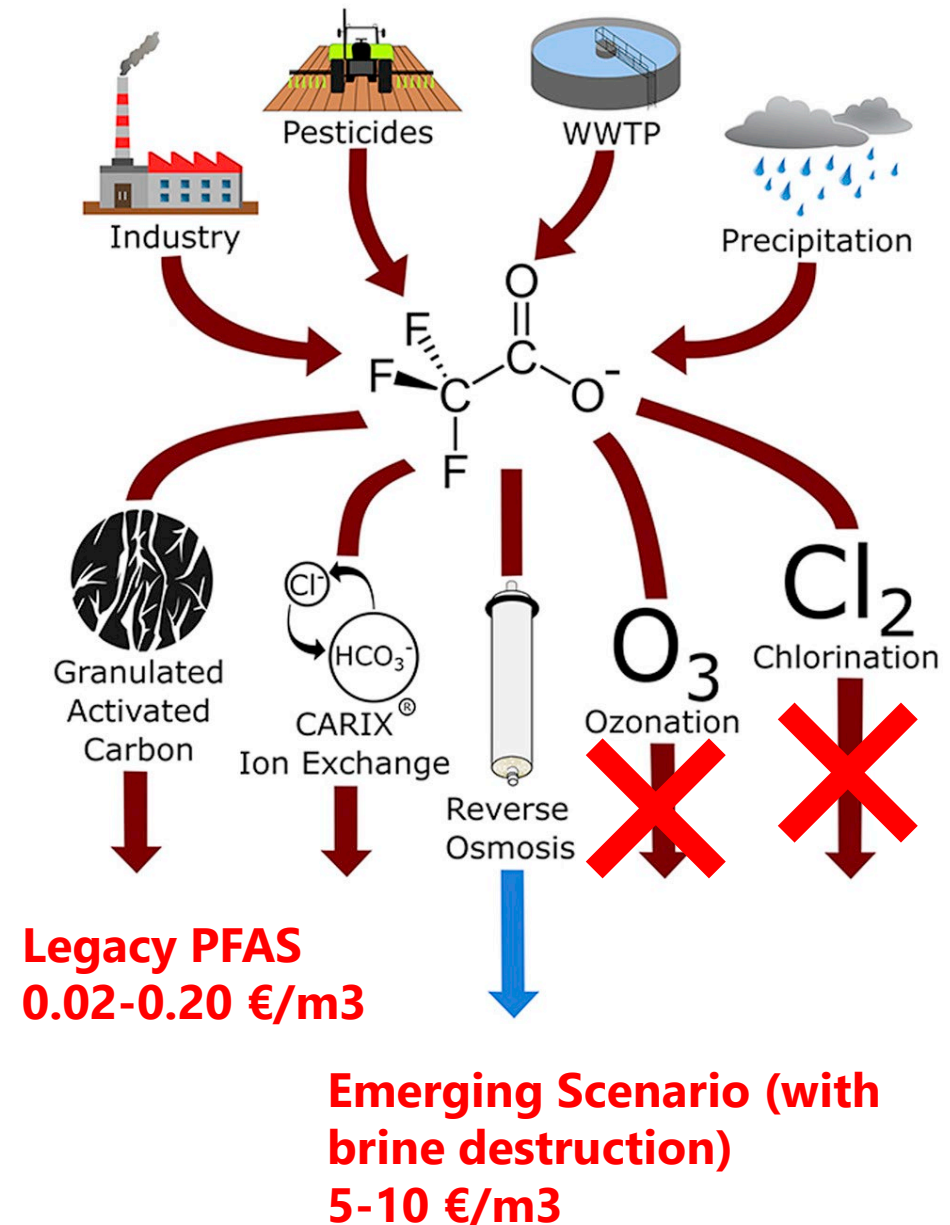
- TFA removal from water is Reverse Osmosis followed by Supercritical water oxidation (ca 8 €/m<sup>3</sup> )



Upscale to all water from PFAS contaminated sites

ca. 100 billion € /year

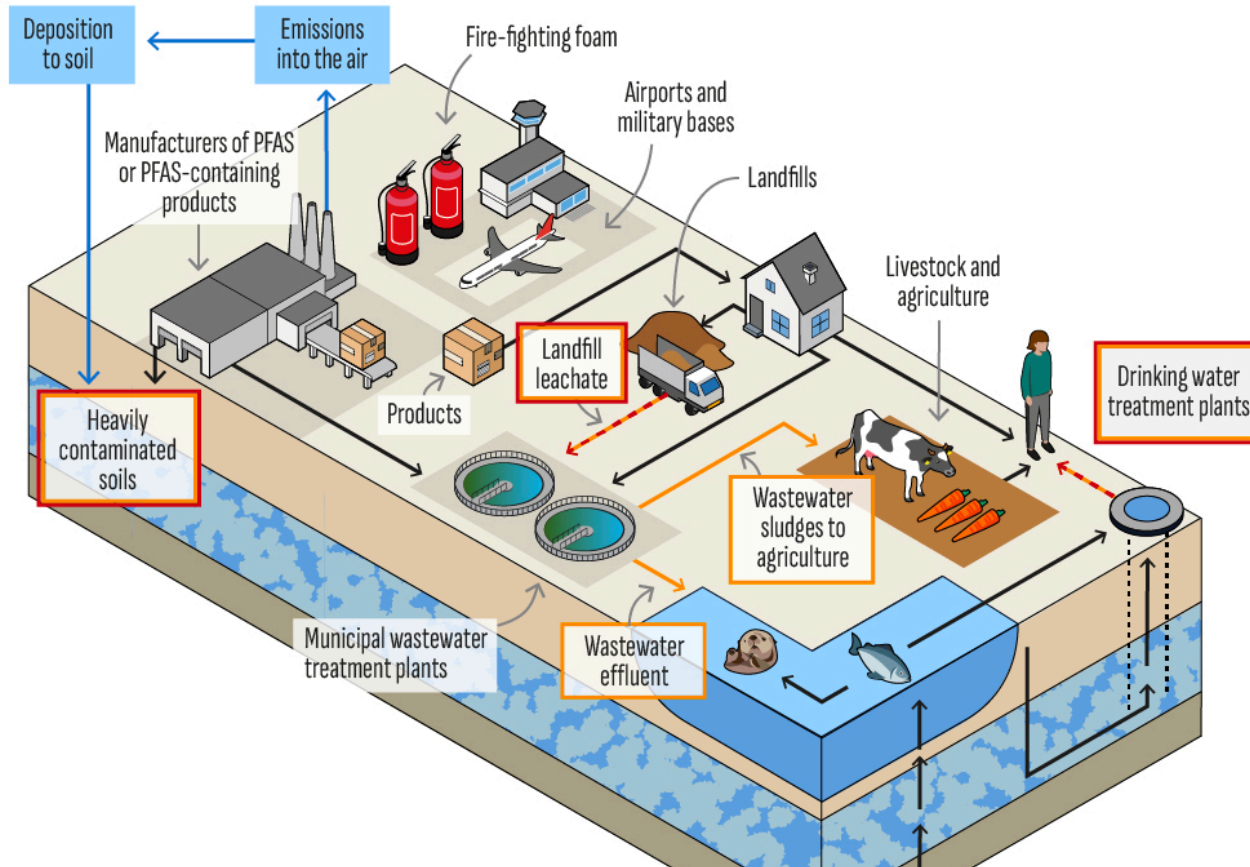
+ *all water synthetic*  
+ *huge impact from green house gas emissions*  
+ *Infrastructure upgrade not realistically plausible*





# The cost of inaction increases as PFAS spreads

- **Legacy Scenario**  
€38 - 100 billion over 20 years
- **Emerging Scenario**  
€2 trillion over 20 years
- Would address less than 1% of current PFAS uses in the EU
- Prevention/Reduction only feasible option
- Who will pay?



	Legacy Scenario	Emerging Scenario
	Targeting long-chain PFAS	Targeting all PFAS, including TFA
Heavily contaminated soils	1-5 B €/year	5-30 B €/year
Drinking water	0.2-0.7 B €/year	16-65 B €/year
Landfill leachate	0.0004-0.01 B €/year	0.02-0.7 B €/year
Wastewater effluent	Not included	20-70 B €/year
Wastewater sludges to agriculture	Not included	8-20 B €/year



# Remediation technology won't help if emissions still occur



*Back of envelope calculation*

Status quo (ECHA)  
**150 000 tonnes PFAS/ year emitted**

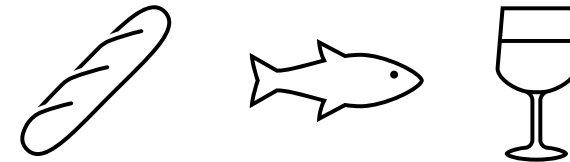
**Vs**

Theoretical extreme removal of PFAS in soil,  
industrial wastewater and drinking water  
**3 000 tonnes**

*Reality:  
Economically and logistically  
< < 1% of PFAS emitted per year removed by  
next generation removal technology*

Focussing on water and soil remediation won't remove:

- ➔ PFAS in the food supply
- ➔ PFAS locked in trees/ecosystems



Only prevention of emissions will work