

Communication Gap: Impediment within the Course of Forming an Effective Social Circle

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Abstract: From the stage of early childhood, throughout their lives, individuals need to understand that they cannot live their lives in seclusion and loneliness. Hence, it is of utmost significance for them to form an effective social circle, comprising family and community members. Apart from family, there are other individuals with whom one needs to communicate. For this purpose, individuals must implement effective communication processes. They need to treat each other with respect and courtesy, and provide factual information. Furthermore, there are certain instances that individuals experience, which can overwhelm them due to a communication gap. They either lack positive feelings or experience unpleasant situations with others. Hence, individuals must implement ways that facilitate promoting a typical mindset. In some cases, individuals do not feel comfortable communicating with others, and as a result, they become overwhelmed by the communication gap. However, when a communication gap arises in the personal and professional lives of individuals, they are unable to reinforce their connections with others effectively. When one has to deal with and work with others in professional settings, they need to emphasise overcoming the communication gap. In other words, it should prevent creating impediments during the implementation of tasks and activities. Therefore, it is well-understood that a communication gap impedes the formation of an effective social circle. The primary concepts examined in this research paper are understanding the meaning and significance of the communication gap, measures to be implemented for overcoming it, and the disadvantages associated with the communication gap.

Keywords: Communication Gap, Effective, Enhancement, Individuals, Information, Social Circle, Up-gradation

I. INTRODUCTION

Individuals from all communities, occupations, categories, and socioeconomic backgrounds share the primary goal of promoting the overall enhancement of living standards. To achieve this goal, they must form an effective social circle. This comprises family and community members. Some job duties can be carried out individually, whereas others require collaboration and integration with other individuals. Hence, it is of utmost significance for individuals to put into operation effective communication processes (Bajracharya, 2018) [3]. In the lives of individuals within and outside the home, they experience instances that

create a communication gap. The main reason is that the conduct of the individuals is not pleasing; possession of the feelings of antagonism and antipathy; unawareness in terms of various factors, and being overwhelmed by the psychological problems of anger, stress, anxiety, frustration and depression. As a consequence of being overwhelmed by these factors, a communication gap arises. Therefore, it is essential to be well-informed about ways to bridge the communication gap.

Individuals need to form positive views about all people. The reinforcement of positivity in views will facilitate the effective implementation of communication processes (Dwivedi & Joshi, 2020) [5]. Individuals need to understand that there are several tasks they can carry out independently, whereas others require assistance from others. Hence, it is well understood that reinforcing positivity in viewpoints and perspectives will facilitate performing well in one's job duties and achieving desired goals. Individuals need to ensure that they do not get overwhelmed by negative feelings of antagonism and hatred. These play an essential role in contributing to the communication gap. Furthermore, one can obtain help and assistance from others to perform job duties effectively and achieve desired goals and objectives. Therefore, it is understood on a comprehensive basis that reinforcing positivity in viewpoints will facilitate the development of practical communication skills and interactive abilities.

A. Understanding the Meaning and Significance of Communication Gap

From the stage of early childhood, throughout an individual's life, it is essential to emphasise the development of communication skills. These are the keys to augmenting information across various subjects and concepts, exchanging ideas and viewpoints, and obtaining answers to different questions, as well as clarifying doubts related to multiple subjects and concepts. Individuals can bring about improvements in their overall quality of life when they emphasized augmenting these aspects. Furthermore, one needs to be well-equipped in terms of communication ethics, i.e., using polite language and decent words, treating each other with respect and courtesy, providing factual information, displaying traits of helpfulness and cooperation, and possessing an approachable nature and an amiable attitude. These factors need to be acknowledged and implemented within and outside the homes. As a consequence, one will be able to render an essential contribution in overcoming the communication gap. Therefore, individuals acquire a practical understanding of the meaning and significance of the communication gap when they effectively put

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communication processes into practice.

Individuals are required to be well-informed about all types of job duties and responsibilities that can be applied in both their personal and professional lives. Even when individuals implement these on an individual basis, they need to augment their efforts by incorporating effective communication processes. In other words, the techniques necessary for carrying these out in a well-ordered manner need to be understood through communication with others. The family members, educators, supervisors, employers, classmates, colleagues, neighbours, and service providers are individuals whom one needs to consult to generate the desired outcomes. Hence, having a communication gap is disadvantageous to individuals. One of the crucial disadvantages is that individuals are unable to generate information on various subjects and factors. Hence, when one is well-aware of various kinds of job duties and responsibilities, one will be able to make an essential contribution in overcoming the communication gap. Therefore, one can acquire an understanding of the meaning and significance of the communication gap when they are augmenting information in terms of different types of job duties and responsibilities.

The utilisation of different types of methods and procedures is regarded as a way of doing well in one's job duties, achieving desired goals and meeting the expectations of others. One needs to generate information in both personal and professional contexts. Individuals augment information in various ways, either independently or through communication with family and community members. Within educational institutions and employment settings, implementing effective communication processes will facilitate the augmentation of knowledge and understanding. These are both complicated and manageable. However, individuals must lead the upgradation of confidence and motivation levels towards implementing different types of job duties and responsibilities. Hence, when one is well-aware of various methods and procedures, one will be able to make a significant contribution in overcoming the communication gap. The main reason is that one will have a topic on which communication processes can take place. Therefore, an understanding of the meaning and significance of the communication gap is acquired when individuals generate information using different methods and procedures.

B. Measures to be put into Practice in Overcoming the Communication Gap

Individuals are required to acknowledge the unfavourable effects of a communication gap. These effects can be mitigated when communication processes are implemented effectively. This is regarded as one of the major disadvantages for all individuals. Hence, from the stage of early childhood, throughout the lives of individuals, they need to focus on effectively implementing communication processes (Clendenon, 2018) [4]. Furthermore, all individuals need to augment their information with various types of measures to overcome the communication gap.

The measures are considered both complicated and manageable. These are implemented on an individual basis, whereas other types of measures are introduced through

collaboration and integration with other individuals. One of the critical aspects is that these are put into operation within a shorter timeframe or can be less time-consuming. The communication gap allows individuals to remain unaware of various subjects and concepts. One of the crucial aspects that needs to be taken into account is that positivity needs to be reinforced in these measures. Therefore, these measures are stated as follows:

C. Forming Positive Viewpoints Regarding all Individuals

Individuals need to form positive views about all people. The reinforcement of positivity in viewpoints will facilitate the effective implementation of communication processes. Individuals need to understand that there are several tasks they can carry out independently, whereas others require assistance from others. Hence, it is well understood that reinforcing positivity in viewpoints and perspectives will facilitate the implementation of various job duties in an organised manner and achieve the desired goals and objectives.

Individuals need to ensure that they do not get overwhelmed by negative feelings of antagonism and hatred. These play an essential role in contributing to the communication gap. Furthermore, one can obtain help and assistance from others to perform job duties effectively and achieve desired goals and objectives. Hence, it is understood on a comprehensive basis that reinforcing positivity in viewpoints will facilitate the honing of communication skills and interactive abilities. Therefore, forming positive viewpoints regarding all individuals is regarded as one of the indispensable measures to be put into practice in overcoming the communication gap.

D. Implementing Effective Communication Processes

Throughout the lives of individuals, it is essential to emphasise the importance of augmenting communication skills. These are the keys to augmenting information across various subjects and concepts, exchanging different ideas and viewpoints, obtaining answers to diverse questions, and clarifying doubts related to other subjects and concepts. Individuals can bring about improvements in their overall quality of life when they emphasized augmenting these aspects. Furthermore, one needs to be well-equipped in terms of communication ethics, i.e., using polite language and decent words, treating each other with respect and courtesy, providing factual information, displaying traits of helpfulness and cooperation, and possessing an approachable nature and an amiable attitude.

These factors need to be acknowledged and implemented within and outside the homes. The recognition of these factors facilitates seeking help and support from others in coping with various types of dilemmas and challenging situations. As a consequence, one will be able to render an essential contribution in overcoming the communication gap. Therefore, implementing effective communication processes is one of the significant measures to be put into practice in overcoming the communication gap.



E. Being well-informed in Terms of Job Duties and Responsibilities

Individuals are required to be well-informed about all types of job duties and responsibilities that can be applied in both their personal and professional lives. The lives of all individuals are centred on fulfilling various kinds of job duties and responsibilities within and outside the home. Even when individuals implement these on an individual basis, they need to augment their efforts by incorporating effective communication processes. In other words, the techniques necessary for carrying these out in a well-ordered manner need to be understood through communication with others.

The family members, educators, supervisors, employers, classmates, colleagues, neighbours, and service providers are individuals whom one needs to consult to generate the desired outcomes. Hence, having a communication gap is disadvantageous to individuals. One of the crucial disadvantages is that individuals are unable to generate information on various subjects and factors. Hence, when one is well-aware of various kinds of job duties and responsibilities, one will be able to make an essential contribution in overcoming the communication gap. Therefore, being well-informed about job duties and responsibilities is an expedient measure to put into practice in overcoming the communication gap.

F. Being well-equipped Regarding Methodologies and Procedures

The utilisation of different types of methodologies and procedures is regarded as a way of performing well in one's job duties, achieving desired goals, and meeting the expectations of others. These are considered the keys to carrying out different types of tasks and activities in a well-organised and regimented manner. One needs to generate information in both personal and professional contexts. Individuals augment information in terms of these on their own or through communication with family and community members. Within educational institutions and employment settings, implementing effective communication processes will facilitate the augmentation of knowledge and understanding.

These are both complicated and manageable. However, individuals must lead the upgradation of confidence and motivation levels towards implementing different types of job duties and responsibilities. Hence, when one is well-aware of various methodologies and procedures, one will be able to make an essential contribution in overcoming the communication gap. The main reason is that one will have a topic on which communication processes can take place. Therefore, being well-equipped with methodologies and procedures is an essential measure to be put into practice in overcoming the communication gap.

II. PROMOTING ENHANCEMENT OF CAREER PROSPECTS

Promoting career enhancement is regarded as one of the primary goals of individuals from all communities, categories, and socio-economic backgrounds. To achieve this goal, individuals need to be well-prepared. In other words, one needs to augment information to lead to the

upgradation of skills and abilities. Individuals are enrolling in educational institutions of all levels and acquiring education. On the other hand, they are acquiring employment opportunities. In all types of professional settings, such as academic institutions and workplaces, one must carry out various tasks and activities in a well-organised and systematic manner.

Individuals are required to supplement their knowledge of various subjects and concepts. Even when individuals implement these on an individual basis, they need to enhance information by incorporating effective communication processes into practice. In other words, the techniques necessary for carrying these out in a well-ordered manner need to be understood through communication with others. Family members, educators, supervisors, employers, classmates, and colleagues are individuals whom one needs to consult to generate the desired outcomes. Hence, the communication gap needs to be overcome. Therefore, promoting career prospects is a recognised measure to help overcome the communication gap.

A. Inculcating the Traits of Morality and Ethics

From the stage of early childhood, throughout an individual's life, it is essential to emphasise inculcating the traits of morality and ethics. These are the traits that facilitate differentiating between various types of appropriate and inappropriate factors. Furthermore, one will render a significant contribution in establishing linkages with family and community members. In addition, one will make an important contribution by performing one's job duties effectively, achieving desired goals, and meeting the expectations of others. These are regarded as the keys to carrying out various job duties and responsibilities in a well-organised and disciplined manner. Furthermore, individuals will be able to overcome various setbacks.

Inculcation of these traits facilitates overcoming the communication gap. When individuals are moral and ethical in their conduct, they will earn the appreciation and reverence of others. The other individuals within and outside the homes will take pleasure in communicating with moral and ethical individuals. In this manner, one can overcome the communication gap. Furthermore, it will prevent giving rise to impediments within the course of forming cordial and amiable terms and relationships with others. Therefore, inculcating moral and ethical traits is a productive measure to help overcome the communication gap.

B. Implementing the Traits of Diligence, Resourcefulness and Conscientiousness

Implementing the traits of diligence, resourcefulness and conscientiousness is regarded as vital in overcoming the communication gap. These traits facilitate success in job duties, achieving desired goals, and meeting the expectations of others. One of the critical aspects is that these are facilitating coping with different types of problems and challenging situations. The acknowledgement and implementation of these traits are regarded as the key to carrying out various types of job duties and responsibilities in a well-ordered and disciplined manner. Furthermore, individuals will



be able to overcome various obstacles.

As a consequence of being diligent, resourceful and conscientious in one's conduct, one will acquire appreciation and reverence from others. The other individuals within and outside the homes will take pleasure in communicating with diligent, resourceful and conscientious individuals. The primary reason is that when one is successful in their work, they will contribute efficiently to the development of mutual understanding with family and community members. In this manner, one can overcome the communication gap. Furthermore, it will prevent giving rise to barriers within the course of forming cordial and amiable terms and relationships with others. Therefore, implementing the traits of diligence, resourcefulness, and conscientiousness is a meaningful measure to be put into practice in overcoming the communication gap.

III. DEPICTING THE TRAITS OF HELPFULNESS AND CO-OPERATION

Depicting the traits of helpfulness and co-operation is regarded as vital in overcoming the communication gap. The occurrence of problems is regarded as an integral part of individuals' lives. The various factors that influence these processes include job duties, responsibilities, methodologies, procedures, approaches, techniques, work pressure, unawareness of various factors, scarcity of financial, technical, material, and information resources, lack of infrastructure, amenities, and facilities, among others. Different types of problems are experienced in varying degrees of severity. These are typically solved independently or through obtaining support and assistance from others.

In this manner, one can overcome the communication gap and implement effective communication processes. In cases where one is unable to solve these problems on one's own, one will have to communicate with others to seek help and assistance. As a consequence of exhibiting helpfulness and cooperation, one will contribute efficiently to forming cordial and amiable relationships with others. In this manner, one can achieve success in both personal and professional life. Therefore, depicting the traits of helpfulness and co-operation is a favourable measure to be put into practice in overcoming the communication gap.

A. Reinforcing Efficiency, Honesty and Truthfulness

Reinforcing efficiency, honesty, and truthfulness is considered vital for effectively implementing communication processes. These traits need to be acknowledged and implemented within and outside the homes. As a consequence, one will be able to contribute efficiently in carrying out all types of job duties and responsibilities in a satisfactory manner, achieving the desired goals and objectives, and meeting the expectations of others within and outside the organisation. Different types of problems are experienced in varying degrees of severity. These are typically solved independently or through obtaining support and assistance from others. Hence,

through reinforcing these traits, one will contribute efficiently to acquiring appreciation and reverence.

In this manner, one can overcome the communication gap and implement effective communication processes. In cases where one is unable to solve these problems on one's own, one will have to communicate with others to seek help and assistance. It is understood on a comprehensive basis that when one is truthful, other individuals feel comfortable in communicating, particularly when they need to enquire about something. As a consequence of reinforcing efficiency, honesty and truthfulness, one will contribute satisfactorily in forming an effective social circle. Furthermore, making a significant contribution to one's overall quality of life is also beneficial. Therefore, reinforcing efficiency, honesty, and truthfulness is a valuable measure to be implemented in overcoming the communication gap.

B. Leading to Up-gradation of Personality Traits

The upgradation of personality traits is regarded as one of the essential factors that all individuals are required to pay attention to. To carry out this task, there are certain factors in terms of which one needs to pay attention towards, i.e. diet and nutrition; exercises and physical activities; yoga and meditation; treating health problems and illnesses; coping with different types of psychological issues effectively; maintaining cordial and amiable terms and relationships with others; developing mutual understanding with others; depicting the traits of helpfulness and co-operation, reinforcing efficiency, honesty and truthfulness and having a pleasant personal appearance.

Implementing effective communication processes with family and community members facilitates the dissemination of information on these factors. Educators, supervisors, employers, classmates, colleagues, neighbours, medical practitioners, healthcare specialists, and friends are individuals who augment information in terms of various factors, facilitating the upgradation of overall personality traits. One of the crucial aspects that needs to be taken into account is that all these factors must be implemented in a well-ordered manner. Therefore, upgrading personality traits is a valuable measure to help overcome the communication gap.

C. Disadvantages of Communication Gap

An aimless life is a life without meaning. Hence, individuals from all communities, categories, and socioeconomic backgrounds have diverse goals and objectives to achieve. Some of these are, acquisition of good-quality education; getting engaged in employment opportunities; promoting enhancement of one's career prospects; bringing about improvements in one's financial positions; augmenting different types of competencies, abilities and aptitude; managing financial, technical, material and information resources in a well-ordered manner; inculcating the traits of morality, ethics, diligence and conscientiousness; promoting good health and well-being, physically and psychologically; leading to up-gradation of personality traits and bringing about



improvements in one's overall quality of lives. To achieve all types of goals and objectives, individuals must implement effective communication processes. Furthermore, they need to overcome a communication gap (Avoiding Misunderstanding in Negotiation, 2020) [2].

Individuals work diligently and conscientiously to overcome the communication gap when they are well-equipped in terms of understanding the disadvantages of the communication gap. The different types of disadvantages are leading to a decline in motivation and concentration levels; augmenting unawareness regarding various factors; being overwhelmed by seclusion and loneliness; experiencing health problems and illnesses; being overwhelmed by psychological issues; and experiencing setbacks within the course of implementation of tasks and activities. These are stated as follows:

D. Leading to a Decline in Motivation and Concentration Levels

It is apparently understood that to carry out different types of job duties and responsibilities in a well-ordered and regimented manner, it is necessary to lead to an upgrade in motivation and concentration levels. As a consequence, the mindsets of the individuals will be stimulated, and they will contribute efficiently by utilising their best abilities in carrying out job duties and responsibilities. The implementation of effective communication processes with others will facilitate the upgradation of motivation and concentration levels. On the other hand, a communication gap can lead to a decline in motivation and concentration levels. Hence, it is considered to be detrimental. Therefore, it is of utmost significance to implement various measures to alleviate the communication gap. Thus, leading to a decline in motivation and concentration levels is regarded as one of the critical disadvantages of a communication gap.

IV. AUGMENTING UNAWARENESS REGARDING VARIOUS FACTORS

The implementation of effective communication processes facilitates the dissemination of information across various subjects and concepts, the exchange of different ideas and viewpoints, and the resolution of diverse questions, thereby clarifying doubts across multiple subjects and concepts. On the other hand, a communication gap allows individuals to remain uninformed about various subjects and ideas. In the present era, with advancements taking place and the advent of modernisation and globalisation, one utilises various sources to enhance awareness, including books, articles, reports, projects, newspapers, magazines, other reading materials, and the internet. However, implementing effective communication processes is regarded as vital in enhancing awareness of various factors. Furthermore, this will open the room for augmenting confidence levels. Therefore, augmenting unawareness regarding various factors is one of the adverse disadvantages of the communication gap.

A. Being overwhelmed by Seclusion and Loneliness

A communication gap can leave individuals feeling overwhelmed by seclusion and loneliness. These are experienced in a major or minor form. In some cases, the individuals feel content when they keep to themselves and

do not implement effective communication processes. On the other hand, when individuals reinforce the communication gap, the conditions of seclusion and loneliness are also reinforced. These are unfavourable on a comprehensive basis. As a consequence, individuals get overwhelmed by different types of health problems and illnesses and psychological problems of anger, stress, anxiety, frustration and depression. It is understood by individuals on a comprehensive basis that one needs to augment communication skills and interactive abilities with family and community members. This is regarded as the key to upgrading one's personality traits and overall standards of living. In this manner, the communication gap, seclusion and loneliness will be alleviated. Therefore, being overwhelmed by seclusion and loneliness is a severe disadvantage of the communication gap.

B. Experiencing Health Problems and Illnesses

Individuals from all age groups experience different types of health problems and illnesses as a consequence of the communication gap. These include high blood pressure, low blood pressure, kidney disorders, heart problems, joint pain, hearing impairments, visual impairments, and so forth. These are experienced in a major or minor form. When one is unable to implement effective communication processes with family and community members, they can become overwhelmed by feelings of seclusion and loneliness. In this manner, one can become overwhelmed by various types of health problems and illnesses. Furthermore, one usually feels comfortable communicating when others come to inquire about their health and well-being. In this manner, one usually finds relief from different types of health problems and illnesses. Hence, it is well-understood that communication processes facilitate promoting good health and well-being. Therefore, experiencing health problems and diseases is a detrimental disadvantage of the communication gap.

C. Being Overwhelmed by Psychological Problems

The individuals get overwhelmed by psychological problems of anger, stress, anxiety, frustration and depression due to a communication gap. The main reason is that they become overwhelmed by specific factors, such as a lack of awareness regarding various subjects and factors, being isolated and lonely, experiencing health problems and illnesses, and encountering setbacks while implementing different types of job duties and responsibilities. The main reason is that individuals need family and community members to communicate with. Their absence is disadvantageous to the individuals on a comprehensive basis. Hence, one needs to be well-informed about ways to overcome a communication gap (A Great Communication Model, n.d.) [1]. Furthermore, one needs to alleviate psychological problems and promote a typical mindset. However, these problems get escalated due to the reinforcement of the communication gap. Therefore, being overwhelmed by psychological issues is an unfavourable



disadvantage of the communication gap.

D. Experiencing Setbacks within the Course of Implementation of Tasks and Activities

Setbacks are regarded as an integral part of individuals' lives. The various factors that influence these processes include job duties, responsibilities, methodologies, procedures, approaches, techniques, work pressure, unawareness of various factors, scarcity of financial, technical, material, and information resources, lack of infrastructure, amenities, and facilities, among others. The different types of setbacks are typically resolved either independently or through obtaining support and assistance from others. In this manner, one can overcome the communication gap and effectively implement communication processes. The reinforcement of the communication gap creates barriers in addressing various types of setbacks. Hence, it is necessary to overcome the assumption of a significant form. Therefore, experiencing setbacks during the implementation of tasks and activities is a common disadvantage of a communication gap.

V. CONCLUSION

All individuals need to implement communication processes within and outside the home. Measures to be put into practice in overcoming communication gap are, forming positive viewpoints regarding all individuals, implementing effective communication processes, being well-informed in terms of job duties and responsibilities, being well-equipped regarding methodologies and procedures, promoting enhancement of career prospects, inculcating the traits of morality and ethics, implementing the qualities of diligence, resourcefulness and conscientiousness, depicting the characteristics of helpfulness and co-operation, reinforcing efficiency, honesty and truthfulness and leading to up-gradation of personality traits. The disadvantages of a communication gap include a decline in motivation and concentration levels, increased unawareness of various factors, feelings of isolation and loneliness, health problems and illnesses, psychological distress, and setbacks during the implementation of tasks and activities. Ultimately, it can be stated that overcoming a communication gap is necessary to facilitate progression.

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