

What is the best treatment for androgenic alopecia?

Dutasteride 0.5 mg/day is the most effective treatment for male androgenic alopecia, with topical minoxidil being a viable alternative. Combination treatments enhance outcomes, though further research is warranted for comprehensive efficacy across different patient demographics.

This summary presents the clinical bottom line. [Click here](#) to read the full evidence-based answer on AskTrip, including detailed rationale and references