

What are the clinical guidelines for diagnosing and managing androgenic alopecia in adults in general practice?

In general practice, androgenic alopecia diagnosis relies on clinical evaluation and possible additional testing for underlying conditions. Management focuses on halting disease progression and enhancing hair regrowth through validated topical and oral treatments.

This summary presents the clinical bottom line. [Click here](#) to read the full evidence-based answer on AskTrip, including detailed rationale and references