

Cosmological Update Dynamics from Non-Equilibrium Information Geometry: An Effective Markovian Framework

Kiichi Yamada
Independent Researcher, Japan
kiichi.yamada@gmail.com

Version 1.0
February 21, 2026

Abstract

We propose an effective Markovian coarse-grained cosmological framework in which large-scale information dynamics are driven by non-equilibrium fluctuations. Non-equilibrium is quantified by the dimensionless temperature fluctuation intensity

$$\phi(t) = \left(\frac{\Delta T(t)}{T(t)} \right)^2,$$

We model dissipation as proportional to this intensity under cosmological coarse-graining. Identifying the effective baseline rate with the Hubble expansion rate $H(t)$, we obtain a cosmological update frequency

$$\alpha(t) = H(t)\phi(t).$$

The framework combines variational free energy, Fisher information geometry, and an effective Lindblad-type evolution to connect probabilistic mismatch, dissipation, and cosmic expansion. At late times, the model yields a parameter-free prediction

$$\alpha_{\text{obs}} = H_0\phi_{\text{obs}},$$

where ϕ_{obs} is determined directly from the observed CMB angular power spectrum. This proposal establishes a minimal observationally anchored relation between cosmological expansion and effective information-dynamical evolution within a coarse-grained Markovian description.

1 Non-Equilibrium Intensity

We quantify cosmological non-equilibrium via the dimensionless temperature fluctuation intensity

$$\phi(t) = \left(\frac{\Delta T(t)}{T(t)} \right)^2. \tag{1}$$

We define

$$\theta(t) = \ln \phi(t). \tag{2}$$

2 Variational Free Energy and Information Geometry

We adopt the variational free energy

$$F = D_{KL}(q(z) \parallel p(z)), \quad (3)$$

where $q(z)$ denotes a coarse-grained cosmological distribution and $p(z)$ a reference equilibrium state.

Locally,

$$F \approx \frac{1}{2} \Delta \theta^2 I(\theta), \quad (4)$$

where $I(\theta)$ is the Fisher information metric.

3 Coarse-Grained Dissipation

We model dissipation as

$$\Gamma(t) = \Gamma_0 \phi(t), \quad (5)$$

and identify $\Gamma_0 \sim H(t)$, yielding

$$\Gamma(t) = H(t) \phi(t). \quad (6)$$

4 Effective Markovian Evolution

The Lindblad equation is adopted here as an effective Markovian coarse-grained description of cosmological information dynamics:

$$\frac{d\rho}{dt} = -\frac{i}{\hbar} [H, \rho] + \Gamma(t) \sum_j \left(L_j \rho L_j^\dagger - \frac{1}{2} \{L_j^\dagger L_j, \rho\} \right). \quad (7)$$

5 Cosmological Update Frequency

We define

$$\alpha(t) = \frac{|\dot{F}(t)|}{\hbar}. \quad (8)$$

Assuming $|\dot{F}| \sim \hbar \Gamma$, which is understood as a minimal closure consistent with dissipative quantum dynamics, we obtain

$$\alpha(t) = H(t) \phi(t). \quad (9)$$

6 Observational Connection

Using spherical harmonic expansion of CMB anisotropies,

$$\phi_{\text{obs}} = \sum_{\ell=2}^{\ell_{\text{max}}} \frac{2\ell+1}{4\pi} C_\ell W_\ell. \quad (10)$$

The predicted late-time update frequency is

$$\alpha_{\text{obs}} = H_0 \phi_{\text{obs}}. \quad (11)$$

7 Conclusion

We have proposed an effective Markovian coarse-grained cosmological framework linking non-equilibrium fluctuation intensity with cosmological expansion through the minimal relation $\alpha = H\phi$. Extensions beyond the effective Markovian approximation, including possible non-Markovian memory effects, remain directions for future investigation within a broader non-Markovian generalization.

References

- [1] S. Amari, *Information Geometry and Its Applications*, Springer (2016).
- [2] J. M. R. Parrondo, J. M. Horowitz, and T. Sagawa, Thermodynamics of information, *Nature Physics* 11, 131–139 (2015).
- [3] R. Bousso, The holographic principle, *Rev. Mod. Phys.* 74, 825 (2002).