



## **Analysis of the Problem and Causes of Divorce that Arise in Young Families**

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***Annotation:** At the current stage of human development, people's daily lives are becoming more urbanized day by day, while the wide range of scientific and technical progress is expanding, maternal diseases, child mortality, the birth rate of weak, disabled children, deterioration of mother and family life are increasing. In addition to all-round training, they are able to start a family, it is required to provide them with timely and high-level scientifically based knowledge about the birth of children in the family and related issues. In general, this issue is not a problem that arose yesterday or today. One of the oldest problems in human history is the creation of marriage-family relationships.*

***Key words:** family, divorce, marriage, marital problem, negative consequences, child upbringing, child, loneliness.*

**INTRODUCTION** Often, when people who are going through a divorce are asked why they broke up, they try to give some standard reason. For example, "our character did not match", "other person's interference", "rudeness", "financial difficulties", "drinking", "uncomfortable living conditions", "inappropriate parental interference", etc. k. If we analyze, depending on the situation, such indicators serve as a reason for some, and as an excuse for others. It should be emphasized that no matter how strong the spiritual-spiritual climate in the family is and how well husbands and wives understand each other, these "reasons" (excuses) cannot be the main reason for the crisis of the family. The more unpleasant the relationship between young people (husband and wife), the more powerful and negative these excuses are, and these situations can become the reason for divorce.

In Uzbek families: "rudeness of the spouse", "being rude to the spouse", "interference of the spouse's parents and other relatives", "marriage "Indifference of one of the partners to the common issues of the family" is more common, while for families of European nations, addiction to alcoholism, infidelity, incompatibility of characters are mentioned as the reasons for divorce in most cases. According to the studies conducted in order to determine the causes of divorces, the main influences cited as motives for divorces in Uzbek families are, as mentioned above, "spouse's rudeness", "parents and other relatives'

interference", "indifference to each other", "indifference of one of the spouses to family matters" are indicated as reasons for divorce.

## METHODS AND LITERATURE ANALYSIS

The objective method of scientific knowledge was used in the research process. Divorce in families and its consequences were revealed objectively. The period in which Ibn Sina lived was analyzed from the point of view of history. Kovalev S.V. Psychology sovremennoy semi. The book was examined for logical consistency. Psychology has a special place in examining the structure of science, determining the order of knowledge, and implementing their classification.

Thus, the problem of divorce remains one of the most urgent problems of society at the moment. The presence of family separation in our republic attracts the attention of the general public and calls for taking the necessary measures to find a solution to this problem. Because, as mentioned above, as a result of divorces, millions of people - first of all, children, women, men, and even the relatives of the divorced people get "spiritual trauma". All this shows that it is necessary to pay more serious attention to the issue of divorce in the Uzbek family and to develop scientifically based measures to prevent it and reduce negative complications. What conclusions can we draw from the above and what should we follow and pay attention to in our personal life?

1. Do not rush and do not get lost when choosing a spouse. Try to draw appropriate conclusions from "premarital factors" and other topics.
2. If your divorce is inevitable due to the demands of life and according to the advice of experienced people, do not delay and avoid having children.
3. Divorce, take measures to prevent negative effects on you, your spouse, your parents, (if any) your children as much as possible. It is important that your separation does not cause coldness between relatives, and does not lead to a breakdown in relations between them.
4. Maintain a positive relationship with your estranged spouse. Do not forget that this is first of all in the interest of your children, parents, and in addition, you personally. Spouse divorce should not cause children to grow up without a father or mother, and should not lead to separation from father and mother.
5. Avoid giving your children negative information about your divorced husband or wife and avoid forming a negative image about him, because the formation of such an image will negatively affect your child's future life, personal family relationships, mother-in-law relations, and child-parent relations.
6. Divorce is the last resort! Do not forget that it will have a negative impact not only on you, but also on the fate of your loved ones. Therefore, try not to make unreasonable light decisions.

## RESULTS AND DISCUSSION

The problem of divorce is one of the most important social problems of modern human society. Therefore, both abroad and in Uzbekistan, a wide scientific community is paying attention to the study of the divorce problem. This problem is being studied by experts in various fields: lawyers, demographers, economists, sociologists, psychologists and experts in other fields of science. Their attention is focused on studying the causes, factors, motives of this phenomenon, eliminating them, and reducing the negative complications of divorce. Because due to the breakdown of families, not only the divorced couple and their children, but also the society suffers a lot.

Divorce leads to many unpleasant phenomena: an increase in the number of dysfunctional families, an increase in delinquency among children and adolescents, an increase in the number of children left without pedagogical control, loneliness, deterioration of relations between ex-spouses and relatives. may be the reason for the occurrence of the problems that are the basis for the occurrence of unifying conflicts and their solution is aimed at the interests of both the husband and the wife and the whole family. If they are solved, as a result, problems related to the common interests of the family will be solved. Examples of such conflicts are family order, discipline, neatness, maintaining a family budget, orderliness, thriftiness, not allowing extravagance, child upbringing and other similar categories of conflicts. They mainly occur between spouses, and their participants are considered to be only the spouses themselves.

**CONCLUSION** There are many factors that cause the breakdown of families. Psychologists also call it the "magnificent four". These are:

Same criteria:

If the relations of the spouses do not correspond to at least two sections of this list, there are very few opportunities to save the family. Family is sacred. The atmosphere in the family, its peace and, of course, its prosperity depend not only on a man or a woman. Both people are the reason why the family lives happily. One of the most important factors in a family is the sincere relationship of the spouses to each other.

That is why special attention is being paid to studying the problem of divorce on a scientific basis. Here it is important to determine the factors and reasons for divorce. Because in most of the cases, in the cases of annulment of the marriage in the neighborhoods, the real reason of the breakup of the family that is going to be separated is determined, and simple mistakes are made in the annulment of the marriage

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