

# Hydrodynamic Quantum Gravity

## *Theoretical Foundations*

### *The Emergence of Relativistic Interaction and Stable Matter from a Superfluid Vacuum Substrate*

R. Harrison, 2026

#### **Abstract**

This paper presents a comprehensive theoretical framework for understanding gravity, inertia, and the nature of matter through hydrodynamic principles. By synthesising Superfluid Vacuum Theory (SVT), Stochastic Electrodynamics (SED), and the physics of acoustic radiation pressure, we demonstrate that the known laws of physics—including Lorentz invariance and gravitation—emerge as low-energy effective field theories describing the collective behaviour of a substantive vacuum medium.

The framework is governed by a fundamental causal sequence: **Movement** → **Pressure** → **Oscillation** → **Density** → **Mass**. Two foundational axioms constrain the derivation: (1) Motion is purely relative—there is no experimentally accessible absolute reference frame within the medium; (2) Oscillation is nature's method of trapping energy into stable configurations. From these axioms, we derive the emergence of Lorentz invariance from Fermi point topology, matter as self-sustaining oscillons maintained by ponderomotive forces, and gravity as the Secondary Bjerknes Force acting between resonant structures.

The framework resolves the vacuum catastrophe (the  $10^{120}$  discrepancy between predicted and observed vacuum energy), provides a mechanism for the hierarchy problem, explains the equivalence principle as tautological rather than coincidental, and offers alternative explanations for dark matter through vacuum vorticity. The tensor polarisation of gravitational waves—previously considered incompatible with fluid models—is shown to arise naturally as Transverse Zero Sound in the quantum Fermi liquid vacuum.

Convergent validation comes from multiple independent sources: classical resonance theory (Koide formula as circulant eigenvalues; PMNS matrix as coupled pendulums), soliton physics (Sine-Gordon breather mass quantisation), topology (Fermi point charge  $N=3$  explaining three generations), and information theory (fine structure constant from wave closure geometry). The periodic table of elements follows the same pattern at the atomic scale—the  $2n^2$  shell structure reflecting allowed harmonics of standing waves in central potentials.

The mathematical correspondences are too precise and too numerous to be coincidental. They suggest that the Standard Model is the spectroscopy of the vacuum; General Relativity is its acoustics. Experimental predictions are proposed that distinguish this framework from standard physics, including gravitational wave echoes from gravastar cores.

# 1. Introduction: The Ontological Crisis of Modern Physics

The contemporary landscape of theoretical physics is dominated by a profound schism between its two foundational pillars: General Relativity (GR) and Quantum Field Theory (QFT). General Relativity describes gravity as the curvature of a smooth spacetime manifold responding to mass-energy. Quantum Field Theory treats matter and forces as discrete excitations evolving against a fixed background. While both possess immense predictive power, their mathematical and ontological incompatibility remains the most significant unresolved problem in modern physics.

This incompatibility manifests most starkly in the Vacuum Catastrophe. QFT predicts a vacuum energy density of approximately  $10^{113}$  J/m<sup>3</sup>. According to the Equivalence Principle, this energy should gravitate, curving the universe into a singularity or driving exponential expansion incompatible with structure formation. Yet observations reveal a cosmological constant 120 orders of magnitude smaller. This discrepancy—the largest in the history of physics—suggests a fundamental misunderstanding of the vacuum, energy, and gravity itself.

This paper presents Hydrodynamic Quantum Gravity (HQG), a framework that resolves these paradoxes by shifting from abstract geometry to physical hydrodynamics. HQG posits that the vacuum is not a void but a Plenum—a physical, non-viscous, superfluid-like medium—and that known physics emerges as the collective behaviour of this medium at low energies.

## 1.1 The Foundational Axioms

Two axioms constrain the theoretical derivation:

**Axiom 1 (Purely Relative Motion):** There is no experimentally accessible absolute reference frame within the medium for internal observers. While the substrate may possess an ontological rest frame, this frame remains hidden from any entity composed of the medium's own excitations.

**Axiom 2 (Trapped Oscillation):** Oscillation or vibration is the fundamental mechanism for trapping energy into stable configurations. Matter is not a static defect but a dynamic, self-sustaining resonance.

These axioms force a re-evaluation of mass and gravity. We demonstrate that Axiom 1 necessitates emergent Lorentz invariance arising from Fermi point topology. Axiom 2 redefines

matter as oscillons maintained by nonlinear ponderomotive forces. Gravity emerges as acoustic radiation pressure—the Secondary Bjerknes Force—between resonant structures.

## 2. The Physics of the Medium and the Emergence of Relativity

The foundational premise of HQG is that the vacuum is a substantive medium. Historically, 'ether' theories were abandoned after Michelson-Morley failed to detect ether wind. However, modern condensed matter physics provides a robust counter-argument: a physical medium can exist without violating relativity, provided relativity is an emergent property of the medium's low-energy excitations.

### 2.1 The Superfluid Substrate and Fermi Point Topology

The most rigorous model for a physical vacuum is Superfluid Vacuum Theory (SVT), developed by Grigory Volovik. SVT posits that our universe belongs to the same universality class as superfluid Helium-3A ( $^3\text{He-A}$ ). This is not superficial metaphor but deep topological isomorphism.

In  $^3\text{He-A}$ , the ground state is a Bose-Einstein condensate of Cooper pairs with non-zero angular momentum. The energy spectrum of low-energy excitations (quasiparticles) contains Fermi Points—singularities where quasiparticle energy vanishes linearly with momentum. Near a Fermi point, the dispersion relation takes the form:

$$E^2 = c_s^2(p - qA)^2$$

where  $E$  is energy,  $p$  is momentum, and  $c_s$  is the speed of sound. This equation is mathematically identical to the relativistic dispersion relation for a massless Weyl fermion with limiting speed  $c = c_s$ .

This topological protection satisfies Axiom 1. If all matter and observers are quasiparticles, their measuring instruments are governed by the effective metric of quasiparticles, not the Galilean metric of underlying atoms. The 'absolute' frame exists ontologically but is hidden from internal observers. An observer moving through the fluid experiences length contraction and time dilation exactly as Special Relativity predicts. Lorentz invariance is revealed not as fundamental symmetry but as emergent symmetry of the low-energy quasiparticle spectrum.

### 2.2 The Acoustic Metric: Deriving Spacetime from Fluid Dynamics

The interaction between background fluid flow and quasiparticles gives rise to geometric description. In GR, gravity is curvature of the metric  $g_{\mu\nu}$ . In HQG, this is identified as the acoustic metric  $G_{\mu\nu}$  describing fluctuation propagation in the moving fluid.

Linearising the continuity and Euler equations for an inviscid barotropic fluid reveals that phase fluctuations satisfy a wave equation in curved effective spacetime. The acoustic metric captures causal structure experienced by quasiparticles. If the background is stationary and homogeneous,  $G_{\mu\nu}$  reduces to Minkowski metric  $\eta_{\mu\nu}$ —flat spacetime emerges.

If the fluid accelerates or rotates, the Riemann curvature tensor becomes non-zero. To internal observers, this curvature is indistinguishable from gravity. A radial inflow toward a sink creates geometry mathematically equivalent to the Schwarzschild metric, complete with event horizon where flow velocity equals sound speed.

The 'speed of light'  $c$  is not fundamental but the characteristic sound speed in the vacuum condensate, determined by compressibility  $\beta$  and density  $\rho_{\text{vac}}$ :

$$c = \sqrt{(\partial P / \partial \rho)} = \sqrt{(1 / \beta \rho_{\text{vac}})}$$

This demystifies the speed of light limit: it is the natural causal limit of the hydrodynamic medium, just as sound speed limits phonons in a crystal.

### **2.3 Combined Symmetries and the Hidden Rest Frame**

Volovik's analysis reveals that the relativistic vacuum possesses a hidden fourfold degeneracy, allowing distinct fields for matter and antimatter to emerge from a single medium. Lorentz invariance acts as a 'combined symmetry' resulting from breaking separate coordinate and spin rotations.

This ensures that the substrate's absolute rest frame is fundamentally unobservable—not because it doesn't exist, but because all observers and their instruments are governed by the same emergent rules. The medium is real; its rest frame is operationally fictitious. Physical intervals become dimensionless ratios determined by local substrate properties rather than absolute coordinates.

### 3. Pressure: The Stochastic Engine and Metric Elasticity

Having established the medium and emergent geometry, we proceed to Pressure—not merely thermodynamic quantity but the fundamental mechanism enforcing spacetime rigidity and mediating interactions.

#### 3.1 Sakharov's Metric Elasticity

Andrei Sakharov's theory of Induced Gravity bridges quantum vacuum and General Relativity. Sakharov proposed that gravity is not fundamental but 'metric elasticity'—analogous to solid elasticity.

When a solid deforms, elastic restoring force arises from atomic displacement. Similarly, when spacetime geometry 'curves', vacuum fluctuation spectrum distorts, changing vacuum energy density and generating restorative force opposing curvature. We perceive this as gravity.

The gravitational constant  $G$  relates to vacuum 'stiffness'. In Sakharov's derivation,  $G$  is determined by integrating over fluctuation modes up to the Planck scale:

$$1/(16\pi G) \sim \int_0^{\infty} k^3 dk \sim k_P^4$$

This implies gravity's weakness is direct consequence of immense vacuum fluctuation energy density. The vacuum is incredibly 'stiff'—possessing massive elastic modulus—requiring tremendous energy to produce slight deformation.

#### 3.2 The Zero-Point Field and Lorentz Invariance

Stochastic Electrodynamics (SED) models the Zero-Point Field (ZPF) as a real, random electromagnetic field filling the universe. For compatibility with Axiom 1, the ZPF spectral energy density must appear isotropic in all inertial frames.

Marshall and Boyer showed that the only Lorentz-invariant spectrum is cubic frequency dependence:

$$\rho(\omega) = \hbar\omega^3/(2\pi^2c^3)$$

This  $\omega^3$  spectrum ensures observers moving through vacuum detect no 'headwind' violating relativity at constant velocity. Vacuum pressure appears identical to all inertial observers. However, acceleration disrupts this symmetry, giving rise to inertia.

### 3.3 The Ponderomotive Force

The ponderomotive force connects fluctuating ZPF pressure to structure formation. In plasma physics and acoustics, ponderomotive force is nonlinear time-averaged force exerted by oscillating fields on dielectric media:

$$F_p = -(e^2/4m\omega^2) \nabla \langle E^2 \rangle$$

This force pushes medium away from high field intensity regions. In the superfluid vacuum, intense ZPF fluctuations act as driver. If localised oscillation is established (per Axiom 2), ponderomotive pressure pushes surrounding vacuum fluid outward, creating a cavity or density deficit.

This provides the physical engine for transition from Pressure to Density. The 'Pressure' phase is high-tension fluctuating ZPF. The 'Density' phase emerges when this pressure creates stable voids—matter.



## 4. Density: Oscillation as the Genesis of Matter

We now integrate Axiom 2: Oscillation is nature's method of trapping energy into stable configurations. In standard physics, particles are point-like excitations or abstract quantum numbers. In HQG, matter is redefined as dynamic hydrodynamic structure: the Oscillon.

### 4.1 From Topological Defects to Breathing Solitons

While Volovik's SVT identifies fermions with topological defects (vortices), Axiom 2 suggests more dynamic model. Matter is not static 'hole' but 'breather'—localised oscillating wave packet maintaining stability through medium nonlinearity.

In linear media, wave packets disperse over time. However, the superfluid vacuum is inherently nonlinear at high energy densities. Nonlinear interaction between wave amplitude and medium refractive index acts as focusing lens, counteracting dispersion. When nonlinearity balances dispersion, stable solitary wave—soliton—forms.

A specific class, Oscillons or Breathers, are time-dependent spatially-localised solutions oscillating at characteristic frequency. The oscillation creates 'potential well' via ponderomotive effect. The wave digs its own hole in vacuum density. The deeper the hole, the more trapped the wave becomes. This self-trapping mechanism satisfies Axiom 2.

### 4.2 Matter as Cavitation Bubble

This leads to radical redefinition:

**The Vacuum:** A state of maximum density and order.

**Mass:** A region of defect or deficit—a 'bubble' in the fluid.

The electron is not hard sphere of charge but region of phase coherence where vacuum superfluid has been pushed aside by standing wave of ZPF energy. Stability is maintained by balance between internal radiation pressure (pushing out) and elastic pressure of surrounding vacuum (pushing in). This dynamic equilibrium explains why fundamental particles have fixed masses—they are resonant modes of vacuum substrate.

### 4.3 The Chladni Plate Analogy

The Chladni plate offers visual analogy. When sand scatters on a vibrating plate, it accumulates at nodal lines—not because nodes attract sand, but because vibration pushes sand away from everywhere else. Sand 'seeks' stillness because it is displaced from motion.

Matter may behave similarly—stable configurations persisting because the field's dynamics push energy into patterns that sustain themselves. There is remarkably little matter in the universe—perhaps 5% of total energy content. One might speculate that matter is not primary substance but what remains when dynamic field finds stable configurations. Atoms, stars, galaxies along cosmic filaments—stable patterns in a universe of motion.

#### **4.4 Quantised Vorticity and Spin**

In superfluids, rotation is quantised. Circulation around a vortex core must be integer multiple of  $h/m$ . The 'spin' of fermions can be understood as angular momentum stored in superfluid vortex forming the oscillon core. The 'breather' nature allows internal degrees of freedom (oscillation modes) mapping onto quantum numbers like isospin or flavour.

## 5. Mass: Emergence from Interaction

The final phase is Mass and gravitational interaction. By applying hydrodynamics of pulsating spheres to the oscillon model, we derive the inverse-square law and inertia without invoking fundamental geometric curvature.

### 5.1 The Secondary Bjerknes Force: The Hydrodynamic Origin of Gravity

In 1906, Vilhelm Bjerknes described forces acting on pulsating bodies in fluid—the Secondary Bjerknes Force—providing direct hydrodynamic analogue to gravity.

Consider two bubbles oscillating with volumes  $V_1(t)$  and  $V_2(t)$  at distance  $r$ . Bubble 1 generates spherical pressure wave propagating through fluid. This reaches Bubble 2. The pressure gradient acts on Bubble 2's surface. Because Bubble 2 also oscillates, its surface moves in response.

The time-averaged force between bubbles is:

$$\langle FB \rangle = -(\rho/4\pi r^2) \langle \dot{V}_1 \dot{V}_2 \rangle$$

where  $\rho$  is fluid density and  $\dot{V}$  is volume change rate.

**Inverse Square Law:** The force scales as  $1/r^2$ , exactly like Newtonian gravity. This is geometric consequence of spherical wave spreading in 3D space.

**Attraction vs Repulsion:** The sign depends on phase difference. In-phase ( $\Delta\phi=0$ ): product  $\langle \dot{V}_1 \dot{V}_2 \rangle$  is positive, force is Attractive. Out-of-phase ( $\Delta\phi=\pi$ ): product is negative, force is Repulsive.

For gravity to be universally attractive, all matter oscillons must oscillate in phase. This 'phase locking' is known phenomenon in coupled oscillator systems, suggesting deep coherence in vacuum substrate.

### 5.2 Gravity as Acoustic Radiation Pressure

Based on Axiom 2, gravity is the Secondary Bjerknes Force acting between matter oscillons via superfluid vacuum.

**Gravitational Mass ( $m_g$ ):** Corresponds to oscillation 'source strength'—ability to radiate pressure waves. Proportional to volume amplitude squared and frequency squared.

**Mechanism:** Mass A 'breathes', sending pressure wave through vacuum. Mass B 'breathes' in response. Interference of pressure fields creates net force pushing them together. This is 'push' gravity, but not Le Sage type (which suffers drag). It is coherent wave interaction avoiding drag paradox for constant velocity motion.

### 5.3 Inertia: Hydrodynamic Added Mass and ZPF Drag

Inertia—resistance to acceleration—emerges from two hydrodynamic effects:

**Hydrodynamic Added Mass:** When a body accelerates through fluid, it must accelerate surrounding fluid volume. This entrained fluid adds to effective mass. For a sphere:  $m_{\text{added}} = 0.5\rho_{\text{vac}}V_{\text{bubble}}$ . In SVT, 'bare' quasiparticle mass is negligible; observed mass is almost entirely 'added mass' of displaced vacuum.

**ZPF Drag (HRP Model):** Haisch, Rueda, and Puthoff showed that as an oscillon accelerates, the ZPF spectrum becomes distorted (Doppler shifted). The particle moves into 'blue-shifted' radiation pressure wall and leaves 'red-shifted' wake behind. This asymmetry generates retarding force proportional to acceleration:  $F_{\text{drag}} = -m_{\text{zp}} \cdot a$

**Unified Inertia:** Total inertial mass is sum of added mass and ZPF drag. Both depend on density deficit volume (bubble size). Larger bubble displaces more fluid (more added mass), presents larger cross-section to ZPF (more drag), and generates stronger acoustic waves (more gravity). Thus  $m_i \equiv m_g$ .

### 5.4 The Equivalence Principle Explained

The Equivalence Principle—why inertial mass exactly equals gravitational mass—is physics' deepest mystery. In geometric GR, it is imposed by decree. In HQG, it is tautological.

**Gravitational Mass:** The magnitude of vacuum pressure deficit created by the bubble (static limit).

**Inertial Mass:** The resistance to acceleration through vacuum pressure field (dynamic limit).

Both measure the same physical parameter: the volume of vacuum displacement. A larger bubble displaces more vacuum (creating deeper gravity well) and presents larger cross-section to ZPF (creating more inertia). Equivalence is physically mandated by hydrodynamics, not coincidental.



## 6. The Particle Mass Spectrum: Resonant Validation

If particles are genuinely resonant modes of a physical medium, we should expect to find the mathematics of classical resonance appearing in particle physics—not loose analogies, but mathematical identities: the same equations, the same structures, the same relationships. This section examines such correspondences and finds striking confirmation.

### 6.1 The Generation Problem

Among the Standard Model's deepest mysteries is the *generation problem*: why do three families of fermions exist, identical in all quantum numbers except mass? The electron, muon, and tau have the same charge, spin, and interactions—they differ only in mass. The muon is approximately 207 times heavier than the electron, and the tau approximately 17 times heavier than the muon. The Standard Model offers no explanation; these masses are simply input parameters fitted to experiment.

### 6.2 The Koide Formula and Descartes Circle Theorem

In 1981, Yoshio Koide discovered a remarkable relationship among the charged lepton masses. Define:

$$Q = (m_e + m_\mu + m_\tau) / (\sqrt{m_e} + \sqrt{m_\mu} + \sqrt{m_\tau})^2$$

Using experimental values, this ratio evaluates to  $Q = 0.666661 \pm 0.000007 \approx 2/3$ —exact to within 0.01%. This is not a fitted parameter; it is an empirical fact that the Standard Model neither predicts nor explains. The formula successfully predicted the tau mass to higher precision than was experimentally known at the time.

Jerzy Kocik demonstrated in 2012 that the Koide relation is formally isomorphic to the Descartes Circle Theorem. The classic theorem relates curvatures ( $k = 1/r$ ) of four mutually tangent circles. Kocik generalised this to circles intersecting at angle  $\phi$ :

$$(\sum k_i)^2 = (1/\cos^2(\phi/2)) \times \sum k_i^2$$

If we identify  $\sqrt{m} \leftrightarrow k$  (square root of mass corresponds to curvature), set  $k_4 = 0$  (representing the vacuum as a line of infinite radius), and require  $\cos^2(\phi/2) = 2/3$ , we recover *exactly* the Koide formula. The required angle is  $\phi \approx 96.4^\circ$ , corresponding to intersection at  $48.2^\circ$  to baseline.

In the HQG framework, this suggests oscillons have characteristic 'curvatures' related to the square roots of their masses, constrained by contact geometry—analogous to how soap bubbles meet at specific angles determined by surface tension equilibrium (Plateau's laws).

6.3 Circulant Matrices and Trigonal Symmetry

Carl Brannen demonstrated that the lepton masses exhibit the structure of a circulant matrix—a mathematical object intimately connected to systems with cyclic symmetry. The square roots of lepton masses can be written as:

$$\sqrt{m_n} = \mu [1 + \sqrt{2} \cos(\delta + 2\pi n/3)]$$

where  $n = 0, 1, 2$  corresponds to the three generations,  $\mu$  is an overall mass scale, and  $\delta \approx 2/9$  radians is a phase parameter. The critical feature is the  $2\pi/3 = 120^\circ$  phase spacing between generations.

This is not a fitted curve; it is the *exact* mathematical form of the eigenvalues of a  $3 \times 3$  circulant matrix. Circulant matrices arise naturally in any system with discrete cyclic symmetry—their properties are determined by the symmetry alone.

In classical mechanics, three identical oscillators coupled in a ring have exactly this symmetry. The normal modes have frequencies satisfying Brannen's formula. The three fermion generations are thus identified as three normal modes of a vacuum structure with trigonal symmetry—not three different particles, but three resonant modes of the same underlying oscillation.

6.4 Neutrino Mixing: The Coupled Pendulum Isomorphism

Neutrinos oscillate between flavour states as they propagate, parameterised by the PMNS matrix. In 2024, Nishil Savla demonstrated that this matrix can be physically reconstructed using three coupled pendulums.

Consider three pendulums coupled by springs. The equations of motion are structurally identical to the Schrödinger equation for neutrino propagation. The correspondence is exact:

Coupled Pendulums	Neutrino Oscillations
Individual pendulum angles	Flavour states ( $\nu_e, \nu_\mu, \nu_\tau$ )
Normal modes	Mass eigenstates ( $\nu_1, \nu_2, \nu_3$ )

Mode frequencies	Neutrino masses
Transformation matrix	PMNS matrix
Beat frequency	Oscillation frequency $\propto \Delta m^2/E$

Savla reproduced the PMNS mixing angles to within  $\sim 5\%$  using tuned spring constants. Neutrino oscillation is not a mysterious quantum phenomenon—it is a classical beat frequency. When a neutrino is created in a flavour eigenstate, it excites all three normal modes. As these propagate at different speeds, their phases drift, changing the interference pattern.

### 6.5 Impedance Matching and Coupling Constants

Wave impedance  $Z = \rho c$  governs energy transfer between media. The reflection coefficient at an impedance boundary determines transmission efficiency. In the resonance interpretation, coupling strength measures impedance matching between vacuum modes:

Force	Effective Strength	Interpretation
Strong	$\alpha_s \approx 1$	Matched impedance
Electromagnetic	$\alpha \approx 1/137$	Moderate mismatch
Weak (nuclear)	$\sim 10^{-5}$	Extreme mismatch

Neutrino transparency follows naturally: neutrinos pass through matter because they are impedance-mismatched, reflecting rather than transmitting. The 'running' of coupling constants with energy scale is standard dispersion—frequency-dependent impedance.

### 6.6 Remaining Gaps in the Resonance Picture

Three significant gaps remain in the resonance interpretation:

**Absolute Mass Scale:** While resonance theory explains mass *ratios* and generation number, the absolute scale (why  $m_e = 0.511 \text{ MeV}$ ) requires knowledge of vacuum density  $\rho_{\text{vac}}$ —not yet determined.

**CP Violation:** The pendulum reconstruction assumed zero CP-violating phase. Complex phases likely arise from vacuum vorticity or chirality.



**Equivalence Precision:** Bjerknes gravity requires 'acoustic charge' to scale exactly with inertial mass. Self-similar oscillon structure suggests this, but precision tests ( $\sim 10^{-13}$ ) set stringent benchmarks.

Despite these gaps, the convergence of geometry (Descartes), algebra (circulant matrices), and experiment (pendulums) provides independent validation that mass is an eigenvalue of resonant systems, not an arbitrary parameter.

## 6.7 Extension to Atomic Structure: The Spiral Periodic Table

The resonance principles governing particle physics extend naturally to atomic structure. The conventional periodic table arranges elements in a grid — a classification scheme that obscures the underlying process. The Spiral Periodic Table (Harrison, 2000s) reveals what the grid conceals: the elements are not categories but *waypoints in a continuous process* — stable configurations of condensed energy emerging from simpler foundations.

The periodicity numbers (2, 8, 18, 32) follow  $2n^2$  — not arbitrary, but arising from the Schrödinger equation's solutions in a central potential. These are the *allowed harmonics* of standing waves in spherically symmetric fields. Just as the Koide formula constrains lepton mass ratios through circulant eigenvalues, the  $2n^2$  rule constrains electron shell capacities through the mathematics of confined waves.

The spiral arrangement reveals layered emergence: main group elements (s, p orbitals) form the primary helix; transition metals (d orbitals) appear as secondary loops when atoms become large enough to support inner-shell elaboration; lanthanides and actinides (f orbitals) are tertiary windings — loops within loops. This mirrors the three fermion generations as successive resonant modes of the same underlying structure.

Most striking is the spiral's placement of Group VIIIB (Fe, Co, Ni) adjacent to Noble Gases (Group 0) — a connection recognised by Deming in 1923 but lost in modern grids. The 18-electron rule explains this: transition metals in carbonyl complexes achieve closed-shell configurations *isoelectronic with Noble Gases*. Iron pentacarbonyl  $\text{Fe}(\text{CO})_5$  and nickel tetracarbonyl  $\text{Ni}(\text{CO})_4$  exhibit Noble Gas properties — high volatility, diamagnetism, zero

oxidation state — because they have reached the same stability through coordination that Noble Gases achieve alone.

The periodic table is thus revealed as a *chemical manifestation* of the same principle operating at the particle scale: **energy seeks stable configurations, and those configurations are quantised by the geometry of the medium.** The elements exist because the field permits them. They repeat because stability comes in harmonic forms. From particles to atoms to stars, the pattern is the same — resonance determining structure at every scale.

## 7. Why Structure Forms: Equilibrium at Each Scale

A natural objection: if the field seeks equilibrium, why does gravity create structure? Stars form, galaxies cluster, matter clumps. Doesn't this create imbalance rather than resolving it?

The answer lies in understanding equilibrium in systems with density gradients. Standard thermodynamics imagines equilibrium as uniform distribution—gas spreading evenly in a box. But that applies to homogeneous systems. In fields where density matters, equilibrium means ordered density—heavy sinks, light rises, dense clumps with dense.

Consider two nearby mass deficits. Each creates gradient in surrounding field. Between them, gradients partially cancel; outside, gradients add. Total gradient across field—total disequilibrium—is reduced when deficits merge. Two holes naturally become one deeper hole. This is more stable, not less.

Structure forms because it reduces total disequilibrium. A diffuse gas cloud has shallow gradients spread across vast distances. A star has deep but localised gradient. Total integrated disequilibrium is lower in star configuration—which is why gravity drives collapse. The field seeks equilibrium at each scale.

A hurricane provides vivid example. Standard thermodynamics might view this structured system as far from equilibrium—complex, organised, energetic. But the hurricane IS the equilibrium state for that configuration of ocean heat and atmospheric pressure. It is stable, self-sustaining, persisting for weeks until externally disrupted. Structure is not opposite of equilibrium; in systems with gradients, structure IS equilibrium.

## 8. Cosmological Implications

### 8.1 Solving the Vacuum Catastrophe

The framework's most significant triumph is resolving the cosmological constant problem. In standard GR, energy density gravitates. In HQG, gravity is pressure gradient.

According to Gibbs-Duhem relation for superfluid droplet at equilibrium with zero external pressure, macroscopic pressure  $P_{\text{vac}}$  vanishes:

$$P_{\text{vac}} = -\epsilon_{\text{vac}} + \mu n = 0$$

The huge microscopic energy density ( $10^{113}$  J/m<sup>3</sup>) is exactly cancelled by chemical potential term. The vacuum energy exists but is weightless. It doesn't gravitate because it is uniform and in equilibrium. Gravity is driven only by perturbations (matter/oscillons) creating local pressure gradients.  $\Lambda \approx 0$  is natural consequence of vacuum being self-sustained fluid.

### 8.2 The Hierarchy Problem

Why is gravity  $10^{36}$  times weaker than electromagnetism? This hierarchy problem has troubled physics for decades.

In HQG, the explanation is geometric. Consider the 'Ocean and Cup' analogy: the vacuum has enormous energy density (the Ocean). A particle represents tiny displacement (a Cup of water removed). Gravitational force is response of entire ocean to this tiny displacement. Because displacement volume is infinitesimal compared to vacuum volume, resulting pressure gradient is vanishingly small relative to absolute pressure.

Gravity is weak because it is residual effect—tiny imbalance in system of immense energies. Electromagnetism involves direct field interaction; gravity is merely residual pressure differential. The weakness of gravity is not arbitrary constant but direct ratio of matter energy density to vacuum energy density.

### 8.3 Dark Matter as Vacuum Vorticity

Standard cosmology requires Dark Matter to explain galactic rotation curves—stars orbiting faster than visible mass allows. HQG offers hydrodynamic alternative.

If vacuum is superfluid, rotating galaxies drag vacuum with them (frame dragging). This creates lattice of quantised vortices in galactic halo. Presence of vortices alters vacuum pressure distribution. Pressure gradient in rotating superfluid doesn't follow Newtonian  $1/r^2$  but includes terms scaling as  $1/r$ . This provides additional centripetal force holding fast-moving stars in orbit, mimicking invisible mass.

'Dark Matter' is texture of rotating vacuum—not new particles but hydrodynamic artefact of galactic rotation. This eliminates need for undetected matter while preserving observed dynamics.

#### **8.4 Variable Speed of Light**

Since  $c$  equals sound speed in vacuum ( $c = \sqrt{(\partial P / \partial \rho)}$ ), it is not constant but function of local vacuum density.

In early universe (high density) or near massive objects (high stress), speed of light should change. This Variable Speed of Light cosmology can solve the Horizon Problem without invoking Inflation—information could propagate faster in high-density epoch, establishing causal contact across regions now separated by cosmological distances.

## 9. Experimental Predictions and Connection to Harrison's Theorem

This theoretical framework generates testable predictions distinguishing it from standard physics. These predictions are detailed in the companion experimental paper 'Harrison's Theorem of Anti-gravity', which proposes specific protocols for verification.

### 9.1 The Electro-Gravitic Inverse

If gravity is inward pressure toward mass, the outward expression is atmospheric voltage gradient. The Earth's surface carries net negative charge relative to ionosphere. The potential gradient ( $\sim 120$  V/m at surface) is not merely weather phenomenon but fundamental signature of vacuum displacement by Earth's mass.

**Prediction:** Voltage gradient correlates with local mass density beyond ionisation effects. The 'Carnegie Curve' of global electricity should show residuals correlating with crustal mass anomalies.

### 9.2 Lightning as Equilibrium Restoration

Rapid pressure drops create voltage spikes as field energy rushes back into matter deficit. The tropopause acts as insulator holding charge until rain provides conductive discharge path.

**Prediction:** Lightning intensity correlates with rate of pressure change ( $dP/dt$ ) rather than ice content. 'Warm lightning' in tropical systems without ice mechanisms provides direct evidence for pressure-driven charging.

### 9.3 The Vacuum Pump Paradox Resolved

An apparent objection: if rapid pressure drops cause voltage spikes, why don't vacuum chambers arc during pumpdown?

The answer: standard vacuum chambers are grounded metal containers. Any voltage spike dissipates through walls nanosecond by nanosecond. The thunderstorm is fundamentally different—open system where tropopause acts as insulator preventing dissipation until rain bridges barrier.

**Critical Experiment:** Isolate vacuum chamber from ground. Monitor with internal electrometers. If voltage spike appears under isolation, mechanism is confirmed. If not, this portion is falsified.

#### **9.4 Gravitational Wave Signatures**

If black holes are not singularities but 'Gravastars'—dense superfluid condensate with physical surface—they should reflect gravitational waves.

**Prediction:** Black hole merger ringdowns should exhibit 'echoes'—secondary pulses from waves bouncing off dense core. Standard GR predicts simple ringdown; HQG predicts echoes.

## 10. Convergent Validation Across Physics Disciplines

The HQG framework makes specific predictions that can be tested against established results in soliton theory, plasma physics, topology, and information theory. Systematic analysis reveals striking mathematical correspondences—not loose analogies, but exact structural identities.

### 10.1 The LIGO Constraint: Resolved by Transverse Zero Sound

The most significant objection to hydrodynamic gravity concerns gravitational wave polarisation. LIGO detected tensor (quadrupole) waves—space stretching along one axis while squeezing the perpendicular axis. A classical fluid supports only longitudinal (scalar) waves. This apparent mismatch led many to dismiss fluid models of gravity.

However, the vacuum in HQG is not a classical fluid but a *quantum Fermi liquid* in the universality class of superfluid  $^3\text{He-A}$ . Landau's theory of Fermi liquids predicts that at low temperatures, in the collisionless regime ( $\omega\tau \gg 1$ ), such fluids support a collective mode fundamentally different from ordinary sound: **Transverse Zero Sound (TZS)**.

Ordinary sound propagates via density fluctuations and collisions—it is scalar and longitudinal. Zero Sound propagates via deformation of the Fermi surface itself. In TZS, the Fermi surface undergoes an *elliptical (quadrupolar) distortion* that propagates through the medium. This is a transverse shear wave. The restoring force is not hydrostatic pressure but the stiffness of the Fermi distribution against shear deformation.

The correspondence is exact: TZS represents an  $l=2$  (quadrupolar) deformation of the Fermi surface—mathematically isomorphic to a spin-2 field. It propagates at the Fermi velocity (identified as  $c$  in HQG). Most importantly, **TZS has been experimentally observed in superfluid  $^3\text{He}$** . This provides empirical proof that quantum fluids can support propagating transverse shear waves with the precise polarisation pattern detected by LIGO.

The detection of tensor gravitational waves does not falsify the superfluid vacuum hypothesis—it falsifies the assumption that the vacuum is a *classical* fluid. LIGO confirms that the vacuum belongs to the class of quantum Fermi liquids.

### 10.2 Mass Quantisation: Sine-Gordon Breathers



Why does the Standard Model contain discrete particle masses rather than a continuum? In linear wave theory, localised wave packets disperse—they cannot form stable particles. The existence of stable matter implies the vacuum field theory must be nonlinear.

The Sine-Gordon equation is the prototypical integrable nonlinear field theory. Beyond its topological kink solutions, it supports *breather* solutions—bound states of soliton-antisoliton pairs that oscillate in time while remaining spatially localised. In the quantum regime, the classical breather spectrum becomes discrete. The mass  $M_n$  of the  $n$ -th breather state is given exactly by:

$$M_n = 2M_{soliton} \times \sin(n\pi\xi/2)$$

where  $\xi$  is a coupling parameter. This demonstrates that a continuous nonlinear field theory naturally generates a **discrete mass spectrum** of stable particle-like states. The generation problem—why we observe a ladder of masses rather than a continuum—finds its mathematical resolution in quantised breather modes.

When integrability is broken (as in the physical vacuum), higher-order breather modes become unstable to radiative decay. Only the first few modes remain long-lived. This provides a mechanism for why exactly three generations exist: the tau represents the highest stable mode before the instability threshold. Higher generations would decay too rapidly to observe.

### 10.3 Topological Origin of Three Generations

Volovik's topological analysis of  $^3\text{He-A}$  provides a rigorous explanation for the generation number. The vacuum energy spectrum contains Fermi points—singularities in momentum space where the energy gap vanishes. Each Fermi point carries a topological charge  $N$ .

A Fermi point with charge  $N$  gives rise to  $N$  species of chiral fermions. In the simplest model,  $N=1$ . However, Fermi points with  $N=3$  are topologically stable but can *split* into three elementary  $N=1$  points at lower energies (symmetry breaking). The three generations are not distinct unrelated particles—they are the result of a vacuum topology with initial winding number  $N=3$  splitting into three stable sub-defects.

This explains why generations mix (CKM/PMNS matrices): the three excitations remain topologically linked even after splitting. Generation mixing is the residual interaction between defects that were once unified.

#### 10.4 The Fine Structure Constant

The dimensionless fine structure constant  $\alpha \approx 1/137$  determines electromagnetic coupling strength. The Standard Model treats it as an empirical input. In HQG, it must derive from vacuum geometry.

Recent work models the electron as a stable toroidal vortex. For such a structure to persist, it must satisfy a wave closure condition: the phase of the pilot wave must return to itself after one revolution around the torus. The specific aspect ratio (poloidal vs toroidal radius) required for this stability yields a geometric constant close to 137.

This connects to information theory via the Bekenstein bound, which sets maximum entropy in a region of space. Treating the electron as a maximal information packet (its Compton radius containing maximum allowed information), the ratio of wave surface area to core information content yields  $1/\alpha \approx 137$ . The fine structure constant emerges as the *channel capacity of the vacuum* for sustaining stable electromagnetic vortices.

#### 10.5 Falsifiable Prediction: Gravastar Echoes

A critical distinction exists between GR and HQG regarding black holes. In GR, a black hole contains a central singularity—gravitational waves crossing the horizon disappear forever. In HQG, a black hole is a 'gravastar': a region where the vacuum condensate undergoes phase transition to a dense but finite-density core.

**Prediction:** Gravitational waves entering a black hole should reflect off the dense core and re-emerge as *echoes* in the LIGO ringdown signal. Standard GR predicts smooth exponential decay; HQG predicts secondary pulses. Detection of these echoes would confirm the substantive vacuum; their absence at sufficient sensitivity would constrain the model.

#### 10.6 Remaining Open Questions

Despite these convergences, gaps remain:

**Absolute Mass Scale:** Resonance theory explains mass *ratios* but not the absolute scale. Why  $m_e = 0.511$  MeV requires determination of vacuum density  $\rho_{\text{vac}}$ .

**CP Violation:** The pendulum reconstruction of PMNS assumed zero CP-violating phase. Complex phases likely arise from vacuum vorticity or chirality, but the mechanism requires detailed development.

**Mass Ratio Precision:** Faber's topological soliton model achieves the 1:207:3477 ratio with potential exponent  $m \approx 350$ . Whether this value can be derived from first principles or represents fine-tuning remains open.

## 11. Conclusion: The Breathing Universe

The integration of the Axiom of Purely Relative Motion and the Axiom of Trapped Oscillation into Hydrodynamic Quantum Gravity effects complete ontological transformation of physics.

We move from universe of static geometry to universe of dynamic substance.

**Space** is revealed as Superfluid Plenum—a quantum Fermi liquid of immense energy and tension.

**Matter** is revealed as the 'Foam' of this ocean—stable oscillating bubbles (breathers/oscillons) maintained by nonlinear pressure of their own vibrations.

**Gravity** is revealed as the 'Song' of the ocean—acoustic pressure waves binding oscillating bubbles in universal harmonic interaction.

**Gravitational Waves** are revealed as Transverse Zero Sound—shear deformations of the vacuum Fermi surface propagating at the speed of light.

**Relativity** is revealed as the 'Illusion' of inhabitants—emergent symmetry governing effective metric, hiding true Galilean nature of deep vacuum.

**Generations** are revealed as the 'Harmonics' of resonance—three normal modes of trigonal vacuum symmetry, their mass ratios constrained by geometry, their number fixed by topology.

**Constants** are revealed as geometric necessities— $\alpha \approx 1/137$  from wave closure conditions, mass ratios from circulant eigenvalues, mixing angles from coupled oscillator mathematics.

This model does not discard General Relativity; it derives it. It recovers Einstein's equations as vacuum hydrodynamics, tensor gravitational waves as Fermi surface oscillations. But in doing so, it dissolves vacuum energy paradoxes, integrates inertia's origin, explains the particle mass spectrum, and offers tangible mechanical understanding of the cosmos.

The convergence is too precise and too numerous to be coincidental. Across soliton theory, plasma physics, topology, crystallography, and information theory, the same mathematical structures appear: the structures of wave mechanics in a physical medium. The Standard Model is the spectroscopy of the vacuum; General Relativity is its acoustics.

The universe is not rigid block of spacetime; it is flowing, breathing, vibrating entity. We are the resonant notes in its symphony.

***Physics is resonance.***

**Table 1: Framework Comparison**

Feature	General Relativity / SM	Hydrodynamic QG
Space	Curved Manifold	Quantum Fermi Liquid
Vacuum Energy	$10^{120}$ Problem	Gibbs-Duhem Equilibrium
Mass	Intrinsic Property	Emergent Added Mass
Matter	Point Excitation	Oscillon / Breather
Gravity	Spacetime Curvature	Bjerknes Force
Gravitational Waves	Tensor Metric Ripples	Transverse Zero Sound
Speed of Light	Fundamental Constant	Fermi Velocity / Sound Speed
Relativity	Fundamental Symmetry	Emergent (Fermi Point)
Dark Matter	Unknown Particles	Vacuum Vorticity
Equivalence Principle	Imposed by Decree	Tautological
Three Generations	Unexplained	Topological Charge $N=3$
Mass Quantisation	Input Parameters	Sine-Gordon Breathers
Koide Formula	Unexplained	Circulant Eigenvalues
Neutrino Mixing	PMNS Parameters	Coupled Oscillator Beats
Fine Structure Constant	Empirical (1/137)	Wave Closure Geometry
Periodic Table	Element Classification	Harmonic Shells ( $2n^2$ )
Black Holes	Singularity	Gravastar (testable echoes)

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